Thursday, August 13, 2026 £1.30 thesun.co.uk

THE Sun

THE Moon

SOUVENIR ECLIPSE EDITION

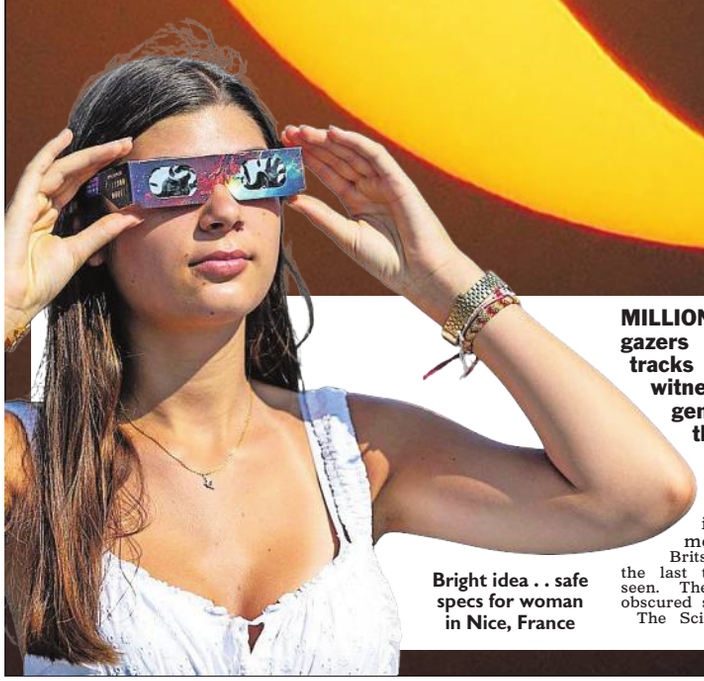
HISTORIC SUN BLACKOUT

Pictures: ALAMY/PA/SHUTTERSTOCK

MILLIONS SEE SOLAR ECLIPSE ..NEXT IS 2081

Glowing, glowing ...gone

SPELLBOUND CROWDS PARTY LIKE IT'S 1999



Bright idea . . safe specs for woman in Nice, France

MILLIONS of amateur star-gazers stopped in their tracks yesterday evening to witness a once-in-a-generation eclipse of the sun.

By ALEX WEST

Minute by minute the moon edged in front of our star, first creating a crescent then blocking it to 90 per cent for most of the UK.

Brits partied like it was 1999, the last time the phenomenon was seen. The next time it will be obscured so much will be 2081.

The Scilly Isles and Cornwall got the biggest eclipse at 96 per cent. Those in the East got 90 per cent of the sun shaded. Countryside residents got the most dramatic effect thanks to minimal light pollution.

Parts of northern England missed out because of cloud cover.

Brits heeded advice to avoid staring directly at the spectacle.

Thousands queued at shops in a last-minute bid to get sun-safe goggles. Others armed themselves with colanders, cardboard contraptions and even welding masks.

In cities, crowds took to parks and rooftops as the eclipse brought traffic to a stop while birds ceased singing.

Witnesses who joined the Bristol Astronomical Society on the Avon Gorge described an eerie feeling as the temperature cooled and the sky went dark. Expert Dhara Patel, at the National Space Centre in Leicester, said: "For a lot of people, it can be a little bit of an emotional event.

"I've seen people being drawn to tears or just have a really good moment within themselves when they realise they're witnessing something you've never seen before in your life."

Scotland was first to experience the stellar event from around 6pm when the fringes of the sun began to be covered.

The eclipse reached peak darkness at around 7.15pm before the full orb of the sun returned after 8pm.

Thousands headed to northern Spain, Iceland and Greenland to see a full eclipse. Back in the UK, sun-

...HOW WAS IT FOR YOU?

Tor some . . . eclipse seen over Glastonbury

1999

Great coverage of the last solar eclipse

Totalled . . . moon completely masks sun at Teruel, eastern Spain

loving Brits held "eclipse parties" and raised toasts at pubs and bars.

On Crosby beach in Merseyside a DJ played Here Comes The Sun by The Beatles.

Ms Patel added: "We've had solar eclipses over the last couple of years, about 30 per cent coverage.

"They've been good, but this is definitely a different scale.

"And what is really nice is it's a way for lots of people to come together and connect with nature – looking up at objects we tend to take for granted."

She was among 400 people who counted down from ten and cheered as the eclipse reached its maximum coverage. Benjamin Firmager-Lee, 12, who hopes to work for Nasa, said: "It's like a once-in-a-lifetime thing to see, so it was quite exciting to see how it changed over time."

Abdul Othman, 28, added: "To see the moon cross the sky and turn the sun into a little crescent, it's surreal.

"I can understand why people make so many sacrifices just to see it once in a lifetime."

Anyone worried that they may have hurt their eyes has been told to seek urgent medical attention. Symptoms of retina damage include redness, grittiness or irritation, blurred vision, distorted vision and dark spots.

Last night's event coincided with the annual Perseid meteor shower of up to 100 shooting stars an hour.

The next date of a solar eclipse will be November 14, 2050, when 80 per cent of the sun will be obscured in most of England.

GASPS...THEN AWE

THERE are some experiences that even being a wildlife photographer can't prepare you for.

Watching a total solar eclipse from a cruise ship in the North Atlantic off Iceland is one of them.

We spent the day chasing the sun through patches of cloud.

There was tremendous excitement as everyone gathered on the decks in every available space.

Many had travelled thousands of miles for the occasion. We spoke different languages but were united in our shared experience. I

By TONY LEE MORAL

A Brit who saw the full eclipse off Iceland

put on my solar eclipse glasses and waited. As the moon gradually moved across the sun from right to left, the light began to change, and the crescent sun turned from yellow to a burnt orange.

I could feel the wind chill. Then came totality. A gasp went around the crowd and for two minutes we were plunged into darkness. Light flickered around the distant clouds. The sun had disappeared behind the moon and its corona emerged around the black disc.

I was able to take off my solar glasses during totality and gaze in awe at a sight I'd never seen before. Then the eclipse was over.

The light returned. We had seen the sun disappear in the middle of the day and I don't think I will ever forget it.

TONY Lee Moral is a filmmaker and the author of forthcoming biography David Attenborough: Our Planet, His Voice.

SOLAR WOWER: PAGES 4 & 5

CROWDS IMPROVISE TO SOLAR

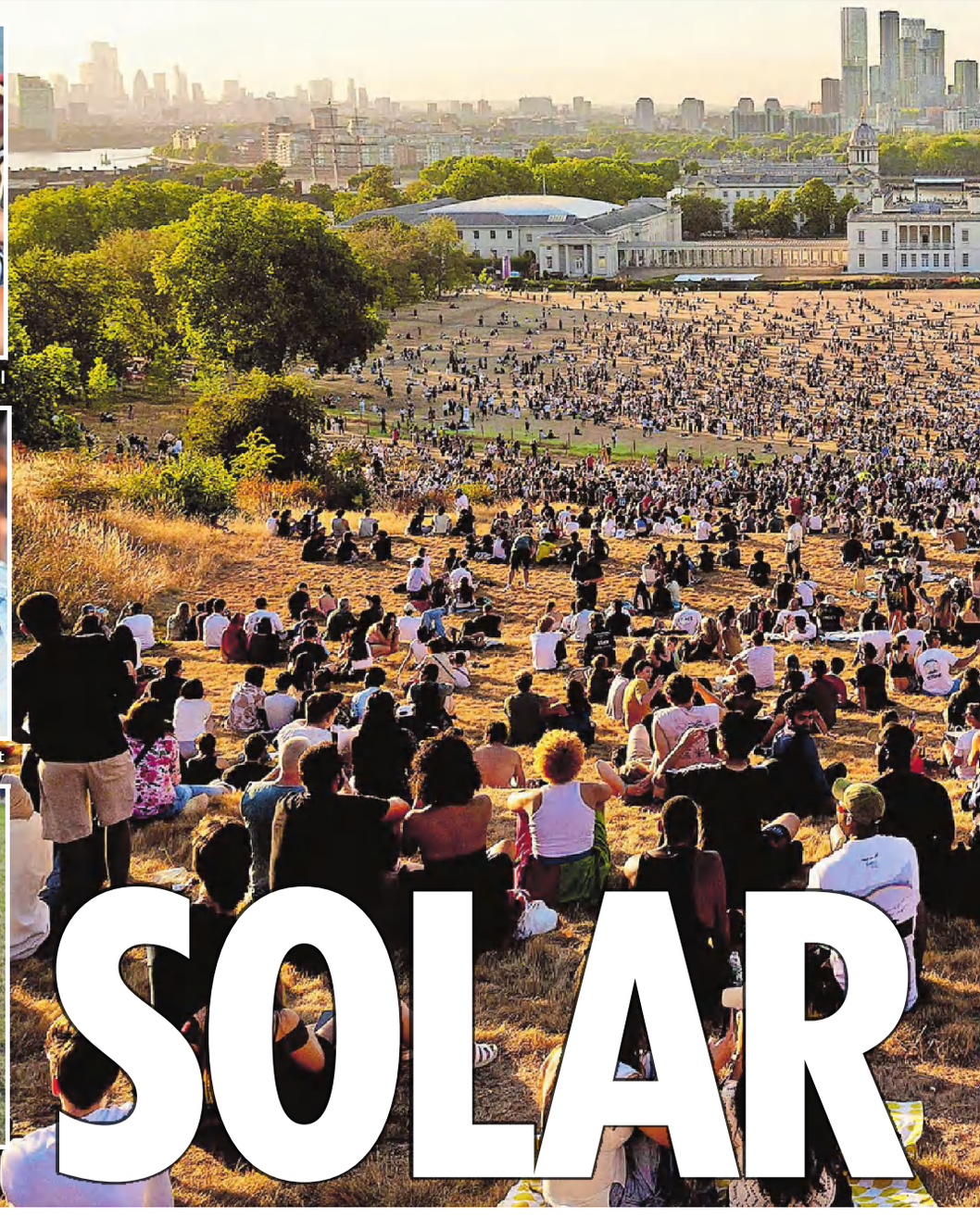
Yacht a sight . . watchers on pleasure boat in Falmouth, Cornwall

Hole lot of fun . . . colander technique to witness the historic event

Thinking outside box . . cereal packs

Showing mettle . . . welder's helmet

Pictures: LNP/SIMON JONES/PA



THE solar eclipse stunned crowds across the country yesterday with a once-in-a-generation display.

By ALEX WEST and SEBASTIAN HAW

London's Greenwich Park was packed with viewers – some lucky enough to have got their hands on sun-safe glasses, others improvising the best they could.

Heeding warnings not to look directly at the sun, one fan took expert advice to use a colander's shadow to track the progress of the moon. Excited kids used cereal boxes to make pinhole viewers, including in Tynemouth on the North East coast.

At the other end of England, gazers took to pleasure boats to take part off Falmouth, Cornwall.

And one bloke even donned a welding mask to watch in Lickey Hills Country Park, Birmingham.

In Cardiff Bay, Master's student Will O'Grady, 36, shared his specially-equipped telescope with passers-by.

He said: "Loads of kids loved it. It's nice for people who are clearly visiting from another country as well. Their English is not great, but you get the idea of 'Have a look'."

However, in Scotland clouds obscured the eclipse across much of the country.

Thousands had gathered at the National Maritime Museum in Greenwich, hoping to snap up eclipse glasses.

The three-hour queue snaked hundreds of feet from the door of its gift shop in temperatures of 32C. The Observatory had to put up a sign outside saying it had sold out after flogging 15,000. It had ordered an extra

Something new worth

SEE INCREDIBLE ECLIPSE

AMAZING SPECTACLE
Light dims as thousands sit spellbound in Greenwich Park, South-East London

WOWER

- 3hr queues for `sun specs'
- Boxes and colanders used
- But some unimpressed

5,000 and customers were limited to just two each.

Demand for safe specs was so high that thousands of hopefuls had desperately queued through the night outside a convenience store in Whitechapel, East London.

Ali Raza, who owns AM2PM, said: "We had people coming from Surrey, Southend-on-Sea . . .

"Yesterday night a lady came from Southampton, and loads of people have come from Birmingham as well.

"I already sold 6,000 pairs and at 2.30am we had a delivery from Spain, then by 9.30am we sold out everything."

Long lines formed in Weymouth, Dorset, from 6am as locals and holidaymakers tried to get their hands on a pair.

Online stores had run out of the cardboard specs or were boosting them to astronomical prices – some topping £100 a pair.

One canny trader flogged stock to commuters from the back of a van outside Waterloo train station in London.

A stall in Old Spitalfields Market sold out in a matter of hours before being replaced by entrepreneurial teens reselling the coveted specs for £20 a pop.

In Saltburn, Teesside, Rob Henderson stocked up with 750 pairs to help promote his architecture business.

But his offer quickly went viral on social media and people drove from up to two hours away to get some.

Rob said: "I had to stop work on my main job to hand out the glasses as it's become so popular.

"We ran out within four hours but I saved a couple of pairs for me and my son." John Lewis said colander sales increased 40 per cent after the kitchen utensil was recommended as a way to watch the eclipse by viewing the shadows cast through its holes.

A spokesman added: "Unlike eclipse glasses, you can use it to strain your spaghetti for dinner afterwards."

The last time an eclipse obscured 90 per cent of the sun over the UK was in 1999.

But not everyone was impressed. Rav Roberts, in Esher, Surrey, wrote on X: "It was rubbish". Chris Beckett wrote: "Not a patch on the apocalyptic stonker of '99."

Sue B said: "I thought it was just me, sat indoors and suddenly realised it had been and gone and I never even noticed!"

And veteran BBC radio host Tony Blackburn wrote on X: "I'm in North Devon and the eclipse was a disappointment, hardly went dark."

He added: "Nothing like the last one which was special.

"Mind you, the news channels still going on about how great it was. Not in the UK it wasn't!"

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MET BOSS HITS OUT AT MEMORIAL

By MIKE SULLIVAN, Crime Editor

BRITAIN'S top cop paid tribute yesterday to three police officers murdered in cold blood in 1966 — then said the justice meted out to their killers was not served in the case of PC Andrew Harper.

Met Police Commissioner Sir Mark Rowley said the victims of an armed robbery gang 60 years ago had died in a "routine moment", just like Thames Valley officer Andrew who was dragged to his death in 2018.

But while the 1966 killers had been locked up for a total of 108 years, he said the trust that existed back then in the criminal justice system to do the right thing had been "badly damaged" today.

He said: "The State, whose first duty is to protect its citizens, must today remember how to nourish routine policing courage, not to treat it with cavalier disregard."

Sir Mark was speaking at a 60th anniversary service at the scene in Shepherd's Bush, West London, where DS Christopher Head, 30, DC David Wombwell, 25, and PC Geoffrey Fox, 41, were shot dead.

The officers, in a Triumph 2000 patrol car, were murdered after pulling over the gang's motor.

Leader Harry Roberts served 48 years in prison and died last December aged 89.

His accomplices John Duddy and John Witney each got at least 30 years. Duddy died in prison in 1981 aged 52. Witney was 69 when beaten to death by his flatmate in 1991, eight years after his release.

PC Harper, 28, died in 2019 after being dragged for more than a mile by a getaway car used in a quad bike theft in Sulhamstead, Berks.

Sir Mark is one of 50 police chiefs to sign an open letter to PM Andy Burnham urging him to pursue "every legal option" to stop the early release of Jessie Cole and Albert Bowers, two of newly-married PC Harper's three killers.

He said: "The case of PC Andrew Harper has left officers across the country angry and upset that the family of a former colleague who lost his life protecting others should be treated so poorly.

"It has also left them seriously doubting, in their own routine moments of personal jeopardy, whether they can rely upon such whole-hearted support."

He paid tribute to officers who risk their lives to protect communities, and added: "That is the golden thread that connects today's officers to Christopher, David and Geoffrey."

Sir Mark, the 1966 victims' loved ones and policing organisations laid wreaths at a memorial stone at the spot where the officers were killed.

Following yesterday's service, Sir Mark presented Elizabeth Emblem medals to their families.

The medals, introduced by King Charles, are for the next of kin of public servants who die in the line of duty. They are inscribed: "For a life given in service."

After his speech, Sir Mark told The Sun it was "good news" PM Burnham said he aimed to stop the early release of Cole and Bowers, who got 13 years each for manslaughter, under changes introduced by the Sentencing Act.

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Early release 'murder risk'

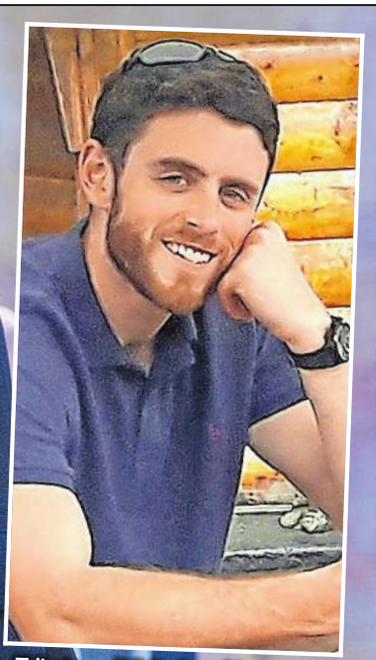
THE early release of 5,000 offenders in October could lead to "a serious sexual or violent offence or even murder", the Chief Inspector of Probation has warned.

Martin Jones fears dangerous criminals will go unmonitored as his staff already handle 258,000 cases.

Duties include checking if lags stick to curfews and stay off drugs.

Staff may strike if handed more work. Mr Jones said: "Ultimately I'm not fully confident that the probation system will cope and there's a risk that things will go wrong."

Picture: RAY COLLINS



Tribute . . . PC Andrew Harper, and left, Sir Mark atmemorial yesterday

'Cop killers faced full justice 60yrs ago...that's not the case for PC Harper'

POLICE OFFICERS SHOT DEAD IN 1966

Ruthless . . . cop killer Roberts

Driver . . . PC Geoffrey Fox

Blasted . . DC David Wombwell

Shot . . . DS Christopher Head

80K CROSSED UNDER LABOUR

1 ILLEGAL MIGRANT EVERY 14 MINUTES

By RYAN SABEY, Deputy Political Editor

ONE illegal immigrant every 14 minutes has landed in Britain since Labour took power, figures show.

More than 80,000 have crossed the Channel in the 768 days since the party made it into Number 10 in July, 2024.

Since Andy Burnham took over the tiller as PM, 3,000 have arrived – 230 of them on a mega-dinghy dragged into Dover on Monday.

Mr Burnham has vowed to "change our tactics" to tackle the smuggling gangs but has not given a timeline for stopping the crossings.

Packed . . . mega-dinghy with 230 aboard

The Tories, however, insist Britain must leave the European Convention on Human Rights (ECHR) so arrivals cannot challenge their deportations.

Shadow Home Secretary Chris Philp said: "Open-borders Burnham has offered nothing but platitudes.

"He's given zero indication he will do anything differently to Sir Keir Starmer's failed record on tackling illegal immigration. Labour will never take the action needed to face down this crisis, because ending it would mean leaving the ECHR.

"We will leave the ECHR, ban asylum claims from illegal entrants and deport illegal immigrants rapidly."

Mr Burnham's stop the crossings vow comes despite the failures by former PMs Sir Keir, Rishi Sunak and Boris Johnson. Reform UK leader Nigel Farage told The Sun: "They tell the public what they want to hear. None of them have got the balls to actually deal with this. And I tell you what, I have."

A Government spokesman said last night: "We're cracking down on these reckless and dangerous gangs.

"Small boat crossings are significantly down this year."

Home Office minister Anna Turley, meanwhile, has defended Labour's plans to house asylum seekers in old military bases in the countryside.

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The Sun Says — Page Ten

Pricey . . . petrol pump

Healey is told 'hold fuel duty'

By RYAN SABEY

VOTERS have warned Chancellor John Healey to keep the fuel duty freeze in place as prices soar.

Almost two-thirds demand the rate is held down as motorists grapple with high pump prices triggered by the Iran war.

Figures show 31 per cent strongly support a freeze and 32 per cent "somewhat". Pressure will mount on the Treasury to scrap the 5p duty hike due on January 1 as the temporary freeze expires.

The Sun has campaigned for 15 years to help keep fuel costs low.

Petrol hit 161.66p per litre at the weekend and diesel 182p.

Government documents say it will confirm rates in the October Budget

The Treasury said: "The Chancellor will set out decisions at fiscal events."

The Sun Says — Page Ten

Today's tots face debt toll

By RYAN SABEY

FUTURE generations will see £1 in every five of their taxes going on debt interest in just 50 years, a study reveals.

The burden will fall on those born from 2025 to 2039, known as Generation Beta – although targeted reform could avoid costs piling up.

Action will need to be taken to boost productivity, health and climate resilience, the Institute for Public Policy Research says.

Shadow Chancellor Sir Mel Stride said: "Even Andy Burnham's favourite think tank says Labour is building up a mountain of debt to hand over to the next generation."

OUR £1M NEAR MISS

By SEBASTIAN HAW

A BEAMING family celebrate a £1million Lotto bonanza — after almost missing out.

Mark Jefferson failed to respond for nine days to official lottery emails telling him their syndicate had won.

The builder, of Ilminster, Somerset, said he was "in tears" when he finally took a call and discovered the truth.

He said: "I thought they were winding me up at first!" He will share the win with wife Naomi, son Taylor and daughters Lily, Emily and Alexandra — whose line won.

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War ban for Song

EUROVISION yesterday changed its rules so no nation at war can host – effectively banning Israel from doing so.

Organiser the European Broadcast Union said any winning country will automatically be ineligible to host if in "an armed conflict" or "a sensitive geopolitical situation".

Five countries boycotted this year's 70th edition over Israel's war in Gaza.

The nation has finished second in the past two contests. The next event will be in Bulgaria.

ZERO HRS BAN 'TO COST £3BN'

By RYAN SABEY

LABOUR'S zero-hours contracts crackdown could cost firms up to £3billion a year, a damning Government assessment reveals.

The party came to power with a vow to ban the "exploitative" contracts to aid workers' rights.

But the impact will be felt most in industries where demand fluctuates, including hospitality and the arts, along with health and social care, Government documents show.

Top bosses last night blasted the rising cost of taking on staff and said the reforms will make the youth inactivity crisis worse.

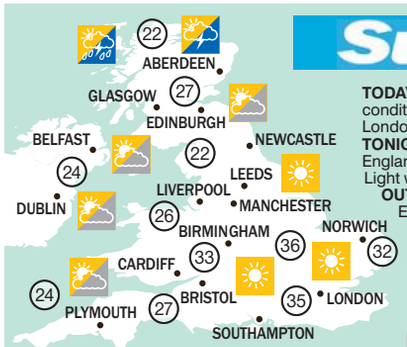
Tory MP Andrew Griffith, the Shadow Business Secretary, said: "Labour's jobs tax and employment red tape have been so damaging already. It'll be young people who pay the price."

Firms have had to deal with hikes to National Insurance and the minimum wage since Labour came to power. Kate Shoesmith, of the British Chamber of Commerce, said: "The Government claimed the cost of the Employment Rights Act for business would be £1billion but this blows that out of the water."

A Government spokesman said: "These reforms will give workers greater income security."

Hitting out . . . Griffith

Sun WEATHER



TODAY: Cloudy in North-East England. Sunny conditions in West Midlands, East England and London. Light winds throughout all regions.

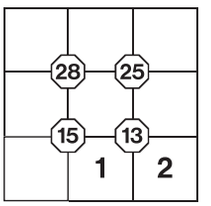
TONIGHT: Cloudy across Northern and Western England. Clear skies in Eastern and Southern regions. Light winds vary in direction.

OUTLOOK: Friday sees mostly cloudy skies across England with hot temperatures. Saturday turns cooler with cloud cover persisting and light winds.

FRI 32°	SAT 26°	SUN 25°	MON 22°

SEKUTA

PLACE the numbers 1-9 in the spaces so the number in each octagon is equal to the sum of the four surrounding spaces. Solution on Puzzles page.



PUZZLES: PAGES 40-41

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TODAY'S BIRTHDAYS

FOOTBALL'S **ALAN SHEARER**, **56**, *left*, singer **JAMES MORRISON**, **42**, *right*, darts legend **PHIL TAYLOR**, **66**, and pop star turned eco campaigner **FEARGAL SHARKEY**, **68**.

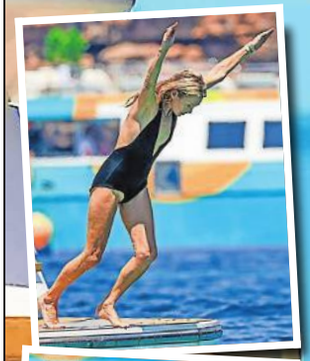
●**Last night's National Lottery: Round 1: 3, 14, 22, 24, 34, 54. Bonus ball: 52. Round 2: 14, 25, 35, 39, 51, 59. Bonus ball: 44. Health Lottery: 13, 19, 21, 23, 40. Bonus ball: 41.**

MOSS MED TRIP WITH LILA

Kate's in the black . . . but wellness brand has sunk

Two's company . . . daughter Lila joins mum on trip

Kate's owing on a summer holiday



Staying afloat . . pair on the luxury yacht

Picture: BACKGRID

CAREFREE Kate Moss holidays with daughter Lila — as it emerged creditors will not see any of the £2.9million owed after her wellness brand collapsed.

Kate, 52, donned a black swimsuit for a soothing dip in the Med while she relaxed on a £1,340-a-day hired yacht.

Model Lila, 23, opted for a bikini on the jaunt with friends to the Spanish island of Formentera. But

FUN IN SUN DESPITE £3M BRAND DEBT

EXCLUSIVE by ELLIE HENMAN

back home liquidator reports for Kate's failed Cosmoss business disclosed £240,000 of remaining products would be destroyed as they cannot be sold.

Kate, worth £55million, launched the high-end brand in 2022, sparking comparisons with Gwyneth Paltrow's successful firm Goop. Kate sold natural, vegan, and cruelty-free items including a facial oil, incense, a £120 fragrance called Sacred Mist and a £20 canister of Dawn Tea.

She wrote at the time: "I feel my most authentic self and I'm ready to open up and share with you."

But the brand quietly shut down and entered voluntary liquidation last summer. Kate has now withdrawn from a shareholders' agreement involving her image and intellectual property rights – meaning the stock is worthless.

Paperwork filed at Companies House states: "It was confirmed that the products could not be sold on the open market. The stock was abandoned." The liquidator's statement said there is just £3,454.88 left in the company's coffers.

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Leaf it out . . . Kate's £20 tin of tea

BATTLE BEHIND AMY AUCTION

bizarre PAGES 18 & 19

THE Sun SAYS

Stop the boasts

ANDY Burnham's reaction to public fury at illegal migrants being housed in their communities spoke volumes.

"I believe all parts of the country need to work, to play their part," he said.

His suggestion that every area must accommodate asylum seekers who leave France entirely misses the point.

It's not a question of families playing their part.

Those tens of thousands of incomers – many of them young men, some of whom will pose a public danger – should **NOT** be here in the first place.

Burnham's astonishingly tin-eared plea came just hours after Angela Rayner wrongly suggested most migrants were vulnerable women and children. They just don't get it.

An illegal migrant is currently landing on our shores **EVERY 14 MINUTES**.

Instead of lecturing the public on their responsibilities, how about Burnham gets round to holding an emergency Cobra meeting on the mega-dinghies?

All we've had so far is ministers boasting about cutting the number of asylum hotels when they are dumping migrants in Houses of Multiple Occupation.

Or the Government claiming to have cut crossings by 40 per cent when it's widely acknowledged that the weather remains the only reliable way of stopping the boats.

Where is the Rwanda-style deterrent that was showing signs it could work before Labour foolishly axed it? Where is the action on ending free housing and benefits for asylum seekers?

What, Prime Minister, is the plan?

In a right state

KEIR Starmer once bemoaned the Civil Service for sitting in the tepid bath of managed decline.

It seems under a new Prime Minister that the temperature has dropped another few degrees.

Whitehall's response to prison overcrowding has been inept.

Their "can't do" attitude has forced a disastrous early release scheme that the Chief Inspector of Probation says could inflict a wave of rape and murder.

Is it any wonder we see so much state uselessness when the majority of civil servants can swap working at their desks for sitting at home in the sunshine?

Keep it down

CHANCELLOR John Healey says his number one mission is to ease the cost of living for families.

There is one surefire way to do just that: Scrap the 5p fuel duty increase due to kick in on January 1.

So far, Andy Burnham has been happy to spend billions to knock £45 off energy bills or a quid off bus fares.

Keeping pump prices down would put a bit more money back in the family coffers and help to rein in food prices.

That's how to make a REAL difference.

TOP MANC COP WADES IN ON JAIL ROW

JUSTICE MUST BE SERVED . . . smirking killers Bowers and Cole, *left*, were jailed for 13 years for 2019 manslaughter of PC Andrew Harper, *above*

Police turning on PM is a big blow. He needs to be on *THEIR* side...not smirking killers'

WHEN Andy Burnham announced last year that Chief Constable Sir Stephen Watson was to remain at the head of Greater Manchester Police for a further two years, he did so with considerable pride.

Watson, he said, had delivered a "colossal turnaround" in the UK's second-largest police force, making "significant strides" to ensure the city's streets were safer, adding: "We are backing him to finish the job."

There is no question that Watson is a real coppers' copper who oversaw important changes in Manchester.

And that is why his signature on a letter from 50 police chiefs calling for the Prime Minister to block the release of two of PC Andrew Harper's killers will have been a significant, and very painful, blow.

But this loss of confidence from Britain's top cops has not happened overnight.

First there was the reaction of Thames Valley Police Chief Constable Jason Hogg, who said in August he was "beyond disappointed" that smirking killers Albert Bowers and Jessie Cole would be eligible for early release.

First test

On Monday, he was joined by Thames Valley Police and Crime Commissioner, Matthew Barber, and Chair of the Thames Valley Police Federation, Aileen O'Connor, who wrote to Burnham urging him to keep the pair behind bars.

Their words show these police leaders understand the psychological impact of this debate on frontline officers.

They will have had conversations with them, which I can imagine – and I'm sure your readers can too – beginning with the words: "Boss, they don't have our backs."

Policing is on its knees, and those at the top understand that our officers need to feel the Government has their backs when they run towards danger – as PC Harper did.

The senior policing community do not always acquit themselves well when dealing with the state.

However, I believe their open letter today is driven by a genuine sense of outrage that politicians could be so callous as to forget the impact of the chaotic early release scheme on their officers.

ANGER . . . Watson

By **Prof IAN ACHESON**
Ex-prison governor

This is Burnham's first test as Prime Minister, and maybe he will learn from it.

Maybe he will learn that the Ministry of Justice is full of people who are wildly incompetent and have made careers out of failing upwards.

In their advice to him in this case, they have failed spectacularly.

The party line is that the exemption of PC Harper's killers is impossible.

Yet no one has explained why it would be impossible to pass primary legislation to exempt those convicted of the manslaughter of police officers. Similar legislation has been created to detain terrorists in the past.

Are we saying that the apparatus of the state is unable to fix this problem?

Rather than listening to advisers who are trying to protect their reputations, Burnham should be listening to the police officers who have been left demoralised.

He should be listening to PC Harper's family, and thousands of other victims who are faced with the agony of not knowing whether or not the perpetrators of crimes against them will soon be back walking the streets.

And yet this is not the first time a failure to tackle prison system issues has derailed a Prime Minister in the early days of their premiership. Just two months after he was sworn in in July 2024, Keir Starmer saw criminals popping champagne corks outside Wandsworth Prison as they celebrated their early release under his scheme to ease prison overcrowding.

The embarrassing episode came when the new PM was still finding his feet, and some would say he never recovered from it.

Which begs the question: When will politicians learn that draining confidence in the prison system is electoral kryptonite?

Clearly Burnham is not a student of recent history. His response may be that Labour inherited this mess from the Conservative government, and that they have "no choice" but to act as our prisons are fast approaching full capacity.

While I suspect the Ministry of Justice projections may overestimate the speed at which this is happening, we do of course have an urgent problem with prison overcrowding in this country. In my view, the only way to deal with this is with the rapid expansion of the prison estate – which is possible, if not palatable.

In recent years, statistics show the number of female inmates is down. Releasing 40 per cent of these – excluding those in for violent and/or sexual offences – would free up hundreds of spaces.

Removing non-violent criminals who have offended due to drug addiction to secure NHS detox facilities could free up as many as 5,000 places.

No easy options

Existing prisons which have been closed down, such as HMP Dartmoor and HMP Camp Hill, could also be used to create headroom. The helpless inability to mobilise the enormous resources of the state to create additional space is woeful.

And there are further options which could be explored.

In 1997, the Labour government introduced HMP Weare – a ship moored in Portland Harbour – to ease overcrowding.

Before its closure in 2005, it held 400 inmates who consistently said the conditions on board were better than in prisons like Brixton.

There are no easy options here.

But if Burnham is to survive this first test, he needs to stop listening to the usual suspects in the prison reform system who were responsible for telling him that keeping Albert Bowers and Jessie Cole in prison was "impossible".

Instead, he needs to start listening to the public – who have, to date, left almost a million signatures on a petition for the killers to remain caged.

And he needs to listen to the frontline police officers who leave home each morning knowing that – like PC Harper – they may not come back.

Speeding . . . Andoh

TV Lady Danbury dodges car ban

By ZEENIA NAQVEE

BRIDGERTON actress Adjoa Andoh has avoided a driving ban after pleading she needed her licence to visit her elderly mother.

The 63-year-old – Lady Danbury in the Netflix period drama – was caught doing 25mph in a 20mph zone and already had nine points.

But magistrates in Lavender Hill, South London, decided that she should not be automatically banned under the totting up procedure.

They heard Andoh, clocked in Dulwich, lived in London while her 85-year-old mum was a four-hour drive away.

She feared being unable to reach her in an emergency. Asked what she would do if she was working and she got an urgent call, the actress said: "I have to go. I've only got one mum."

She was given three points and told to pay a fine and costs of £1,026.

Raise the bar . . . Maha

Uni's bar of choc's all grown in Britain

By ODHRAN GALLAGHER

A STUDENT has created a chocolate bar from entirely British ingredients – the first for nearly 100 years.

The cocoa pods were grown in a climate-controlled centre, then their harvested beans were dried in the sun and crushed into powder.

Maha Khan, a food security Master's student, combined it with British-grown sugar and milk. The mix was then heated and made into six bars.

The only other 100 per cent British chocolate bar was made in 1932 by Rowntree's and given to six-year-old Princess Elizabeth – who went on to become Queen.

The bars were created at the University of Reading, Berks, to show the complexity of turning the raw crop into the finished product. Maha said: "It's been amazing to follow the process without leaving Reading."

GLAM LILY IN PARIS

By FREYA FRASER

THERE'S amore to come for Lily Collins as she is spotted filming the final series of Emily in Paris.

Lily, *left,* who plays fashion-loving Emily Cooper, beamed on a bench in the French capital alongside Ashley Park (Emily's best pal Mindy Chen).

Netflix announced in January that series six of the rom-com will be the last. Lily, 37, later confirmed: "Our entire cast and crew are pouring our hearts into making this a fantastic farewell season.

"I can't wait for all of the magic ahead and to celebrate with you in the most chic way yet."

POLITICIAN IS 'TICKED OFF'

World war brie

LABOUR MP 'RAIDED FRIDGE DURING SOMBRE D-DAY TRIP'

EXCLUSIVE by LAUREN UTTLEY and JACK ELSOM

A LABOUR MP has been accused of raiding a historic cafe's fridge on a sombre trip to Normandy to mark the anniversary of D-Day.

Amanda Martin is said to have barged into the kitchen and started helping herself to food at the Café Gondrée, the first place liberated by the Allies during the landings in 1944.

Visit . . . Amanda Martin

The visit last June caused further embarrassment when fellow backbencher Samantha Niblett reportedly missed the ferry over to France, then clashed with the organisers.

Both of them were later ticked off by Commons Speaker Sir Lindsay Hoyle.

A source told The Sun: "It was quite embarrassing, really." Both MPs were understood to believe the episodes are "misunderstandings" and insist they did not misbehave.

They were also understood to deny being reprimanded by Sir Lindsay and instead said they discussed the "misunderstandings". The Speaker's Office declined to comment.

A Labour spokesperson said: "Both MPs were honoured to visit France with the Armed Forces Parliamentary Scheme, which provides valuable insight into military life and the brave work our servicemen and women do to keep Britain safe."

lauren.uttley@the-sun.co.uk

Speed . . Andy and car

Pilot hits 406mph in JCB's gas car

By SEBASTIAN HAW

AN ex-RAF pilot has set a new land speed record for a hydrogen-powered car by hitting 406mph.

Andy Green, 64, made two runs in the British-built JCB Hydromax across the Bonneville Salt Flats in Utah, US.

The 32ft, twin-engined vehicle, with a combined 1,600 brake horsepower, smashed the previous hydrogen best of 303mph.

Retired wing commander Andy said: "The car was terrific – stable, strong and fast."

He is the only person to break the sound barrier on land – driving a jet-car across the Black Rock Desert in Nevada at a record 763mph in 1997.

The Hydromax used two of construction giant JCB's modified production-based hydrogen digger engines made at its factory in Foston, Derbys.

Andy said: "This record is a huge achievement by a world-class team."

Accused . . . Fong

Killer XL 'big boy & plays rough'

By RYAN PARRY

A WOMAN accused of owning an American XL Bully which killed her father-in-law admitted the beast "plays too rough", a court heard.

Keven Jones, 62, bled to death after Cookie twice bit both his legs, severing an artery, in the back garden of Chanel Fong's home in May 2022.

Fong, 33, later wrote on Facebook: "Cookie didn't attack Keven. He's a big boy and plays too rough.

"He's not aggressive in the slightest, just thinks he's still a small pup."

Cookie, one of three XL Bullies in the house in Wrexham, was destroyed.

The deadly attack happened before the breed was banned in 2024.

The prosecution says Fong jointly owned the dog with partner Joshua Jones, who wasn't in the house. She denies being the owner of a dog dangerously out of control.

The Caernarfon crown court trial continues.

SPRINT STAR AMY IS ON FAST

By CLEMMIE MOODIE
Assistant Editor (Showbiz)

BLINK and, quite literally, you may have missed her.

On Monday night, Britain's Amy Hunt sprinted her way to European gold – hurtling along the track at a speed camera-defying 20mph.

And she is now on the fast-track to becoming the country's best-known female athlete.

In a world where sporting stars are programmed to function like robots – eat, sleep, train, repeat – this Cambridge University graduate is one smart cookie, with the personality to match.

As she proudly clutched her medal at the European Athletics Championships in Birmingham, we got a glimpse of long, brightly-painted acrylics reminiscent, if you squinted, of legendary US sprinter Florence Griffith Joyner, or Flo-Jo, whose huge talons made her a global icon after the 1988 Seoul Olympics.

(*Amy's design was an ode to the blue kit of Birmingham FC, along with the city's Jewellery Quarter and Bull Ring shopping centre*).

Meanwhile, her Instagram page – filled with brooding campaign shots, wine-drinking and bloody hard work – is part influencer, part athlete.

In other words, there is something for everybody. And now everybody wants a piece of this athlete.

In a world where young girls are growing up using "likes" for currency, Amy is showing there is still a place for genuine hard work.

'I just had such a magical feeling. I raced here as 13/14-year-old. So, this is really my track. I'm a Midlands girl. So I just had a feeling that this was going to be my night'

'Complete package'

An insider says: "And so a star is born. As marketing execs like to say, Amy is the complete package.

"Supremely talented, but also incredibly disciplined and hard-working and, crucially, she has the likeability factor. And that is priceless.

"She has grown up in the digital age, which means she is business-savvy and astute.

"She knows what her brand is and, in a world where – unless you're the very best – the pay is pretty atrocious, she knows the value of using social media to bolster her media profile.

"'Relatable' is such a buzz word at the minute, and Amy has capitalised on that with some brilliant photos of her clutching wine bottles, going out with her mates and just being human.

"She is also really popular with her Team GB peers and all the support staff – coaches, physios and nutritionists etc.

"She's a role model to young women, managing to combine rigorous academic studies (English literature) with five hours of training a day. That is no mean feat.

"Over the past 24 hours, her agent has been inundated with messages and offers.

"Right now, the world really is her oyster."

Growing up, Amy attended Margaret Thatcher's old grammar school, Kesteven and Grantham Girls' School in Lincolnshire.

Maggie, who later became UK Prime Minister, went on to study chemistry at Oxford, while Amy attended its old educational rival, Cambridge.

Down with the Gen Z kids, Amy credited the unlikely trio of Megan Thee Stallion, High School Musical and Mamma Mia! as key to helping her stay calm in the build-up to her 100m showdown on Monday.

The star, who was raised in Newark, Notts, plays Wordle and Spelling Bee in her down time and regularly checks in with friends and family. She remains guarded about her love life, saying in an interview last year she was prioritising "medals over men".

Although, that being said, when quizzed about her chosen karaoke song, she quipped that it was Maneater by Nelly Furtado.

Just 48 hours before Monday night's 100m final, her mum and dad, Claire and Pete, gifted Amy a set of gold earrings; she normally wears silver.

The manifestation clearly worked, because she romped home in 11 seconds flat.

As Amy said shortly after victory: "I just had such a magical feeling. I've won English Schools here. I've raced here as a 13 to 14-year-old. So this is really my track.

"I'm a girl from Newark, I'm a Midlands girl. So I just had a feeling that this was going to be my night."

Already, brands have been quick to sign her up, and in the wake of this week's efforts, more will follow.

On her Instagram bio, she describes herself as a "professional fast girl" and already has a lucrative contract with Nike.

Other deals include with nutrition company Puresport and beauty brand Nip+Fab, which she promotes on her main grid – but not in an overtly offensive way, unlike many a modern influencer.

She also has an active YouTube page, another money-spinning outpost.

During the Commonwealth Games, Amy showed herself applying make-up while listening to the High School Musical soundtrack and matching her red nails to her England kit. Literary to the last, she was reading cult favourite The Correspondent, by Virginia Evans.

After her silver medal win there, she celebrated with a glass of champagne and a paper bag of KFC.

On Monday, Amy described feeling "euphoria" after her first gold. But why, reporters

GOLDEN GIRL . . . Amy after winning women's 100m gold at European Athletics Championships on Monday. *Below left*, kissing her medal

Hunt for a

TRACK TO FAME AFTER GOLD MEDAL

TRACKING GLORY . . . after women's 60m win at British 2020 championship event in Glasgow

NAILED IT . . . star is famed for her elaborate talons

IN THE PINK . . . doing promo work for Puresport

'I want to be the best. I don't shy away from that. I train incredibly hard and I back myself so incredibly hard because I want to be the best. That's something I aspire to be'

UK and Isle of Man 18+ only. Tesco Clubcard required. Free prize draw opens 03/08/26 and closes 01/09/26 (UK time). Automatic free entry with a qualifying £25+ spend on qualifying purchases in Tesco stores or Tesco online grocery orders using Clubcard. Opt-out available at CustomerOptOut@tesco.com. Max 1 entry per Clubcard account per day. 40 holiday prizes available. Prizes: 7 nights' all-inclusive hotel in Mallorca, Dalaman or Zakynthos, return economy flights, return airport-to-hotel transfers and £500 (in local currency) spending money for 4 people sharing a family room. Subject to availability and excluded dates. Tesco Travel Money is provided by Travelex. Travel insurance included. No cash alternative (in whole or in part), exchanges, prize transfers, re-sales or refunds. Max 1 holiday per Clubcard member. Winners notified via Clubcard contact details and must claim within 21 days, book within 12 months and travel within 18 months of notification. Additional guests and upgrades available at own expense. Promoter: Tesco Stores Ltd. Prize fulfilled by a third-party travel agency. Exclusions and booking T&Cs apply. Full T&Cs at tesco.com/tandcs

Dominic Mohan

GUEST COLUMNIST

I'll stand up to stupid pub rule until I'm legless

MY name is Dominic and I hereby confess to having been a vertical drinker for the past 40 years.

Probably 43, if I'm honest. I used to swig a little port from the family's drinks cabinet on occasion, although my father began locking it not long after.

Of course, sometimes the vertical drinking has left me horizontal, but that is just a rite of passage through which we all must travel.

So I spluttered into my Stella this week when reading that the body which controls the naughty corner of devilry that is Soho – namely Westminster Council – is inexplicably continuing with its determination to force drinkers to sit down and sup up.

Their draught, apologies draft, plans outline a mission to reduce alleged anti-social behaviour and excess drinking, which they believe can be caused by those partial to a little erectile consumption.

Poppycock. Hogwash. Horseshit. Balderdash and associated exclamations – for this is an artic truck load of absolute bollockery.

In the 1940s, the forever-prescient George Orwell wrote that the pub was "one of the basic institutions of English life", which "carries on despite the harassing tactics of non-conformist local authorities".

I'll drink to that.

The gormless grinch who conceived such misguided regulatory twaddle has probably never been invited down the boozer for some raucous merriment after work because nobody likes them.

This is where the magic happens. Stress relieved. Jokes conceived and relentless piss-taking received. No, their Friday nights are probably spent listening to The Lighthouse Family and watching reruns of Richard Wilson On The Road on the ITV player while sipping a lukewarm cup of camomile. Alone.

Perhaps a few hours scrolling through the Plane Finder app and rearranging book shelves in alphabetical order before dreaming up further jobsworth gibberish to justify their non-job and then undoubtedly early to bed.

FUN . . . packed pub

My life as an old-school vertical drinker has helped me form some of my most enduring friendships, assisted my career and improved my sex life, even leading me to marriage.

Cheers indeed.

For my wife and I's eyes met while sampling a sherbet perpendicularly – and not long after we were tippling together in a rather more horizontal position.

I have been offered many jobs too while enjoying a spot of casual VD-ing.

Some of the best business deals, talent signings, newspaper headlines, silly feature ideas and columns have been agreed and composed during this sacred act of upright imbibement, an essential cog in British society and bloody good for one's mental health too.

Hedonistic streets

I've done drinking vertically, diagonally, sideways, curled up. Thinking drinking. Sometimes sad drinking.

But, like many things in life, I've always preferred doing it standing up.

I've got up and guzzled eye-to-eye with several Prime Ministers, an heir to the throne and a queen, Liam from Oasis, Rod The Mod, the Chancellor of The Exchequer, a couple of Home Secretaries, Zoe Ball, Pierce Brosnan, Damon Albarn, Chris Evans, Tina Turner and Christopher Biggins, among others.

Soho, the most creative square mile on Earth, was built on outdoor drinking and it is why gazillions flock to its hedonistic streets from around the globe.

Many fine hostelries will be forced to close if such legislative buffoonery is allowed to pass. Imagine all the extra charges that will be added to our table-serviced rounds too – and who wants to be forced to sit down when you've been stuck at an office computer all day?

Drinking breaks down barriers and inspires creativity, particularly when face-to-face while clutching a jar and indulging in a spot of vertical bantering, overhearing conversations nearby, and butting in while befriending strangers and watching footie. We call it F.U.N.

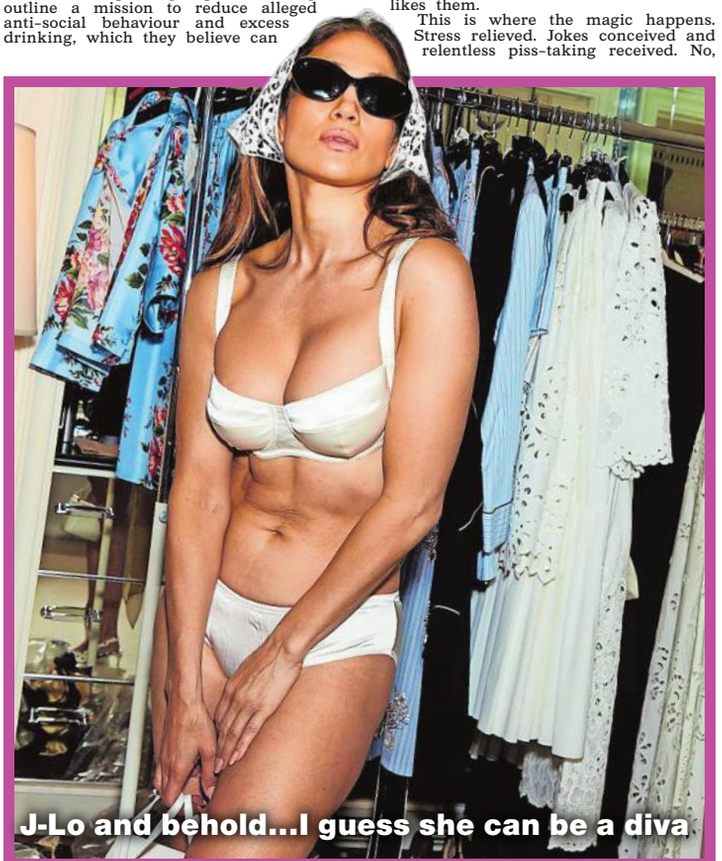
Let us call last orders on this nonsensical twaddle. Sit down and shut up Westminster Council.

Get your meddling hands off one of our finest traditions, a delight to Dickens, celebrated by Shakespeare and adored by Orwell, all pub-lovers who lit up literature and sold the British dream across the planet.

It is time to stand up for vertical drinking.

IF Amazon boss Jeff Bezos is successful in acquiring 30 per cent of Liverpool FC, does this mean delivery of the Premier League title will be guaranteed the next day before 10am – the trophy lobbed over Anfield's Shankly Gates along with a message saying nobody was in?

COLIN ROBERTSON IS AWAY



J-Lo and behold...I guess she can be a diva

JENNIFER LOPEZ is obsessed with the colour white and is one of the world's biggest divas, according to some goon who worked on Top Of The Pops decades ago.

I interviewed the singer-turned-actress 20 years back in Philadelphia and actually found her witty and down-to-earth – nothing like her Jenny From The Block persona. She was even better looking in the flesh and wasn't wearing anything pale.

But newly single Jen has brushed off the criticism and owned it, posing for a snap in her pants and bra, both white of course, looking rather like a diva.

So –for journalistic reasons, you'll understand – I am obliged to reprint it here.

FAILURES . . . boss Weston

THAMES WATER A DRIP-OFF

SO, let me get this straight. Thousands of homes and businesses were left without water after a huge Thames Water main burst in East London this week, leaving many to queue in blistering heat for supplies.

Another exploded close to my home a few days ago, leading to a major route being closed, causing traffic hell.

Britain's biggest water company is drowning in debt of £18.5billion.

Last year it was handed a record fine of £122.7million by the regulator, who said it had "let down its customers and failed to protect the environment".

In other words, they've pumped your street's turds into a chalk stream at a local beauty spot.

In the past year, Thames Water boss Chris Weston saw his pay increase 14 per cent to £1.63million. Bonuses are supposedly barred after government intervention.

But now we learn that Britain's worst-run company paid its new finance chief a £1million signing-on fee last month. Chairman Sir Adrian Montague described the payment as a "necessary incentive". Tosh. It is a devious way around the bonus ban.

Thames Water, which supplies 16million people across London and the Thames Valley, recently warned it only has enough cash to last until the end of the year, putting pressure on the new Government to decide what to do with it.

I'm with Burnham on this one. Our water companies are conspiring against us, rather than working for us. Thames Water certainly should be taken under public ownership.

They've been taking the piss for too long. And the excrement. And then pumping it straight into our rivers and seas.

An abhorrent dereliction of public duty and one which scars this country and must not be allowed to happen again.

BRITAIN may feel broken, immigration is out of control, our prisons full and high streets collapsing, but bananas are now growing on trees in tropical Dorset. So, as far as I'm concerned, all is right with the world.

BADGE . . . Mike D, *right*

BEASTIE THEFTS BETTER

IN the late 80s, we had the family's Volkswagen Golf badge nicked after Mike D of the Beastie Boys wore one around his neck in a video as a fashion statement.

The culprit was never found but the sight of logo-less VW grilles was common in Thatcher's Britain.

Now, the badge theft trend is here again, but with very different motives. Apparently, the logos now contain radar sensors required for driver-assistance features and can be flogged for hundreds of pounds online after being snaffled in a matter of seconds.

Crooks are using drones to locate VWs and, in an organised spree, 70 were stolen in just four days across South East London.

Life was so much simpler in the 1980s, when we stole in the name of fashion, not profit.

BRILLIANT Lucy Davis from The Office, who captivated millions of us with her portrayal of Dawn, has revealed a devastating diagnosis of incurable breast cancer.

Lucy, 53, is the daughter of comic Jasper Carrott and has vowed to fight her terminal illness with humour. The animal lover also says she is looking forward to being reunited with her terrier Gracie, who passed away in 2024, and is "at peace" in her life.

To handle such a heart-breaking moment with such grace is worthy of all our admiration. The nation is with you, Lucy.

THE size of that uber-dinghy carrying 230 migrants on their cruise across the Channel . . .

At this rate, the smugglers are gonna need an even bigger boat for their next stampede.

Intelligence sources tell me this craft, *above*, is being readied for the next voyage to our promised land.

That'll be some odyssey but, be sure of this: The crossing won't last anywhere near as long as the film.

Hospitals heat plea

NHS hospitals must get air conditioning to stop "inhumane" hot conditions, say nursing chiefs.

The Royal College of Nursing said staff have had heat exhaustion and fainted in 30C heatwaves.

Many wards have windows that don't open and electrics too shoddy to handle air-con units.

Patients recover slower in the hot rooms and some bring in fans.

The RCN's Prof Nicola Ranger said: "Swathes of the NHS are becoming an impossible and inhumane place to work.

"Employers must abide by their legal duties to make workplaces safe."

BBQ Scorcher — Pages 22-23

Volcano hols trap

A BRITISH couple were yesterday stuck in Sicily after Mount Etna erupted.

Evgenia Filimianova, 39, and her husband were there for a pal's wedding.

But their flight back to Athens, where they are spending August with their young daughter, was cancelled after the volcano erupted on Tuesday, spewing out ash cloud.

Journalist Evgenia, from London, said they hoped to get a ferry to Malta, then a flight to Greece

She said: "It feels there is no way out — buses and trains are booked, the airports are closed."

Italian volcano Etna is the most active in Europe with frequent eruptions.

WIDDECOMBE ABBEY FUNERAL

REST IN PEACE, ANN

Family farewell to ex-minister

Last farewell . . . coffin of ex-Tory MP, left, in Abbey

Final journey . . . casket is carried out

Pictures: MIKE DAVIES/BUCKFAST ABBEY

MOURNERS gathered yesterday to pay their final respects to murdered politician Ann Widdecombe.

Around 100 family and friends were at the funeral service.

During the private requiem mass at Buckfast Abbey, Devon, Rt Rev David Charlesworth hailed the "fortitude" of the ex-Tory minister and later Reform UK spokeswoman.

By ALEX WEST

Reform leader Nigel Farage, who is understood to have not been at the funeral as he was campaigning for today's Clacton by-election, later called Ann an "extraordinary woman who left a serious mark on British politics". Mr Farage added: "She will be sorely missed."

Ann, who also found fame on Strictly and Celebrity Big Brother, first became an MP in 1987.

She died at her home in Haytor, Dartmoor, on July 8. Joshua Kerry, 28, of Rotherham, South Yorks, is charged with her murder.

Kebabchelor of Arts

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Resigned . . . Arday

Uni chief concern over fibs row prof

By ELEANOR GUNN

THE boss of Cambridge University says she shares the concerns about how a plagiarism row academic got his job there.

Prof Jason Arday quit last week after becoming the university's youngest black professor in 2023.

Questions have been asked about some of his claims, including that he ran 600 miles in six days and raised £5.5million for charity.

Vice-chancellor Prof Deborah Prentice said: "I fully understand the concerns being raised regarding [his] appointment and I share them.

"There is anger and anxiety around this damaging and difficult case."

The university is investigating Professor Arday's time working there and how he was appointed."

Arday, 41, said his resignation should not be "mistaken for an acceptance of narratives that have surrounded me".

Driver . . . Charlotte

£19k win for driver in 'boob flash' lie

By SEBASTIAN HAW

A CO-OP lorry driver has won £19,000 after a colleague accused her of flashing her breasts to get what she wanted.

Charlotte Brooks was sexually harassed and bullied by Kerry Dawson for two years.

It began when they were both apprentice drivers in Bristol – with Dawson telling instructors that Charlotte would perform sexual favours.

Dawson also sent her a voice note saying just because she has "t*ts she thinks she can flash them and anyone will do anything for her".

Charlotte complained and Dawson was sacked – but appealed and returned with a warning.

A "distressed" Ms Brooks signed herself off with work-related stress.

She sued Co-op for sexual harassment and direct sex discrimination and was awarded £19,042 by an Exeter tribunal.

CAR'S HAALF A MILL

Picture: EAMONN CLARKE

Winner . . Man City's Haaland

By RYAN PARRY

CAR fanatic Erling Haaland arrives for training yesterday in a £500,000 Ferrari — the latest addition to an £11million luxury motors collection.

The Norwegian striker, 26, was snapped in shades and a baseball cap as he pulled in to Man City's Etihad Campus in the Purosangue model.

The SUV's 6.5-litre V12 engine can produce 715 horsepower and do 0-62mph in 3.3 seconds, putting even Haaland, famed for his acceleration, in the shade.

OFFICE STAR'S CANCER SHOCK

We are so proud of our Lucy...we love her so much

- ACTRESS'S DAD, JASPER CARROTT

By DAN CAIN

COMEDY legend Jasper Carrott has told of his pride in daughter Lucy Davis after she announced she has incurable breast cancer.

The 53-year-old star of The Office announced on Tuesday that it had spread to her bones.

The news prompted an outpouring of public support for the actress. Her dad, 81 – real name Robert Davis – became a household name in the 1970s with his stand-up comedy and novelty songs, going on to star in Carrott's Commercial Breakdown and Canned Carrott before hosting game show Golden Balls.

He said: "This is a very difficult time for the whole family and we have been supporting her in every way possible since her diagnosis.

"We are so grateful for all the support we have had over this trying time, and we are very hopeful for her future being what she wants it to be. We are so proud of our daughter and love her so much.

"The way she has conducted herself through many traumatic health issues is a lesson to us all."

He added: "We would request privacy for the coming months, but thanks once again for the love and concern shown by so many people."

Lucy, who the nation fell in love with as receptionist Dawn Tinsley in hit BBC sitcom The Office – and known for her popular slow-burn screen romance with Martin Freeman's character Jim Canterbury – said she is "not scared" after revealing her cancer diagnosis, insisting she is determined to embrace the time she has left.

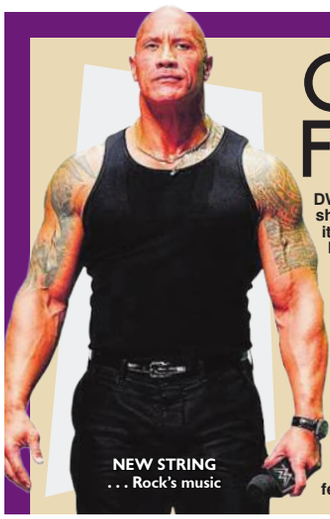
The courageous actress, *above,* shared an emotional video on Instagram of herself ringing a bell signifying the end of her treatment.

She wrote: "The cancer is incurable, and too late for chemo.

"As of now, I'm trying to live out whatever might be left of my life in as fun a way as possible as I can."

dan.cain1@thesun.co.uk

'Difficult time' . . . comic dad


NEW STRING
. . . Rock's music

COUNTRY TWIST FOR 'ROCK' STAR

DWAYNE "THE ROCK" JOHNSON showed off his vocals in Moana and its sequel, as well as in the new Disney live-action remake.

Now the hardman actor is eyeing a career as a singer – by getting into country music.

The former wrestler said: "Music has always been such an anchor for me, and very specifically in genres that I love, like traditional country music.

"We're exploring that now. I've reached this point in my life and career where, honestly, when I wake up in the morning I swing my legs out of bed, and whatever the thing is that I'm doing, I wanna feel like I'm just running towards it.

"And the most gratifying things we do are when it's for us, because we have enough pressure to deliver for so many other entities."

Country music is on the rise, with US singer LUKE COMBS playing three sold-out shows at Wembley Stadium last month, while TAYLOR SWIFT went back to her country roots for her Toy Story 5 soundtrack single I Knew It, I Knew You, which topped the charts.

But Dwayne will be keen not to follow in Hollywood star WILL SMITH's footsteps. Last year, he released his comeback album, Based On A True Story – but it sold just 268 physical copies in the UK in its first week.

I have faith The Rock won't settle for that type of knockout.

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FRANKIE'S BINGE TOO FAR

WHO said the world of pop music was full of boozy antics?

S CLUB JUNIORS and **THE SATURDAYS** star **FRANKIE BRIDGE** has revealed she's just had her first hangover – years after her music career ended.

Speaking on the Bottoms Up podcast, she admitted: "I'm not a massive drinker. I'm a massive lightweight. I actually just had my first proper hangover last week – at the age of 37.

"It was honestly the worst day of my life and I was so pathetic, I cried. I washed my hair and then I couldn't brush it so my friend Leah had to brush my hair for me and I was like, 'This is a new low'."

It came on the last day of her holiday after a night drinking mojitos, but she added: "I was fine by the time I got home and went in the gym."

Trust me Frankie, if you were still able to go to the gym, you would never want to experience my hangovers.

BLUR drummer DAVE ROWNTREE says another reunion is a "question of when rather than if". The band last played a gig two years ago, and he said: "I seem to remember us at Heathrow, saying, 'We'll do that again'. That's my take."

SPOTIFY FAKE ALERT

SPOTIFY is going to start flagging AI artists so that listeners know if they are getting computer-generated rubbish.

The streaming platform said fake acts' profiles will be labelled "AI personas" and their music will be excluded from recommendations via its algorithm.

It's hoped the crackdown will deliver a boost to real musicians and prevent artificial acts from taking over.

Spotify said: "True artist-fan connection can only be built on a foundation of trust and authenticity.

"In music, that means listeners need to be able to trust that the artist behind the music is who they say they are.

"That's more essential than ever in the age of generative AI." Good for them.

It's Paris fashion chic...

Betsy Johnson/Zoey Grossman

NO fashion is tutu much for PARIS HILTON as she poses in this striking mini-dress from a new collection she has helped design.

The socialite has teamed up with BETSEY JOHNSON for a new range, which is launching this week to celebrate the US designer's 84th birthday.

This white bow dress costs $119 – around £88 – and it sounds like they had a hoot designing it.

Paris told People mag: "We had the best time brainstorming together, playing with looks at fittings, and making TikToks on set.

"She has this magnetic energy that lights up the room, and getting to create something with her has been such a dream.

"She is just as fun, original and full of personality as her clothes, and she brings so much creativity into everything she does."

ELLIE HENMAN'S

arre

STING is bringing his musical The Last Ship to London's Theatre Royal Drury Lane after winning rave reviews around the world.

The ex-POLICE singer, *left*, will perform from September 22 to October 3, with rapper pal and former collaborator SHAGGY joining for the first two shows. Speaking about the musical, inspired by his upbringing in the North East, Sting said: "With just six weeks until our West End premiere, I'm really looking forward to working with everyone and finally sharing The Last Ship with audiences."

I'm not familiar with the story, but as for Sting, every little thing he does is magic.

I'LL SELL PAL AMY'S CLOTHES

Tyler planning auction after court ruling

AMY WINEHOUSE's dad Mitch was left devastated last month after unsuccessfully suing two of her pals for selling some of the star's belongings.

But now Amy's closest friend, fellow singer **TYLER JAMES**, has revealed he plans to auction off more items which were once owned by the late superstar.

Last month the High Court ordered Mitch to pay almost £1million in legal fees after he lost his case against Amy's stylist Naomi Parry and her pal Catriona Gourlay.

Both women insist they were either given or loaned the items they sold by Rehab singer Amy, and had not stolen them – as Mitch claimed.

And Tyler told how he had been upset when his own Amy auction had to be cancelled after Mitch called in the lawyers.

Handwritten song lyrics and Amy's red bowling shirt were among the lots he had planned to sell at auction.

Tyler told me: "I've been through hell. I just couldn't deal with it.

"Sotheby's explained to me that due to Mitch's lawyers contesting ownership, they couldn't go ahead with the sale and that I needed a lawyer. I felt as if I had done something wrong."

Tyler and Amy met at the Sylvia Young Theatre School and lived together for several years until her death from alcohol poisoning at the age of 27 in 2011.

Tyler – who appeared on The Voice UK in 2012 – now hopes to restart plans for his own auction, saying that last month's High Court ruling "changes everything".

He said: "I loved Amy more than anyone else in the world.

"I supported her through all the years of drug addiction, self-harm . . . you name it. I wanted to protect her.

"We had been through so much together, and nothing can take away what we shared – not possessions."

Of the previously cancelled auction, he said: "I don't know why he [*Mitch*] stopped it. He knew how much Amy meant to me.

"Shortly after she passed away, we went to Amy's place and there were two pillows on her bed. He gave me one of them."

Of Naomi and Catriona's recent court victory, Tyler added: "I don't speak to the girls much any more, but I'm really pleased for them.

"But maybe – and this sounds selfish – I'm much more pleased for myself. I haven't decided what to do yet, but I will be ringing Sotheby's."

October marks two decades since the release of Amy's second – and most successful – album, Back To Black.

Something tells me fans will be lining up to bid on whatever treasures Tyler has.

LOT . . . bowling top

BEST FRIENDS . . . Tyler and Amy in 2008

BE A PROP STAR AT SALE

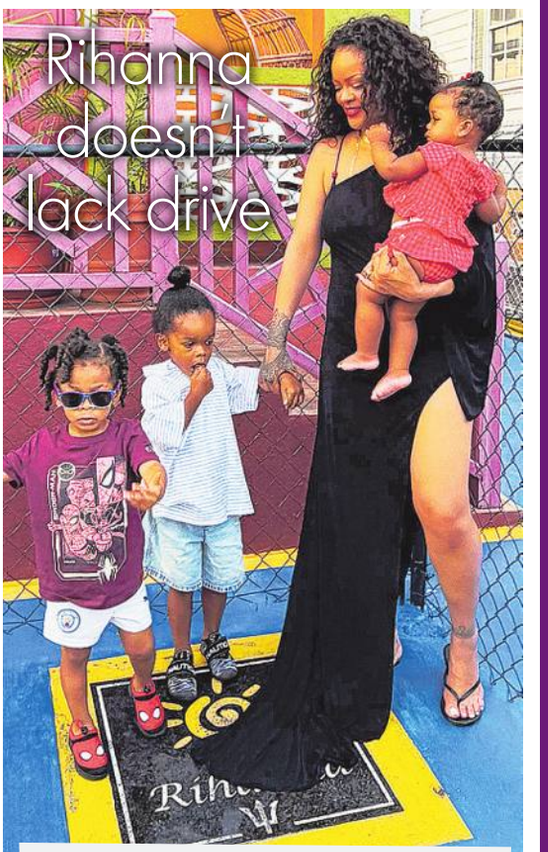
SIGNED . . . Spice shirt

POP culture fans can bag themselves something special as Propstore is putting on one of the biggest-ever auctions of signed memorabilia.

More than 1,700 film, TV and music props will be up for grabs, including a 1997 Spice World T-shirt signed by the **SPICE GIRLS**, and a Back To The Future poster signed by **MICHAEL J. FOX**, **CHRISTOPHER LLOYD** and other cast members. Other notable lots include a replica sword from The Bodyguard autographed by **WHITNEY HOUSTON** and **KEVIN COSTNER**, and a vinyl LP from the cult movie Labyrinth, signed by one of its stars, **DAVID BOWIE**.

Before the live auction, which will run from August 26 to 29, you can see the full list of lots for yourself at propstoreauction.com.

HIT. . . Labyrinth LP



RIHANNA had a full-circle moment as she took her kids to the home she grew up in – but they didn't look too impressed.

She shared photos on Instagram of herself with sons RZA and Riot, as well as daughter Rocki, outside the modest property in Barbados.

The street was originally named Westbury New Road but was renamed Rihanna Drive in 2017 – and her childhood crib is now a tourist attraction.

The Umbrella singer wrote: "One minute I feel like that kid from Westbury. The next minute I'm bringing my own kids back to 'Rihanna Drive'. Trippy how life works!"

JULIE HANGS UP HER 'PRINCESS' CROWN

SHE made two of the most famous movie musicals in Mary Poppins and The Sound Of Music, but JULIE ANDREWS' days on screen are definitely over.

The Surrey-born star, now aged 90, announced she has retired from her acting career, but will still pursue other creative paths.

It means she will not star in Princess Diaries 3 – currently in development – after playing Queen Clarisse Renaldi in the 2001 original and 2004 sequel opposite ANNE HATHAWAY as Princess Mia.

Explaining how she passed up the chance, she said: "I think I'm retired, really, would be about the best description for that. The film's team asked me all last year if I would be keen to do it.

"It was very, very hard to say no, but I did because I felt I had a wonderful ride, and this one would flourish very well and wouldn't need Granny going in there at my age."

Julie's last on-screen role was in the children's Netflix series Julie's Greenroom.

In a separate interview, she added of Princess Diaries 3: "I'm not going to be in it. I think the story is slightly different, and I'm not quite sure how they're dealing with that.

"But it's too late for me to do it."

MUSICAL . . . Mary Poppins

REGAL . . . as Queen Clarisse

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DEAL OF DAY

SLIP on these snake-print flats for an easy style win. They are down from £39 to £10 at River Island.

SAVE: £29

CHEAP TREAT

FINISH an everyday outfit with this faded print cap, £10, from asos.com.

THOUSANDS of students today receive their A-Level exam results.

By LANA CLEMENTS

Happily, there are a stack of restaurant deals to help you celebrate – or try to forget – the moment with your mates while saving some cash.

Here's what's on offer . . .

CHEEKY CHICKEN: Nando's is offering a free quarter chicken or starter today only.

To get the freebie, you need to show your exam results and a valid student ID, plus spend £7 or more.

PIZZA THE ACTION: The first 30 people at each branch of Zizzi get a free classic pizza. You need to buy a soft drink to claim the offer and show your exam results. If the free pizzas have gone, you can get 50-percent off pizza until 5pm.

FLOCK HERE: Bird & Blend tea stores are handing out free iced superstar matchas, worth £5.25. Just show your exam results and valid student ID to get the deal at the till.

Teachers can also get the deal by showing a teacher reference number or school staff badge.

FOR STARTERS: Bella Italia, Frankie & Benny's, Las Iguanas and Banana Tree are all giving away free starters and desserts today for anyone buying an adult main and showing exam results.

DOUGH EYED: Students who dine in at Pizza Express today can tuck into limitless selected classic pizzas and dough balls for £12.50.

Stuff in as much as you can over 90 minutes.

JUST DESSERTS: Buy a main meal at Bill's and you'll get a free dessert when you show your exam results.

THAI TIME: Chain Rosa's is giving away 4,000 free Pad Thai dishes in celebration of A-Level results.

You'll need to sign up for a code at rosasthai.com, buy a bubble tea and show your results to get the deal.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

TOP SWAP

£95

CREATE salon-ready curls with the Amika blowout babe thermal brush, *above*, £95 from cultbeauty.co.uk . Or pick up Cien's heated styling brush, *below*, for £12.99 at Lidl.

SAVE: £82.01

£12.99

What's new?

HEINZ now has a customisable "love lid" which sets the sauce flow rate. Get one free when you buy a bottle at heinztohome.co.uk.

Little helper

TIDY up your outside space with a little help from this £3.99 storage bag. New in Aldi from today, it folds down for easy storage and features two handles. Also available in grey.

SHOP & SAVE

GIVE your pooch a sleep upgrade. This water-resistant striped pet bed is down from £35 to £8.75 at Dunelm. Also available in green.

SAVE: £26.25

HOT RIGHT NOW

KEEP your freezer full of treats – buy two boxes of feast lollies, £2 each, and get a third one for free at Iceland.

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DOUBLE KILLER & RAPIST JAILED FOR LIFE
SURVIVOR OF ATTACK RECOUNTS HORROR

CARMENZA

Family 'cannot wake from nightmare'

DOUBLE MURDERER

Levy on prowl in London Underground CCTV image

SHERYL

Mum of four was a 'beautiful soul'

He took away my soul like parasite

Fiend . . Levy will never be released

A SERIAL sex predator who murdered two women will die behind bars after he was handed a whole-life order yesterday — with a surviving victim saying: "He took my soul like a parasite."

One-eyed brute Simon Levy, 40, killed sex workers Sheryl Wilkins and Carmenza Valencia-Trujillo and brutally raped another last year.

He murdered while on bail for a string of sex attacks on the London Underground – and just months after being released from a three-year jail term for molesting two women in public.

Partially blind Levy showed no emotion at the Old Bailey as he was sentenced to life in prison without the possibility of parole.

His surviving victim, who cannot be named, said she thought she would die when he attacked her in a car park in Tottenham, North London, in January 2025.

In a victim impact statement, she said: "He took my soul like a parasite to make him stronger and to make me weak."

Levy then killed grandmother Carmenza, 53, before dumping her body at a derelict block of flats in Peckham, South London, two months later.

Cops arrested him for murder but released him under investigation. But in August 2025 he murdered mum-of-four Sheryl 39, near the car park of his January attack.

Carmenza's daughter Nazly Johana Fuenmayor Valencia told the court: "We have been living a nightmare we cannot wake up from. We don't know why she was taken from us."

Sheryl's younger sister Lindsey Hicks told Levy she hoped he will "rot in prison for the rest of your life." She added: "Sheryl was a beautiful soul who you cruelly took away in an evil act."

By EMILY-JANE HEAP and MIKE SULLIVAN

Levy was found guilty of the murders and rape. Judge Mark Lucraft KC, sentencing him, said: "You are someone who appears to have a morbid fascination with sex, rape and crime".

Levy had been already jailed for six years for groping ten young women on the Tube between 2023 and 2025 – and for sexually assaulting a prison officer in 2022.

Following the revelation that Levy killed while he was being investigated already for the Tube attacks, Britain's top cop Sir Mark Rowley warned police are "routinely seeing dangerous people bailed by the courts".

The Met Commissioner said: "With more offenders not being remanded in custody, there is more risk on the streets, and that's hard for us to contain all of it."

Charity Rape Crisis said the case "demonstrates a myriad of failure within the criminal justice system".

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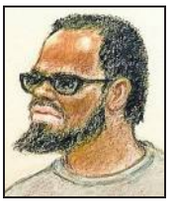
> We have been living a nightmare we can't wake up from
> — DAUGHTER OF MURDER VICTIM



Court sketch . . . Levy

Threat to skin me ignored by police

EXCLUSIVE by MICHAEL HAMILTON

A VICTIM of sex fiend killer Simon Levy has told how he threatened to "skin" her after assaulting her on a bus.

The woman, then 26, immediately reported his May 2018 attack to cops but a CCTV image was not clear enough for a public appeal.

She reported the incident again last week, and was ignored.

Recounting her daytime ordeal on the No63 in Peckham, South London, she said: "I was standing by the double doors and he sat opposite me.

"He started stroking my arm. I said loudly, 'leave me alone'. I was hoping someone might intervene but no one did.

"He kept touching me so I tried to move.

"He leant forward and said, 'I'm going to rape you but first I am going to take your skin'." The woman got off the bus but Levy followed her. She

Trial . . . Judge Lucraft

hid among schoolchildren and got back on the bus without him seeing.

Two months later Levy sexually assaulted a woman at Camden market, North London, in his first known attack.

His bus victim later avoided public transport and moved abroad. But she was back in the UK last Friday as Levy was convicted of two murders.

The next day she asked to speak to a detective in Islington. The woman said: "The officer said he'd speak to his sergeant and said, 'give me your email and phone and someone will be in touch'. That was it. The sergeant didn't even come out to see me.

"It was traumatising to relive the events but they couldn't be bothered.

"I am horrified the person who threatened me eight years ago was Levy.

"He was a vile individual and very dangerous."

A detective called the victim on Monday.

The Met apologised and has updated guidance for people with information on Levy to come forward.

EX-QUEEN RIDER KILLED BY HORSE

By ALEX WEST

A CHAMPION horsewoman trusted to ride the late Queen Elizabeth's horses died in a fall during a cross-country competition, an inquest was told.

Sophie Fouracre, 34, suffered a massive trauma when she came off off mare Rhubarbsfox Britannia, which was unhurt.

The mum of two, of Basingstoke, Hants, had returned from holiday in Italy with her husband and kids shortly before the tragedy at Swalcliffe Park Equestrian near Banbury, Oxfordshire.

The Oxford inquest on Mrs Fouracre, who ran an eventing company where she offered her services as a teacher, is set to resume in November. Just hours after the tragedy, on July 18, another long-time rider and mother, Kerry Donoghue, died in a similar accident at the Penrith Horse Trials in Cumbria.

Kerry, 42, of Glasgow, had told a podcast a month before that she was considering quitting the sport after seeing a horse crush a rider.

Commenting on the deaths, British Eventing boss Rosie Williams said: "The loss of two members of our eventing family on the same day is almost beyond words. The sadness of these events will be felt profoundly across the sport."

'Significant' injuries . . . Sophie

Juke car a hazard

THE Nissan Juke is now Britain's most stolen car, figures show.

The Tekna CVT model was taken more than any other motor in the first half of the year.

Electric cars were targeted more than ever, with four in the top 20.

Research of DVLA data by insurer Tempdata found 25,050 thefts in total — with a car stolen every ten minutes.

DOUGH PAY ME . .

Opera star Lesley Garrett, 71, says she banked £10,000 for singing one high note in a TV ad for champagne 40 years ago.

GOVT'S SUMMIT

Hather dip . . . young trio at Derbyshire pool

PM 'TO BAN DISPOSABLES'

Toast on the coast . . . sun worshippers bask at busy Lyme Regis beach yesterday

BBQ.. what a scorcher

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ON HEATWAVES

Dawn run . . . morning gallop at Watesrhip Down, Hants

FEARS OVER UK WILDFIRES

Picture: ALAMY

Grill risk . . and aftermath of a fire at Dunwich, Suffolk

BRITS continued to soak up the heat yesterday — as PM Andy Burnham urged shops to stop selling disposable barbecues amid the risk of wildfires.

By ALEX WEST

He held an emergency Cobra meeting ahead of the summer's fifth heatwave sending temperatures to 38C (100.4F) today.

Some major supermarkets have stopped selling single-use grills – a favourite for outdoor gatherings – in line with voluntary guidance from the National Fire Chiefs Council.

Afterwards Mr Burnham said: "I'd ask all retailers big and small to adhere to that. Longer term we will look at whether a temporary ban in the summer months is justified."

The NFCC's Phil Garrigan said: "We all need to do what we can to reduce the risk – one small spark can be all that is needed."

England and Wales have seen 1,017 wildfires so far this year – the same as in all of 2025. Crews were continuing to battle a major blaze in Hampshire's New Forest.

Nearly three-quarters of England and all of Wales are in drought as August's dry start follows the driest July on record.

Amber "extreme heat" warnings are in place for London, the South East, Midlands and South Yorkshire until midnight tonight.

Yesterday beachgoers again packed Lyme Regis, Dorset.

Hannah Stevens, 23, Lily Johnson 23, and Edward Baker, 26, were among bathers to cool off at Hathersage pool, Derbyshire.

Southern Water has applied for a rare drought order which would ban businesses from non-essential water use including cleaning cars and filling non-domestic pools.

It has warned that 165,000 people in its Southampton West area could face restricted supplies following an "exceptional" lack of rain.

WEATHER'S A BIT TOO SCOT AT BBC

THE BBC has apologised after viewers said they could not understand the "hard accent" of a Scottish weather presenter.

By PAUL SIMS

Judith Ralston, 58, a regular north of the border, spent a week working nationally in London earlier this month.

But one person went online to say she was "virtually incomprehensible" even with the sound on the TV turned right up on segments including the lunchtime news. Another moaned that Judith "has a hard accent to always understand".

But Scottish viewers defended the former opera singer. One said: "Her accent isn't the problem, her microphone, however, seems to be an issue as it fades in and out." The Beeb confirmed a technical problem, now fixed, had caused "the audio levels to be lower than intended".

Audio issues . . . Judith

A spokesman said: "We apologise for any inconvenience this may have caused."

Judith, who joined BBC Scotland in 1999 as a reporter before moving into weather, said she enjoyed her London stint. She said: "It was great to get the opportunity."

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ONE IN FIVE HILL BOOKIES CLOSED

MORE than one in five William Hill betting shops have been forced off the high street in a year.

Bookies say they are having to close branches as punishing tax rises bite – and add that new PM Andy Burnham shows no sign of stepping in.

William Hill owner Evoke cut its shops from 1,302 in June 2025 to 1,024 this June. Some 200 shut in May alone. Yesterday Evoke, which also owns online gaming site 888, revealed it had taken a £46million hit from higher gambling duties.

By JAMES FLANDERS

Underlying earnings fell 10 per cent to £150.2million in the six months to June 30.

A 25 per cent online betting duty, covering all sports except horse racing, comes in next year.

The Sun's Save Our Bets campaign has urged ministers not to raise betting duties at the Budget. Betting and Gaming Council boss Grainne Hurst said: "Ministers should be backing jobs, high streets and British sport – not making it harder for regulated businesses to survive."

Evoke is now preparing for a £243.1million takeover by Greek gambling group Bally's Intralot, after the companies said conditions made consolidation inevitable.

james.flanders@thesun.co.uk

Sweet Gem Lettuce 2 pack, 19.5p each. Sweetcorn 2 pack, 44.5p each. Specially Selected Easy Peelers 600g, £1.82 per kg. Sweet Tomatoes 500g, £2.38 per kg. Seedless Grapes Snack Pack 200g, £2.95 per kg. Pink Lady Apples 6 pack, 33.2p each. Fruit and Veg offers available from Thursday 13 August 2026 until Wednesday 26 August 2026. New offers start on Thursday 27 August 2026. Products and prices are correct at time of going to print but, due to growing conditions, are subject to change. Please see in store for latest offers. Product packaging and prices may differ in Scotland, Wales and Aldi Local. For more ways to save at Aldi, see **aldi.co.uk/save**

PREVENT MOZZIE BITES

By LAURA STOTT

BRITAIN is in the grip of mosquito mayhem as this week's heatwave – the UK's fifth of the summer – continues ideal conditions for the skin-snacking species. Experts say prolonged hot temperatures create a perfect breeding climate for the bugs and you are especially likely to notice more of them near water sources, where they lay their eggs.

If you think a pint will prevent mozzie woes, you are out of luck.

We reported last week that a new study showed beer drinkers were 44 per cent more likely to get chomped. Here, DR HELEN WALL gives tips on what you should, and shouldn't, do to beat the bites.

Lemons are such a buzz kill

DON'T: Wear Perfume

BLOODSUCKING mosquitoes zone in on us partly through smell, such as the carbon dioxide in our breath and all the other scents we emit, including sweat.

Once they bite they leave saliva under the skin, our body's reaction to these proteins is what causes the itchy welts.

Some fragrances and colognes, especially floral or fruity ones, make our skin more attractive to mozzies as they mimic the scent of food sources.

Sweet wafts are the worst, so steer clear of perfumes with notes such as vanilla, chocolate or rose. If you are prone to being bitten, go fragrance free.

DO: Shower:

MOSQUITOES are extremely sensitive to body odours so if you don't hop in the shower after a day under the hot sun, you might find you become a bite buffet.

If you have been exercising or doing activities that make you sweat, you are more likely to have lactic acid on your skin which the nibblers love. Wash it off so you don't become a pest magnet.

DON'T: Drink Beer

A NEW study found those who sipped a pint were more likely to find themselves itching than non-drinkers. The study also advised avoiding bananas.

However, more research is required here. Alcohol generally can change your body odour and make skin warmer which can lead to being chomped on. While we aren't wholly sure beer is always to blame, it could well be a contributor.

Whatever precautions we take, studies show up to 20 per cent of us are more likely to be bitten due to our genes, so I wouldn't give up your pint altogether. But if you are being eaten alive, it is worth trying alternative tipples.

DO: Use deodorant

SOME studies say applying deodorant can reduce your chance of being bitten by as much as half.

Wearing antiperspirant reduces sweat levels to prevent the strong body odours that serve as bug magnets.

Some chemicals can confuse mozzies so they actively avoid you, but as different brands have varying ingredients I wouldn't rely on any one as a proven "repellent".

But in combination with other bug battling techniques, deodorant should help.

DO: Try a fan

HAVING a fan circulating airflow, especially near the bed at night, may prevent the little buzzers flying towards you as they are not powerful flyers.

Even if they do get close, the breeze from the blades may still stop them from being able to land and tuck in.

The other benefit is that enticing body odours will be diluted or muddled for the mozzies too. So do try it.

DON'T: Wear Red

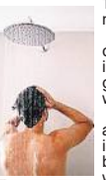
THE flying pests are naturally attracted to bright colours such as red, orange and blue – but they are also drawn to black.

So avoid these colours if you are prone to bites or in an area with a high concentration of the bugs, such as near a river.

Instead, wear white or beige as a study showed this reduced attraction. Wearing long sleeves and minimising exposed skin will also help to deter them. You can spray clothes with insect repellent too.

DO: Grab a lemon

STUFFING a fresh lemon half with ten dried cloves and placing it on a table or by your bed is a cheap and simple TikTok hack for deterring mosquitoes.



Other natural smells critters are said to loathe include catmint, lemongrass and eucalyptus, which are all worth a go.

But don't rely on these alone. The risk of disease is extremely low in the UK but in foreign countries where mosquitoes carry infections like malaria, you need proper insecticide.

DO: Buy insect repellant

PRODUCTS containing 20 to 50 per cent DEET (*try Jungle Formula, £8, Sainsbury's*) are recommended by the NHS because this ingredient is a proven mosquito repellant. You can also try the substance Picaridin (*Smidge, £6.45, Boots*). Plug-in vaporisers work well, too.

If you do get bitten, wash the area and apply a cold compress on swellings.

Try not to scratch as bites can become infected. If you feel unwell, speak to a pharmacist or a GP.

3 in biker murder charges

THREE men including a world champion kick boxer have been charged with murdering an 18-year-old in a crash.

Martial arts expert Tyler Ford, 18, is accused of killing Ceiran Evans in a collision between a car and an off-road motorbike. Elliot Truelove, 33, and Liam Thomas, 18, face the same charge.

Ceiran was on the bike when it was hit by an Audi in Gorseinon, Swansea, last month.

The accused, all from Swansea, are also charged with attempting to murder a second person on the motorbike.

The trio are in custody to face the city's crown court at a later date.

HERE'S HAMBI

A rare baby Indonesian babirusa, also known as pig-deers, named Rana has made her public debut at Chester Zoo.

ROCKER VOWS QUICK RETURN

SIR ROD GIGS AXED AFTER OP ON HEART

SIR Rod Stewart has had a heart operation — forcing him to scrap the rest of a tour.

The 81-year-old has axed the last 14 dates of his One Last Time farewell in the US and Mexico.

Yet the resilient rocker is already "on the mend" after the routine stent procedure to fix a blocked artery – and raring to return.

'On the mend' . . . singer

By JACK HARDWICK

A statement posted on his Instagram read: "Doctors are pleased with his recovery.

"Rod is doing very well and has returned to his normal daily activities.

"On the advice of his doctors, he will take the next four weeks to recuperate and regain full fitness before returning to the stage.

"Unfortunately, this means he will be unable to continue his current tour dates."

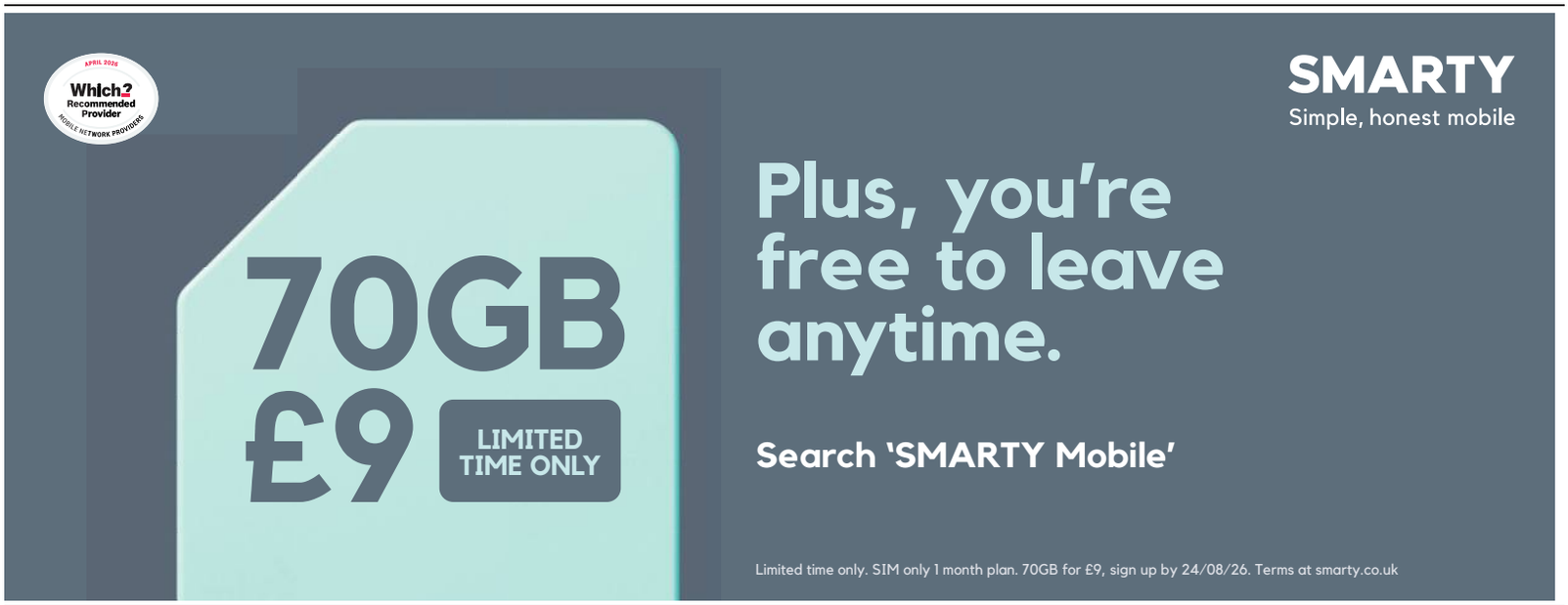
Rod, who thanked those involved in his care, added: "I'm already feeling better and very much on the mend.

"I'm deeply disappointed to miss these shows and sorry to let my fans down, but I look forward to getting back on stage and having a good time with you all again soon."

It is the second time he has had to axe shows this year on health grounds. Laryngitis put paid to a US gig in June.

Last year, he postponed a performance in Las Vegas due to a sinus infection. But he recovered in time to play the Sunday Legends slot on the Pyramid Stage at the Glastonbury Festival in Somerset.

jack.hardwick@thesun.co.uk



Migrant's wife may save him

AN illegal migrant jailed for stealing a Rolex watch and handbag worth £40,000 could escape deportation because of his British wife and children.

Seddik Belmadani, an Algerian chef in his 30s, was set to be booted out after stealing the items from a vulnerable woman at Heathrow in 2022.

Belmadani, freed from prison after being jailed for 30 months for theft, lost an appeal against a decision to deport him.

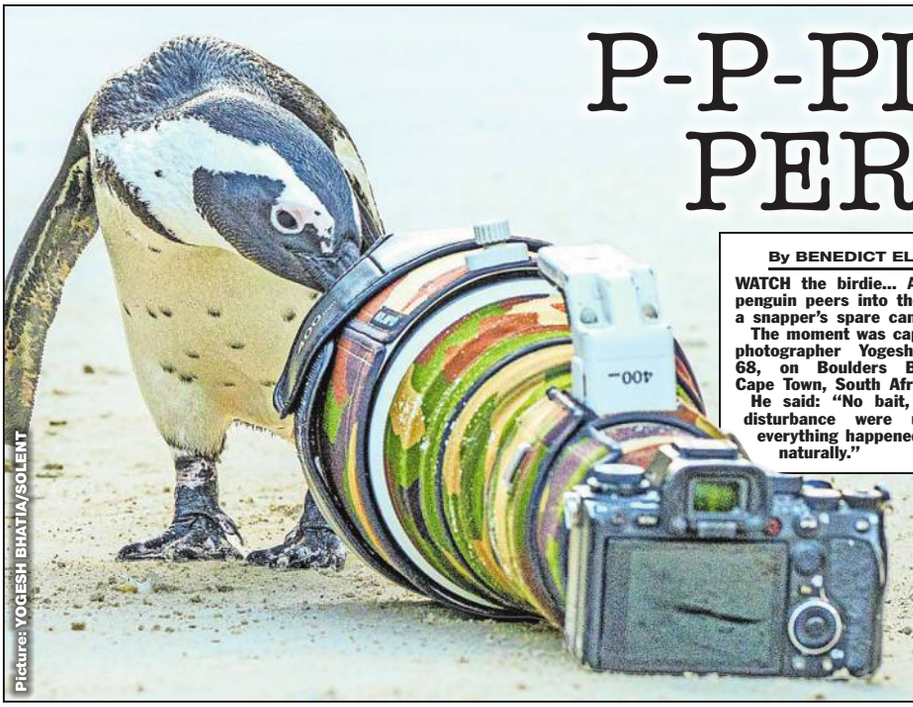
But a higher asylum tribunal ruled the effect on his wife and two kids had not been properly considered.

Judge Elizabeth Ruddick said the case was "infected by unfairness" and must be re-heard.

JUNKY BUSINESS

A third of Gen Z regularly trawl junk shops and flea markets for vintage furniture, decor and fashion, a survey found.

P-P-PICTURE PERFECT



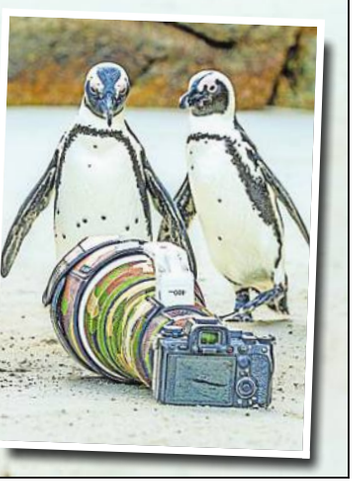
Picture: YOGESH BHATIA/SOLENT

By BENEDICT ELLIOT

WATCH the birdie... A curious penguin peers into the lens of a snapper's spare camera.

The moment was captured by photographer Yogesh Bhatia, 68, on Boulders Beach in Cape Town, South Africa.

He said: "No bait, calls or disturbance were used — everything happened entirely naturally."



Heart blip . . Mr Nasr

Death of student who took a fat jab

By STEPHEN MOYES

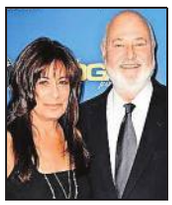
AN American law student died at her British university after taking weight-loss medication, an inquest heard.

Josephine Nasr, who was overweight but not obese, had been prescribed Zepbound, the US brand name for Mounjaro, by a doctor back home.

An empty vial was found after staff at the University of East London, Newham, entered her room to check on her last September.

Josephine, 19, had spoken to family in California by phone two hours before and said she had been feeling nauseous. Her sister raised the alarm when she rang back but got no answer.

Coroner Graeme Irvine recorded a narrative conclusion at East London coroner's court, saying that Josephine had a congenital heart condition and the drug would probably have triggered a fatal heart rhythm.



Parents . . Michele, Rob

Son 'lay in wait' to kill mum & Reiner

By SCARLET HOWES

THE son of film director Rob Reiner was lying in wait before killing him, claims a new indictment – which may mean he faces the death penalty.

Nick Reiner, 32, is alleged to have fatally stabbed mum Michele, 70, and When Harry Met Sally director Rob, 78, in their Los Angeles home last December.

Yesterday he pleaded not guilty to the murders.

The death penalty has been paused in California and prosecutors have yet to decide if they will pursue it. But they said: "This was a profound betrayal by someone who was loved and trusted by the very people he is accused of killing."

The grand jury indictment, a quicker path to trial, claims Reiner used a knife in the killing.

He is seeking money from a trust set up by his parents, saying he needs it to help in his defence.

FULL DECEPTION OF 'CRIMINAL PRO

'Mindhunter' w quizzed world's was fantasist

FLIGHTS OF FANCY . . . Harrison delivers talk about his supposed exploits

By ROBIN PERRIE

AS a criminal profiler dubbed Britain's Mindhunter, Paul Harrison had his audience entranced with chilling tales of the world's most notorious serial killers.

A packed theatre sat spellbound as he recounted his meetings with Jeffrey Dahmer, Ted Bundy and John Wayne Gacy in a bid to work out what made them tick – and all at the request of the FBI.

The only problem was, none of it was true.

Harrison, also a true crime author, made an estimated £100,000 from sell-out shows like the one I attended at the Tyne Theatre in Newcastle.

But that event would prove to be the beginning of his end after I set about investigating his fantastical claims to have quizzed 70 of the world's worst killers.

When The Sun published an exposé in 2019 – revealing that in reality Harrison had been a beat bobby in Kettering, Northants – he apologised to fans and vanished from public view.

But his incredible story is now being retold in an absorbing podcast called The Mindhunter.

Narrated by journalist Francisco Garcia, the six-part Audible Original show, out today, lays bare the full extent of Harrison's deception.

As well as his criminal profiling claims, he also said he had been at gangster Reggie Kray's death bed, had worked as a close personal protection officer for the King of Jordan and was the inspiration for numerous fictional television detectives.

He also reckons he worked as a firearms officer escorting nuclear convoys and as an undercover officer who had infiltrated a football hooligan gang.

'Con man and wazzock'

In an earlier and even more bizarre chapter of his life, he even faked his own death amid a legal battle, claiming to have died on an archaeological dig in Egypt.

The case has striking parallels to that of Professor Jason Arday, the academic who last week quit Cambridge University over a string of dodgy claims about his achievements.

Fantasist Harrison targeted the world of true crime rather than academia but, just like Arday, his sparkling CV went unchallenged for years.

Following his supposed death in Egypt, he re-emerged a few years later, claiming to be one of the world's foremost experts on criminal psychology.

Harrison alleged that he first worked with the FBI in 1982 when agents invited him to its Quantico academy after he wrote to them out of the blue about his interest in profiling.

He said he was given access to America's most infamous killers on an almost daily basis and worked on and off with the FBI for a decade.

As well as Dahmer, Bundy and Gacy, he said he had met Charles Manson and Amityville Horror murderer Ronald DeFeo.

Harrison told his audiences: "Ted Bundy walked in like Liam Gallagher. He had a look of contempt on his face. He slowly walked behind me and stopped right behind me.

"Every part of my body was telling me to look round as you've got Ted Bundy behind you. I sensed him move forward, I felt his body heat on me. Then he bent down.

"He sniffed me and I thought this is going to be horrific, but he said, 'I can smell your cologne'."

In his book Mind Games, Harrison boasted that Bundy told him he was the "guy who gets inside our heads".

He said he worked with the FBI's pioneering Behavioural Science Unit which features in the film Silence Of The Lambs and the Netflix series Mindhunter, leading to his nickname of Britain's Mindhunter.

Harrison's growing profile meant he landed a regular slot on the CBS Reality channel as a criminal expert and was able to splash out on a Jaguar, which he drove to his shows.

He also claimed that Peter Sutcliffe invited him to Broadmoor so they could discuss writing his life story – but that they failed to hit it off.

Harrison said in an interview: "He said to me, 'Why are you so cold towards me? You seem completely indifferent to me. I'm scared of you'.

"I wanted to tell him what I thought. I said to him, 'Good. I don't like you'."

Harrison also claimed that notorious London gangster Reggie Kray wanted him to write his life story, and that they became such close pals he invited him to visit him on his deathbed in 2000.

But his barely believable claims – and his lucrative career – fell apart when The Sun began investigating.

It is not easy to prove someone did not do something they claimed they did, especially when it was decades ago in the pre-internet age.

I knew that the only way we could publicly accuse Harrison of being a fantasist was to methodically unpick every one of his claims.

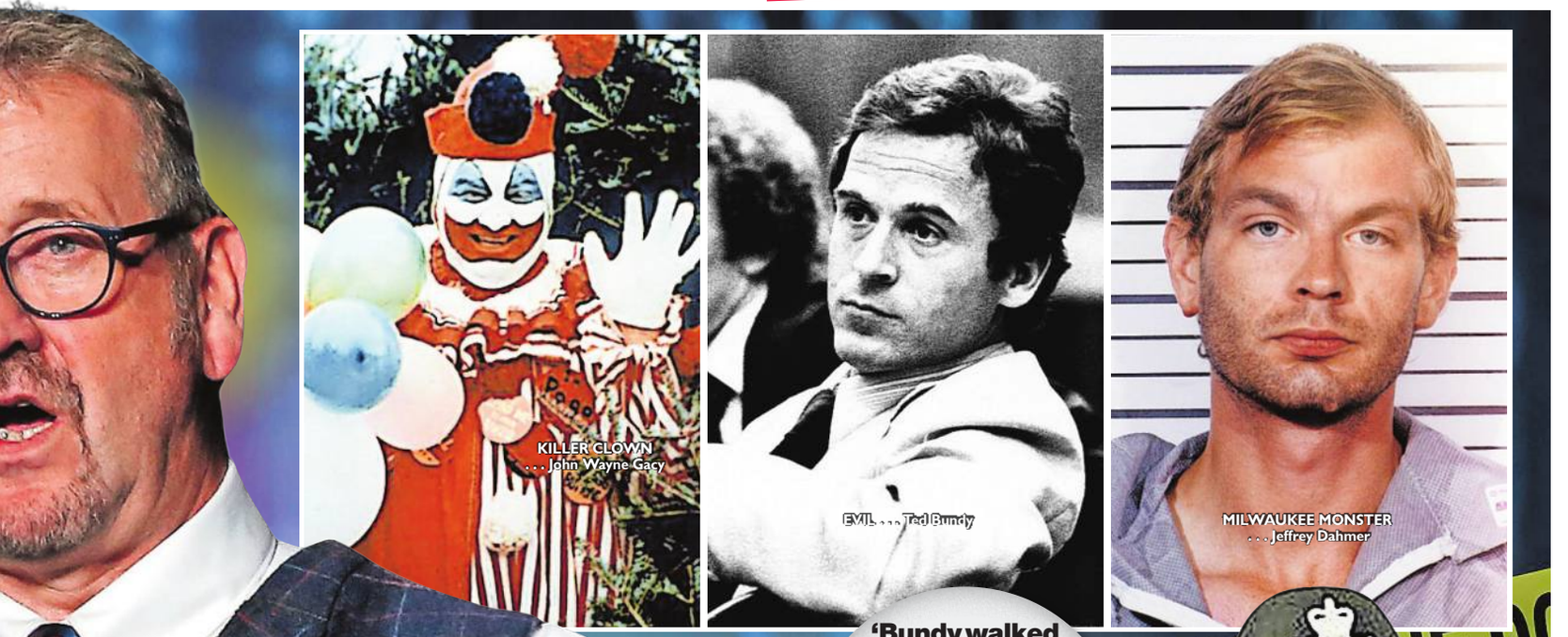
I had a contact who had links to the Krays' inner circle who was able to check for me whether he had indeed been a friend of Reggie's.

Former Krays henchman Freddie Foreman responded with the message: "Reggie Kray was not a friend of Paul Harrison. He wouldn't entertain the police in his company and Harrison certainly wasn't at Reggie's final days'

'Reggie Kray was not a friend of Paul Harrison. He wouldn't entertain the police in his company and Harrison certainly wasn't at Reggie's final days'
–FREDDIE FORMAN

TALL TALES . . . ex-Cambridge professor Jason Arday

OFILER' EXPOSED BY THE Sun FINALLY TOLD



KILLER CLOWN . . . John Wayne Gacy

EVIL . . . Ted Bundy

MILWAUKEE MONSTER . . . Jeffrey Dahmer

'Bundy walked in like Liam Gallagher. He stopped behind me. I felt his body heat. He sniffed me and I thought this will be horrific. He said, "I can smell your cologne"'

who claimed to have worst serial killers PC from Kettering

REAL JOB . . . Harrison in his days as a beat bobby

ce in his company and he cer-
ly wasn't at Reggie's final days."
nother contact was close to the
kshire Ripper and was able to
Sutcliffe whether he had ever
ed Harrison to Broadmoor.
s response, in a letter passed to
Sun before his death in 2020,
even more cutting, calling
rison a "charlatan, a con man
a wazzock".

'Wads of cash'

e added: "He never corresponded
me, nor did he ever visit me."
rucially, I needed to check
rison's claims that he had worked
the FBI.
he agency's press office would
help with staffing matters so I
ked down former agent Mark
rik, who did work in the Behavioural Science Unit for 12 years.

He told me: "I have never heard of Paul Harrison. He is making all this up."

Not only that, Mark reached out to a number of other former agents, seven of whom confirmed they had never heard of Harrison.

The most bizarre chapter of Harrison's life came in 2010 when he sued Carlisle United over the copyright of some photos the club had used. As well as being a Leeds fan, Harrison is a Carlisle supporter and has written a number of books about the club.

But he had a falling-out with them over the snaps and took the club to court in a case which would have left him with a hefty legal bill had he lost. It was lined up to be heard at Romford County Court in London but the court then received a letter to say Harrison was dead. Fellow Carlisle fan Neil Nixon heard the news and wrote an obituary in a fanzine, but was then stunned to discover Harrison was still alive.

Neil said: "He sent me an email to tell me he'd been through some really difficult stuff. I was left thoroughly bemused."

Harrison has been married four times, with his third marriage to Mandy Doyle falling apart after we published our investigation.

Mandy said: "When he started the serial killer talks he got bigger and bigger. It was amazing and the money he made was ridiculous. He would come home with wads of cash.

"I think he made around £100,000, easily, but his books were all fiction.

"I did the research on the killers for him. He never met any of them."

When he was exposed, Harrison posted on Facebook to say: "I've let everyone down, I'm sorry."

He has never responded to The Sun's requests for comment and did not respond this time either.

But he did send an email to the podcast team answering some of the claims against him.

However, he did not respond to the claims that he was never a criminal profiler, had never spoken to Peter Sutcliffe and was not present in Reggie Kray's final days.

In relation to the stories told in his show, he said: "I won't discuss in depth the shows. I was always told they were good entertainment.

"The producers knew and were told they were for entertainment purposes."

He denied writing the Facebook message apologising to fans, blaming it on his social media team. He did not deny an email was sent to people saying he had died, but did deny that he sent it.

He maintains that he did work as a protection officer for the King of Jordan, as a nuclear cop and as an undercover cop and that he had been the inspiration for TV detectives.

He described the claims that he made up his meetings with notorious serial killers as "false allegations" and said they would be dealt with in his own podcast in the near future.

Until then, fans of true crime – and all the other areas Harrison has written books about – can tune in to The Mindhunter to decide for themselves whether his incredible life is fact or fiction.

● The Mindhunter is available on Audible now.

Thursday TV GUIDE

4-PAGE SECTION

BBC ONE

6am Breakfast (S)
9.30 Animal Park Keepers hand-rear a pair of fennec fox kits. (R,S)
10.00 Trace, Track, Get My Car Back Jason and Alan close in on a stolen car in Maidenhead. (R,S)
10.30 European Athletics Championships: Birmingham 2026 LIVE Jeanette Kwakye presents coverage of the opening session on day four from Alexander Stadium, including the women's 800m and 400m semi-finals. (S)
1.15 BBC News (S)
2.00 Money For Nothing Sarah Moore searches Witley recycling centre in Surrey. (S)
2.45 Escape To The Country A couple search for a new home in either Worcestershire or Warwickshire. (R,S)
3.30 The Repair Shop Experts restore a vintage rugby shirt, a serving plate, a map and an accordion. (R,S)
4.30 The Answer Run Quiz hosted by Jason Manford. (S)
5.15 Pointless Alexander Armstrong is joined by Ria Lina. (R,S)
6.00 BBC News (S)
6.30 Regional News (S)

8pm Amy Hunt in European Athletics Championships: Birmingham 2026

7.00 The One Show Alex Jones and Roman Kemp continue the 20th birthday celebrations. Owain Wyn Evans is live from a community garden in Wales and there's a look back at One Big Thank You. (S)
7.30 EastEnders Amy confides in an unlikely source, Nicola and Eve bond over their shared experiences, and Ian finds himself in a worrying situation as events continue to unfold at the prison between him and Gray. (S)
8.00 European Athletics Championships: Birmingham 2026 LIVE Gabby Logan presents further coverage of the evening session on day four from Alexander Stadium, including the women's 200m final. (S)
10.00 BBC News (S)
10.30 Regional News (S)
10.40 Yesterday FILM Jack, a struggling musician, gets hit by a bus during a mysterious event. When he regains consciousness, he finds that he is the only person who can remember the Beatles, and sets out to exploit the opportunity by passing their hits off as his own compositions. Comedy with Himesh Patel and Lily James. (2019) ✪✪✪ (S)
12.30 Alan Carr's Picture Slam With contestants from Coventry, London and Glasgow. (R,S) Followed by **Weather For The Week Ahead 1.20-6am** BBC News (S)

BBC TWO

6.30 am The Bidding Room (R,S)
7.15 Money For Nothing (R,S)
8.00 Sign Zone: Gardeners' World With Frances Tophill. (R,S,SL)
9.00 BBC News (S)
10.30 Antiques Road Trip (R,S)
11.15 Homes Under The Hammer Property auctions. (R,S)
12.15 Bargain Hunt (R,S)
1.00 Richard Osman's House Of Games (R,S)
1.30 The Finish Line (R,S)
2.15 Do You Know Your Place? With Vernon Kay. (R,S)
2.45 The Great Rift: Africa's Wild Heart The Great Rift Valley. (R,S)
3.35 Spy In The Ocean The challenges that ocean life must overcome. (R,S)
4.35 Vintage Antiques Roadshow From Dunrobin Castle. (R,S)
5.15 Flog It! From Barnard Castle in County Durham. (R,S)
6.00 Richard Osman's House Of Games Chris Bisson, Danielle Harold, Katharine Merry and Robert Webb take part. (R,S)
6.30 Bear Grylls: Wild Reckoning A woman who wants to mend her fractured relationship with her daughter. (R,S)

9pm David Olusoga charts more British history in A House Through Time

7.00 European Athletics Championships: Birmingham 2026 LIVE Coverage of the evening session on day four from Alexander Stadium, including the start of the women's triple jump and pole vault finals. Coverage continues on BBC One. (S)
8.00 The Big Deal With Steph McGovern NEW (1/6) Seven pairs of aspiring art dealers compete to spot talent, negotiate deals and make a profit for the ultimate chance to win £50,000 worth of British art. (S)
9.00 A House Through Time NEW (1/4) David Olusoga charts more British history as lived through by the successive inhabitants of a house, this time a property in Edinburgh. (S)
10.00 Red Dwarf (1/6) Rimmer strives to earn a commission and qualify for transfer to an advanced holoship containing the cream of the Space Corps and a woman he has developed feelings for. (R,S)
10.30 Newsnight Analysis of the day's events with Katie Razzall. (S) Then **Weather**
11.05 Murder Trial: Death Of A Dog Walker (1/2) A former gamekeeper is accused of the murder of a colleague. (R,S)
12.05 The Devil In The Family: The Fall Of Ruby Franke (R,S) **12.55** Sign Zone: Ambulance (R,S,SL) **1.55-2.55am** Evolution (R,S,SL)

itv1

6am Good Morning Britain (S)
10.00 This Morning Daily magazine, featuring a mix of celebrity chat, showbusiness news, lifestyle features, topical discussion, health and beauty advice and more. Including Local Weather. (S)
1.30 ITV News (S)
1.55 Regional News (S)
2.00 Dickinson's Real Deal Newcastle Racecourse plays host, where a couple of pistols catch Helen Gardiner's eye, and Henry Nicholls lets his heart rule his head as he splashes out on a rare Christmas single. (R,S)
3.00 Deal Or No Deal Zee tries to open the 22 red boxes in the right order. (R,S) Followed by **Local Weather**
4.00 Tipping Point Ben Shephard hosts the arcade-themed quiz in which contestants drop tokens down a choice of four chutes in the hope of winning a £10,000 jackpot. (R,S)
5.00 The Chase Quiz show hosted by Bradley Walsh. (R,S)
6.00 Regional News (S)
6.30 ITV News (S)

8pm Dylan admits to April that he has been struggling in Emmerdale

7.30 Tom Kerridge Cooks Italy (5/6) Tom explores Italy's mountains, uncovering the culinary secrets of chestnuts and pasta. In Emilia-Romagna's Apennines, he joins producer Adrian for the chestnut harvest, then prepares pork loin with chestnuts and wild mushrooms. Later, amid the spectacular Dolomites, he discovers how the fresh mountain environment shapes the region's distinctive cuisine today. (S)
8.00 Emmerdale Dylan admits to April that he has been struggling. (S)
8.30 Coronation Street Tim takes in Richie's daughter Lucy without consulting Sally, and Harry objects to Kit's childcare solution. (S)
9.00 The Chase Around The World (5/6) The teams land in Zurich to take on the Governess and the Dark Destroyer. Players must solve questions to navigate the city and find Bradley Walsh at the finish line. (S)
10.00 ITV News At Ten (S)
10.30 Regional News (S)
10.45 Quantum Of Solace FILM James Bond sets out on a personal mission of vengeance and uncovers a plan to cause a coup in a Latin American country. Spy thriller sequel starring Daniel Craig and Olga Kurylenko. (2008) ✪✪✪ (S)
12.35 Shop On TV 3.00 The Summit (R,S,SL) **3.50** Unwind With ITV (S) **5.05-6am** Deal Or No Deal: Celebrity Special (R,S,SL)

4

6.30 am The King Of Queens (R,S)
7.45 Everybody Loves Raymond Three episodes. (R,S)
9.10 Frasier (R,S)
11.10 Ramsay's Kitchen Nightmares USA Gordon attempts to revamp a country club and golf course restaurant in New Jersey. (R,S)
12.05 C4 News (S)
12.10 Find It, Fix It, Flog It Henry Cole and Simon O'Brien head to Brighton to meet recycler Cat, who has tons of junk in a series of sea containers. (R,S)
1.10 The Great House Giveaway A property valuer and a teaching assistant buy a house together in Merseyside. (R,S)
2.10 Countdown (S)
3.00 A Place In The Sun (R,S)
4.00 Saving Country Houses With Penelope Keith Transforming Ashby Manor's expansive parkland. (R,S)
5.00 Château DIY Chris and Jolyon work on their luxury hotel-style bedroom and bathroom. (R,S)
6.00 American Pickers Mike Wolfe and Frank Fritz encounter a never-before-seen farmer's mini-bike. (R,S)

10pm How vulnerable teenager Rhianan Rudd became The Schoolgirl Terrorist?

7.00 C4 News (S)
8.00 Renovation Rescue Vogue Williams and Luke Mabbott help widow Fiona finally breathe new life into her beloved family home. (S)
9.00 Spy Next Door: The Anna Chapman Story (2/2) The FBI reveals that Anna Chapman is just one of a sprawling web of Russian agents on the loose in the United States. When President Obama closes out a round of diplomacy with Putin, a swarm of FBI officers swoop on the network of Russian spies, leading to one of history's biggest spy swaps. And when there's a spate of suspicious deaths among UK residents with links back to Russia, 10 Russian officers are sent packing, including Anna Chapman: a move that goes down badly in Moscow. (S)
10.00 The Schoolgirl Terrorist? How Rhianan Rudd became the youngest girl charged with terror offences in the UK. (S)
11.05 Social Media Monsters (2/10) How a stalker sought revenge on her former boss, using LinkedIn, Instagram and X to ruin her reputation online. (R,S)
12.10 Crime Scene Cleaners (R,S,SL) **1.05** Secret Lives Of Gypsy Wives (R,S,SL) **1.55** Ramsay's Hotel Hell (R,S,SL) **2.45** Dictator: The Hitler Interviews (R,S,SL) **3.40** Fur Babies (R,S,SL) **4.35** Kirstie's House Of Craft (R,S) **4.55** Couples Come Dine With Me (R,S) **5.50-6.30am** Countdown (R,S)

5

6am Milkshake!
9.15 Jeremy Vine The broadcaster and guests discuss the issues of the day, with phone-ins and viewers' correspondence. (S)
11.30 Storm & Alexis Discussion and debate, presented by Storm Huntley and Alexis Conran. (S)
12.45 5 News (S)
12.50 Matt Allwright Debate on the day's biggest stories, and consumer advice to help viewers save money. (S)
2.20 The Replacement Daughter FILM When Jessica's mother is struck by a hit-and-run, she falls into the care of a wealthy woman, but not everything is what it seems. Thriller starring Stacy Haiduk and Emily Miceli. (2024) ✪✪ (S)
4.00 Castle A personal injury attorney is murdered. (R,S)
4.55 Love Nature A red kite feeding centre in the heart of mid-Wales. (R,S)
5.00 5 News With Dan Walker (S)
6.00 Crete: Jewel Of The Med An exploration of the largest of the Greek Islands. (R,S) Followed by **5 News Update**

8pm Peter Wright creates a pet memorial garden in The Yorkshire Vet Special

7.00 Around The World In First Class Josie Gibson heads for the tourist hotspots of Finland and Sweden, explores Stockholm, and enjoys a helicopter trip over part of an archipelago. (S) Followed by **5 News Update**
8.00 The Yorkshire Vet Special: Peter's Dream NEW Cameras follow Peter Wright as he creates a Yorkshire pet memorial garden, inspired by Sussex's pet chaplain and church. (S)
9.00 Benidorm Is Murder (3/6) Dennis and Rosa investigate when a cleaner finds a murder victim. Crime drama starring John Hannah and Carolina Bécquer. (S)
10.00 Killer At The Crime Scene Investigating the death of spa owner Ildiko Krajnyak, who was killed in a explosion at her beauty spa in Orange County, California. (R,S)
11.05 The Body In The Thames Investigating the murder of a child found dead in the River Thames in 2001. (R,S)
12.05 Street Cops: Catching The Yobs (R,S) **1.00** Teleshopping (R,S) **2.00** Entertainment News On 5 (S) **2.10** GPs: Behind Closed Doors (R,S) **3.05** Castle (R,S) **3.50** Friends (R,S) **4.35** Cruising With Susan Calman (R,S,SL) **5.25** Entertainment News On 5 (S) **5.35** Paw Patrol (R,S,SL) **5.45-6am** The Adventures Of Paddington (R,S,SL)

REGIONAL VARIATIONS

S4C: **6am** Cyw **12.00** Newyddion S4C A'r Tywydd **12.05** Cais Quinnell **12.30** Heno **1.00** Codi Hwyl **1.30** Sgwrs Dan Y Lloer **2.00** Newyddion S4C A'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C A'r Tywydd **3.05** Sioe Môn 2026 **4.00** Awr Fawr: Caban Banana Gareth **4.05** Chwedlau Tinga Tinga **4.20** Help Llaw **4.35** Mojo Swoptops **4.50** Annibendod **5.00** Stwnsh: Byd Rwtsh Dai Potsh **5.15** Larfa **5.20** Dyffryn Mwmin **5.45** Cuddio **6.00** Cynefin **7.00** Heno **7.30** Newyddion S4C A'r Tywydd **8.00** Pobol Y Cwm **8.25** Gwlad Y Basg: Gwilym Bowen Rhys **8.55** Newyddion S4C A'r Tywydd **9.00** Fairbourne: Y Mor Wrth Y Drws **10.00** Taclo'r Ty **10.30-11.35pm** Yr Afon

BBC TWO WALES: **11.05pm-12.05am** Eisteddfod 2026 With Huw Stephens

FILMS ✪✪✪✪✪ Brilliant ✪✪✪✪ Very Good ✪✪✪ Good ✪✪ Not Bad ✪ Poor (R) Repeat (S) Subtitles (SL) Sign Language

By **ROD McPHEE**
TV Editor

With
FELICITY CROSS
Deputy TV Editor
and
JANINE YAQOOB
TV Reporter

The Sun **TV biz**

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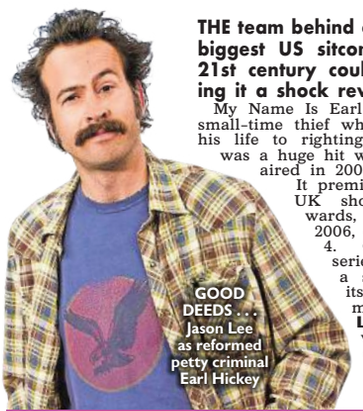
Get set for a lott more Earl

REVIVAL OF SITCOM WHO LOSES $100k TICKET



GOOD DEEDS . . . Jason Lee as reformed petty criminal Earl Hickey

THE team behind one of the biggest US sitcoms of the 21st century could be giving it a shock revival.

My Name Is Earl – about a small-time thief who dedicates his life to righting wrongs – was a huge hit when it first aired in 2005.

It premiered in the UK shortly afterwards, in January 2006, on Channel 4. Over four series it made a star out of its leading man, **JASON LEE**, but it was cancelled in 2009.

Now, 17 years later, it could be returning.

A TV insider said: "It's not clear if this would be a continuation of the original story or a total reboot, but essentially they will be tapping into the spirit of the show's first outing for this comeback.

"The move comes after the revival of Malcolm In The Middle, another classic from the Noughties, which returned earlier this year on Disney with the spin-off Life's Still Unfair.

"That saw the show's leading man, **FRANKIE MUNIZ**, reprise his central role, much to the delight of fans.

"Now execs are assessing just how successful that show has been before going ahead with any similar projects." My Name Is Earl is still proving popular on streamers Disney+ and ITVX.

It told the tale of ne'er do well Earl Hickey who loses his winning $100,000 lottery ticket after being hit by a car while he celebrates his good fortune.

Realising he has cheated death, he dedicates his life to doing good and, as a result, finds the lottery ticket. He then uses his new-found riches to continue doing good deeds.

During its run, the show scooped five Primetime Emmy Awards and was nominated for other gongs including the Golden Globes and Baftas.

Fingers crossed it is revived – My Name Is Earl has to be one of the best comedies ever.

ON TARGET . . . Sophia brandishes gun and, *inset left*, cops take aim while, *below*, a wad of cash is counted in a shifty scene

NEW CRIME CAPER AIMS FOR HEART

WIDE-EYED Sophia takes aim in the first episode of new thriller Hit Point, which debuts tonight.

Played by **NADIA PARKES**, the gun-toting woman is a lead character in the new six-parter on U&Dave.

But she's not the only one who is armed and dangerous in the crime caper. There's also **MOE BAR-EL** as Dylan – pictured in these snaps in a dressing gown and holding his hands up – **PETER SERAFINOWICZ** as the cap-wearing police officer Carter and cop Leo, played by **NICK BLOOD**.

The series is a deep dive into the dark underworld of the UK capital where murders, torture, drugs and (literally) mountains of cash are just par for the course – with **WILLIAM ABADIE** as gritty West London crime boss Pascal Dubois.

But intertwined with the gangster storyline is something of a romcom – Leo falls for his crime-fighting partner, Bella (**SAFFRON HOCKING**) as they investigate a £10million robbery.

Catch the action at 9pm.

ON SONG . . . Rowland on show

KELLY'S EMOTION ON VOICE

SOUL icon KELLY ROWLAND arrived in style for her new gig on The Voice, showcasing her vocal prowess in her very own blind audition.

With such impressive pipes, it's no surprise fellow coaches all turned their red chairs for the Destiny's Child singer.

She delivered a dazzling snippet of Emotion by the BEE GEES, which became a huge hit in 2001 when her band – including BEYONCE and MICHELLE WILLIAMS – recorded their own version.

Panellists SIR TOM JONES, WILL.I.AM and McFly's TOM FLETCHER and DANNY JONES couldn't spin their chairs fast enough to welcome their new colleague in a trailer for the series, which starts on August 22 on ITV1 and ITVX.

EMMA WILLIS returns as host and a new feature, the Rewind button, lets coaches change their minds about an act that didn't get a single chair turn in the blind auditions.

SAMSUNG'S free streaming service has launched four channels dedicated to some of our best-loved shows – ITV gameshow The Cube, BBC's Garden Rescue, featuring **CHARLIE DIMMOCK**, plus Channel 4 reality series Tattoo Fixers and Obsessive Compulsive Cleaners.

HOULT IN POTTER WIZARDRY

THE hotly anticipated Harry Potter series has added some more star power – with X-Men actor NICHOLAS HOULT joining the cast.

He will play Gilderoy Lockhart, a professor at Hogwarts School of Witchcraft and Wizardry, who was portrayed by SIR KENNETH BRANAGH in the films.

MAGIC . . . Nick

HBO's TV adaptation of JK ROWLING's best-selling books airs this Christmas, although Hoult will not be seen until season two.

JOHN LITHGOW has been cast as Hogwarts headmaster Dumbledore, PAPPA ESSIEDU plays Snape, NICK FROST is Hagrid and WARWICK DAVIS is Professor Filius Flitwick.

DOMINIC McLAUGHLIN stars as Harry, ARABELLA STANTON as Hermione and ALASTAIR STOUT as Ron.

More listings: Pages 30 & 31

SECOND SERIES FOR SNL

SATURDAY Night Live UK proved the naysayers wrong earlier this year, delivering comedy genius with viral sketches.

And it's back for a second crack, with six new episodes dropping on Sky and Now from September 12.

Broadcast live each week, the series will once again welcome a different celebrity host and musical guest for each episode.

HOST . . . Tina

The first outing featured TINA FEY, JAMIE DORNAN, RIZ AHMED, JACK WHITEHALL, NICOLA COUGHLAN and AIMEE LOU WOOD as presenters, with KASABIAN and FOO FIGHTERS among the musical guests.

All 11 members of the cast, including JACK SHEP, EMMA SIDI and PADDY YOUNG – will return for the new series.

More shows are already being planned for early next year, too.

DAVID ATTENBOROUGH will return to explore the hidden wild world of Britain's backyards in a second series of Secret Garden, reports TV industry website Broadcast. The celebrated naturalist will narrate more episodes of the BBC programme which centres on everyday local wildlife.

STRICTLY IN TIK-UP EXERCISE

THE Strictly Come Dancing professionals have been given training in making Tiktok videos.

It comes amid the BBC's obsession with social media, with this year's line-up of 15 celebs and 19 professional dancers boasting 47.2million followers between them.

New Ukrainian dancer Aleksandra Isaeva revealed the troupe attended digital workshops.

VLOG . . . Aleks

In a new vlog about training, she said: "Today was a speaking day. We did a TikTok session."

She asked fellow newbie, Italian Cristian Priori: "Are you good at TikTok?" He replied: "Doing better."

YouTube star JOHN NELLIS leads the digital big-hitters, with 19.7million followers. Hairdresser CHRIS APPLETON has 7.4million and DANI DYER has 4.5million. Dancer DIANNE BUSWELL has 2.9million.

Thursday

Sun TV 4-PAGE SECTION

FREEVIEW

BBC THREE freeview 23

7pm The Catch Up **7.05** Deadly 60 **8.00** Sort Your Life Out With Stacey Solomon **9.00** Better Date Than Never **10.30** RuPaul's Drag Race UK: Meet The Queens **10.55 FILM** Bridget Jones's Baby. Comedy sequel starring Renée Zellweger, Colin Firth and Patrick Dempsey. (2016) **12.50** The Kim Kardashian Diamond Heist **1.35-2.50am** The Trouble With Kanye

BBC FOUR freeview 9

7pm Villages By The Sea **7.30** Wainwright Walks **8.00** Operation Mincemeat **9.00** The Coen Brothers Story **10.00 FILM** Inside Llewyn Davis. Coen brothers drama starring Oscar Isaac and Carey Mulligan. (2013) **11.40 FILM** Shaft. Blaxploitation detective thriller starring Richard Roundtree. (1971) **1.15** Wainwright Walks **1.45-2.45am** Operation Mincemeat

ITV2 freeview 6

6am Backyard Builds **6.30** Dress To Impress **7.30** The Real Housewives Of Potomac **8.20** The Real Housewives Of Beverly Hills **9.15** The Only Way Is Essex **10.15** Dawson's Creek **11.10** Charmed **12.10** Deal Or No Deal **1.10** Supermarket Sweep **2.10** The Floor **3.10** The Only Way Is Essex **4.10** The Real Housewives Of Potomac **5.00** The Real Housewives Of Beverly Hills **6.00** Celebrity Catchphrase **7.00** The Floor **8.00** The 1% Club **9.00** Romesh Ranganathan's Parents' Evening **10.00** Changing Ends **10.35** Family Guy **11.35** American Dad! **12.35** Bob's Burgers **1.30-2.20am** Deal Or No Deal

ITV3 freeview 10

6am George And Mildred **7.05** Classic Emmerdale **8.10** Classic Coronation Street **9.10** Poirot **11.30** Heartbeat **1.35** Midsomer Murders **3.35** Classic Emmerdale **4.40** Classic Coronation Street **5.50** Heartbeat **8.00** Vera **10.00** Grantchester **11.50** Trial & Retribution **1.25-2.20am** Poirot

ITV4 freeview 26

6am The Derby Through The Years **6.20** River Monsters **6.50** Magnum, PI **7.50** Robin Of Sherwood **9.00** Boon **10.10** The Professionals **11.15** Robin Of Sherwood **12.20** Magnum, PI **2.25** The Casebook Of Sherlock Holmes **3.30** Boon **4.35** The Professionals **5.45** Minder **6.50** Sharpe **9.00** Benidorm **11.00** Black Sails **12.15** Hell's Kitchen **1.10-2.15am** The Professionals

E4 freeview 13

6am Modern Family **6.55** Rude(ish) Tube Shorts **7.00** Couples Come Dine With Me **8.00** Ramsay's Kitchen Nightmares USA **10.00** America's Funniest Home Videos **11.00** Below Deck: Mediterranean **12.00** The Simpsons **2.00** Brooklyn Nine-Nine **3.00** Modern Family **5.00** The Simpsons **8.00** The Great Celebrity Bake Off For Stand Up To Cancer **9.00** Cruising Paradise: Above And Below Deck. The crew have to improvise. **10.00** Gogglebox **11.05** Naked Attraction **12.10** First Dates **1.15-2.15am** Cruising Paradise: Above And Below Deck

MORE4 freeview 18

8.55am Find It, Fix It, Flog It **10.00** Four In A Bed **12.40** Come Dine With Me **3.20** Four In A Bed **5.50** Car S.O.S **7.55** Grand Designs **9.00** The Reclaimers: Made In Suffolk. Hayley embraces seasonal wildlife projects. Last in the series. **10.00** 24 Hours In A&E **12.10** 999: On The Front Line **1.15-2.20am** 24 Hours In A&E

LOTHARIO . . . Harry has a flirty moment with contestant Juliana

LET'S MARRY HARRY
Netflix

HARRY JOWSEY is the Don Juan of the Netflix cinematic universe, having appeared in all their dating series and leaving a trail of broken hearts across their reality realm.

There was Too Hot To Handle, Perfect Match and even a stint on America's Dancing With The Stars, which of course saw him linked to his professional dance partner.

Perhaps it was his destiny, then, to be the first of the Netflix lotharios to get his very own dating show.

Just like long-running show The Bachelor, Harry lives with and dates 20 women with the aim being that he'll marry one of them at the end.

The twist is that he'll have helpers to keep him on track – because so far he's been a fully paid-up member of Los Angeles' hook-up culture.

His panel have the power to kick girls out the house regardless of Harry's intentions.

They are pal Amanda Kloots who, helpfully, happens to be a TV presenter, his best mate Sonny and his famous ex-girlfriend Georgia Hassarati.

So, in true Netflix style, drama is baked in from the off and the single ladies are rightly riled by the fact Georgia is involved.

Harry has always got away with his bad behaviour because he's cheeky and likeable and, for the most part, viewers will be rooting for him on this "journey".

He opens up immediately on his motivation for wanting to settle down, tears welling as he confessed losing his dad made him realise he was all alone.

And that's clearly not just

SKY MIX freeview 11

7am Border Security: Canada's Front Line **8.00** Border Patrol **9.00** Nothing To Declare **11.00** Border Security: America's Front Line **12.00** Caught On Dashcam **1.00** Police 24/7 **2.00** Nothing To Declare **4.00** Star Trek: Deep Space Nine **5.00** Stargate SG-1 **6.00** Stargate Universe **7.00** Star Trek: The Next Generation **8.00** Police 24/7 **9.00** Killer In My Village **10.00** Fred West: The Glasgow Girls **11.00** Grimm **12.00** Fantasy Island **1.00-2am** Police 24/7

ITV2 9pm Romesh Ranganathan hosts the comedy game show Parents' Evening

U&DAVE freeview 19

7.25am Top Gear **8.20** Border Force: America's Gatekeepers **10.20** Rick Stein's Cornwall **11.20** Yukon Gold **12.15** Top Gear **2.20** Mortimer & Whitehouse: Gone Fishing **3.00** Guy Martin: Proper Jobs **4.00** Hairy Bikers' Best Of British **5.00** Rick Stein's Cornwall **7.00** Mortimer & Whitehouse: Gone Fishing **7.40** Would I Lie To You? **9.00** Hit Point **10.00** Have I Got A Bit More News For You **11.00** Taskmaster **12.00** Mock The Week **12.40-2am** Would I Lie To You?

U&DRAMA freeview 20

7.15am The Bill **8.05** Doctors **9.20** Classic Holby City **10.40** Casualty **11.40** The Bill **12.40** Classic EastEnders **2.00** Classic Neighbours **3.00** Whitstable Pearl **4.10** Lovejoy **5.20** As Time Goes By **6.00** Last Of The Summer Wine **8.00** The Marlow Murder Club **9.00** Hit Point **10.00** New Tricks **11.20** Luther **12.35** Lovejoy **1.45-2.45am** Sister Boniface Mysteries

REALLY freeview 44

6am Celebrity Fantasy Homes **7.00** Teleshopping **8.00** Escape To The Country **9.00** Salvage Hunters **12.00** The Yorkshire Auction House **2.00** The Repair Shop **3.00** Salvage Hunters **5.00** Who Do You Think You Are? Dame Judi Dench **6.00** The Repair Shop **7.00** The Yorkshire Auction House **8.00** Antiques Road Trip **9.00** The Bad Skin Clinic **11pm-2am** Help! My House Is Haunted

U&YESTERDAY freeview 27

6.10am Abandoned Engineering **8.00** Bangers & Cash: Restoring Classics **10.00** Berlin Wall: The Night The Iron Curtain Closed **11.00** The World At War **12.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** Berlin Wall: The Night The Iron Curtain Closed **5.00** The World At War **6.00** Antiques Roadshow **7.00** A Perfect Planet **8.00** Bangers & Cash **9.00** Bangers & Cash: Restoring Classics **10.00** Bangers & Cash **12.00** Bangers & Cash: Restoring Classics **1.00-2am** Find It, Fix It, Flog It

U&W freeview 25

6.10am Property Brothers: Forever Homes **6.55** Tipping Point **10.00** DIY SOS: The Big Build **1.00** Tipping Point **4.00** Property Brothers: Forever Homes **5.00** DIY SOS: The Big Build **7.00** MasterChef Australia **8.00** Property Brothers: Under Pressure **9.00** Hit Point **10.00** DIY SOS: The Big Build **11.00** First Responders **1.00** Butchers Of The Bayou **1.55-3am** Body On The Beach: What Happened To Annie?

QUEST freeview 17

6am Salvage Hunters: The Restorers **7.00** Salvage Hunters **9.00** Aussie Gold Hunters **11.00** Outback Opal Hunters **1.00** The Repair Shop **2.00** Shed And Buried **3.00** Shed And Buried: Classic Cars **4.00** Find It, Fix It, Drive It **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **8.00** Outback Truckers **9.00** Outback Opal Hunters **10.00** The Repair Shop **11pm-1am** How Do They Do It?

THAT'S TV freeview 56

8am That's 60s: Best Music Live! **8.10** Rising Damp **8.40** Duty Free **9.10** Never The Twain **9.45** On The Buses **10.15** Bread **10.55** Steptoe And Son **11.25** Oh, Doctor Beeching! **12.00** Rising Damp Xmas 1975 **12.30** Man About The House **1.00** Goodnight Sweetheart **1.35** When The Boat Comes In **2.40** Minder **3.45** Just Good Friends **4.20** Man About The House **4.55** Bread **5.30** Birds Of A Feather **6.00** That's 60s: Best Music Live! **6.15** Rising Damp **6.50** Steptoe And Son **7.20** Whatever Happened To The Likely Lads? **7.55** Minder **9.00** Benidorm **9.55** Shameless **10.55** Man About The House **11.25** Mind Your Language **11.55** Benidorm **12.55-2am** Minder

SPORT

Sky Sports Main Event 5pm Justin Rose competes in the St Jude Championship

SKY SPORTS MAIN EVENT

6am Sky Sports News **7.00** Sky Sports Breakfast **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** LIVE DP World Tour Golf. The Danish Golf Championship. **5.00** LIVE PGA Tour Golf. The FedEx St Jude Championship. **7.00** The Transfer Show **7.30** LIVE Betfred Super League. Leeds Rhinos v Leigh Leopards. Kick-off at 8.00. **10.15** LIVE PGA Tour Golf. The FedEx St Jude Championship. **11.00** LIVE Tennis. The Canadian Open women's final. **1.00** LIVE Tennis. The Canadian Open men's final. **3.00-4am** LIVE Tennis. The Cincinnati Open.

SKY SPORTS PREMIER LEAGUE

7am Premier League Best Goals **8.00** PL 100 Club **9.00** Good Morning Transfers **10.00** Sky Sports FC **12.00** Transfer Talk **1.00** PL Highlights **1.30** FNF **2.00** PL Highlights **5.00** Brazilians In The Premier League **6.00** Premier League Stories **6.30** Away From Home **7.00** The Transfer Show **8.00** Cult Heroes **8.30** Premier League Stories **9.00** Transfer 360 **10.00** Away From Home **10.30** Premier League Stories **11pm-1am** PL Years

SKY SPORTS FOOTBALL

6am EFL Cup Retro **8.45** EFL Greatest Games **9.00** SPFL Greatest Games **9.30** EFL Greatest Games **10.00** Championship Season Review **11.00** SPFL Greatest Games **11.30** EFL Greatest Games **12.00** Championship Season Review **2.00** EFL Preview Show **3.00** EFL Highlights **8.00** EFL **9.00** EFL Highlights **10.00** EFL Preview Show **11.00** EFL Highlights **12.00-2am** Retro League One

SKY SPORTS ACTION

6am Betfred Super League **9.00** Betfred Super League Highlights **9.30** LIVE Zuffa Boxing. Aaron McKenna v Etinosa Oliha. **10.30** Rugby Greatest Games **10.50** LIVE NRL. Penrith Panthers v Sydney Roosters. Kick-off at 10.50. **12.50** Rugby Greatest Games **1.00** Good Morning Football **3.00** NFL Highlights **4.00** Betfred Super League Highlights **5.30** LIVE Zuffa Boxing. Aaron McKenna v Etinosa Oliha. **6.30** MVP Boxing **7.30** LIVE Betfred Super League. Leeds Rhinos v Leigh Leopards. Kick-off at 8.00. All the action from the match at AMT Headingley Stadium. **10.15** NFL Bitesize Highlights **11pm-2am** NFL Highlights

SKY SPORTS +

6am Sky Sports News **7.00** Sky Sports Breakfast **8.00** Betfred Super League **10.45** My Icon: John Amaechi **11.00** Sky Sports FC **12.00** Transfer Talk **1.00** LIVE PGA Tour Golf. The FedEx St Jude Championship. Coverage of the featured groups on day one of the first event in the FedExCup Playoffs, held at TPC Southwind in Memphis, Tennessee. **5pm-4am** LIVE Tennis. The Cincinnati Open. Coverage of day one of the joint ATP 1000 and WTA 1000 event, a hard-court tournament at Lindner Family Tennis Center in Mason, Ohio.

SKY SPORTS CRICKET

6am The Hundred **9.15** The Hundred Bitesize **9.45** The Hundred Bitesize **10.00** The Hundred **1.30** The Hundred Bitesize **2.00** The Hundred **5.15** The Hundred Bitesize **5.45** The Hundred Bitesize **6.15** The Hundred Bitesize **7.00** The Hundred **10.30** The Hundred Bitesize **11pm-2.15am** The Hundred

SKY SPORTS GOLF

6am PGA Tour: The Cut **6.30** PGA Tour Golf **7.30** Legends Tour Golf **8.30** PGA Tour Golf **9.30** PGA Tour: The Cut **10.00** HotelPlanner Tour Golf Highlights **10.30** Ladies European Tour Golf **11.30** DP World Tour Golf **12.00** LIVE DP World Tour Golf. The Danish Golf Championship. Coverage of day one of the tournament. **5.00** LIVE PGA Tour Golf. The FedEx St Jude Championship. **7.00** LIVE PGA Tour Golf. The FedEx St Jude Championship. Coverage of day one of the first event in the FedExCup Playoffs. **11pm-2am** LIVE LPGA Tour Golf. The Standard Portland Classic. Coverage of day one of the tournament.

ENTERTAINMENT

Sky One 10pm Ned tags along on Mare's consumer sting story in The Paper

SKY ONE

6am Mornings **7.00** Mornings With Ridge And Frost **8.00** Stargate SG-1 **10.00** Will & Grace **11.00** The Simpsons **12.00** Big Cats Small World **1.00** Hawaii Five-0 **3.00** S.W.A.T **5.00** The Simpsons **6.00** Animal Control **6.30** The Simpsons **8.00** Rob & Romesh Vs Magic In Vegas. Rob Beckett and Romesh Ranganathan join Penn & Teller's show. **9.00** The Dyers' Caravan Park. Danny and Dani reflect on their first season. **10.00** The Paper. Double bill. Ned tags along on Mare's consumer sting story. Then, Ned and Esmeralda team up to take on a blogger. **11.00** Animal Control **11.30** Grimm **12.30** The Force: Manchester **1.30-2am** Road Wars

SKY ATLANTIC

6am Fish Town **8.00** Billions **10.15** House Of The Dragon **12.35** Homicide: Life On The Street **2.30** Billions **4.40** The Last Of Us **6.40** House Of The Dragon **9.00** Possession. Oliver becomes unexpectedly violent at Hope Hill. **10.00** Possession. Claudia seeks out her Aunt Mercy to help her defeat Charlotte. **11.00** All Her Fault. Suspicion is thrown on all the Irvines. **12.05-2.45am** House Of The Dragon

SKY WITNESS

6am Bondi Rescue **7.00** Border Patrol **8.00** Send In The Dogs **9.00** Brit Cops: Law & Disorder **10.00** Stop, Search, Seize **11.00** Police 24/7 **12.00** FBI **2.00** The Rookie **3.00** Law & Order: Criminal Intent **4.00** Nothing To Declare **8.00** Caught On Dashcam. Road disasters captured on video by drivers' dashboard cameras. **9.00** CIA. A wanted Belarusian national is discovered. **10.00** Law & Order: Special Victims Unit. An assault at gunpoint is witnessed through a neighbouring window. **11.00** The Rookie **12.00** FBI. The son of a retired FBI agent is kidnapped. **1.00-2am** Chicago Med. The doctors deal with the fallout from the citywide blackout.

U&GOLD

7.10am Don't Wait Up **7.50** Dad **8.30** Only Fools And Horses **9.10** The Green Green Grass **9.50** Are You Being Served? **10.30** Last Of The Summer Wine **11.50** Dad **12.25** Only Fools And Horses **1.05** Keeping Up Appearances **1.45** Dad's Army **2.25** The Green Green Grass **3.05** Are You Being Served? **3.45** Dad **4.25** Dad's Army **5.00** Last Of The Summer Wine **6.20** Keeping Up Appearances **7.00** Porridge. The inmates face a day of hard labour. **7.35** Dad's Army. Mainwaring and Wilson are trapped in the bank vault with an unexploded bomb. **8.20** Are You Being Served? Young Mr Grace celebrates his birthday. **9.00** Fawlty Towers. Sybil walks out on Basil. **9.40** Joe & David's Magical Sitcom Tour. Joe turns David's love of Fawlty Towers into the trip of a lifetime. **10.45** Fawlty Towers. Hotel inspectors throw Basil into a panic. **11.25** Mrs Brown's Boys **12.05** Fawlty Towers **1.25-2am** Mrs Brown's Boys

COMEDY CENTRAL

8am Michael McIntyre's Big Show **9.00** Everybody Loves Raymond **11.00** The Upper Hand **1.05** Friends **9.00 FILM** The Commitments. Comedy starring Robert Arkins. (1991) **11.20** Stupid Central **12.25** Whose Line Is It Anyway? USA **1.20** Gods Of The Game **1.50-2.20am** The Comedy Bus

U&ALIBI

7.10am Murdoch Mysteries **9.00** Shakespeare & Hathaway: Private Investigators **10.00** The Mentalist **11.00** Hudson & Rex **12.00** Body Of Proof **1.00** Death In Paradise **2.00** Murdoch Mysteries **4.00** The Mentalist **5.00** Hudson & Rex **6.00** Body Of Proof **6.55** Private Eyes **7.50** Bookish. Jack gets an unexpected answer when he confronts Trottie and Book. **9.00** The Hunting Party. Bex races to catch a class-obsessed serial killer who bludgeoned wealthy New Yorkers. **10.00** Death In Paradise. Commissioner Patterson is targeted by an assassin. **11.00** Private Eyes **12.00** Shakespeare & Hathaway: Private Investigators **1.00-2am** Death In Paradise

SKY COMEDY

8am Will & Grace **9.00** Sort Of **10.00** Upright **11.15** Will & Grace **12.15** The Rehearsal **1.45** Upright **3.00** Will & Grace **4.00** The Office Movers **5.00** Community **6.00** Will & Grace **7.00** The US Office **8.00** The Office Movers **9.00** Micky Flanagan: If Ever We Needed It. A stand-up show by the comedian. **10.15** Last Week Tonight With John Oliver. A satirical look at developments from the past seven days. **11.00** The Rehearsal **12.30** The Office Movers **1.30-2.10am** The Comeback

DISCOVERY

6am How It's Made **7.00** The Pool Master **9.00** Gold Rush **11.00** Building Off The Grid **1.00** Dr Jeff: Rocky Mountain Vet **3.00** How It's Made **5.00** Alaska: Homestead Rescue **7.00** Supercar Showroom. Dean and Trudie look to expand the business from supercars into hypercars. **8.00** Wheeler Dealers. Mike Brewer conducts a complete refresh on a well-maintained 1987 Mercedes 560SL. **9.00** Naked And Afraid: Global Showdown. A primitive weapons challenge leads to a shocking elimination. **11.00** Expedition X **12.00** Deadliest Catch **1.00-3am** Naked And Afraid: Global Showdown

RADIO

Radio2 12noon Jeremy Vine discusses issues arising from current affairs

VIRGIN RADIO DAB virginradio.co.uk

6.30am Chris Evans **10.00** Emma B **2.00** Ben Jones **6.00** Geoff Lloyd **10.00** Goldierocks **2.00-6.30am** Steve Denyer

TALKRADIO DAB talkradio.co.uk

6am Ian Collins **10.00** Julia Hartley Brewer **1.00** David Bull **4.00** Kevin O'Sullivan **7.00** Peter Cardwell **10.00** Andre Walker Ft. Ash **1.00** Paul Ross **5.00-6am** Through The Papers

TALKSPORT 1053, 1089MW talksport.com

6am Jeff Stelling **10.00** Shebahn Aherne & Steve Bruce **1.00** Hawksbee And Baker **4.00** TalkSPORT Drive **7.00** The Transfer Insiders **10.00** The Sports Bar **1.00-5am** Paul Ross

talk, with him dismissing one girl immediately after spotting clues that she was only interested in fame.

The format naturally pits the girls against each other, and there are bitchy moments where one woman, Juliana, criticises another who's caught Harry's eye.

In the wake of the Married At First Sight scandal here in the UK – with police investigating allegations of rape on the show – you have to wonder if show formats that end at the altar will soon have had their day.

That seems more of a certainty than Harry reaching his own wedding day.

FELICITY CROSS

ZOODUNNIT . . . Hit Point raiders

Sun tv picks

HIT POINT, U&Dave, 9pm: In this pulsating police drama's opening episode, three armed robbers wearing animal masks steal a container holding a car packed with £10 million.

During the heist, a cop is shot with a non-lethal bullet.

London detectives Leo (Nick Blood) and Bella (Saffron Hocking) – who share a sizzling sexual chemistry – investigate the raid.

But they're not the only ones searching, as psychopathic crime boss Pascal Dubois (William Abadie) will stop at nothing to recover his missing cash.

THE BIG DEAL WITH STEPH MCGOVERN, BBC Two, 8pm: Imagine if ambitious candidates on The Apprentice were tasked with dealing fine art, and you have the ingredients for this addictive new series hosted by Steph McGovern.

Seven pairs of likeable contestants attempt to make big money in weekly challenges set by art dealer Cordelia de Freitas.

First up, they must sell emerging graduate artists' works at auction, with a mixed bag of results, including London-based wannabe dealers Charles and Darren, who risk pricing themselves completely out of the competition. Which duos will be in danger of going home?

A HOUSE THROUGH TIME, BBC TWO, 9pm : David Olusoga is in Edinburgh to track the life and times of former inhabitants of 20-22 Calton Hill, a grand Georgian dwelling built into bedrock around 1770.

Starting his investigations at the National Library of Scotland, David uncovers the dramatic tale of 1799 church minister William Fitzsimmons, who was tried for treason after hiding French prisoners of war from the authorities. It's a compelling historical tale and merely the opening chapter of this marvellous four-part series.

THE SCHOOLGIRL TERRORIST?, Channel 4, 10pm: In 2020, Rhianan Rudd was 15 years old when she was charged with terror offences in the UK.

Accused of far-right extremism, the teen faced the full force of the justice system before all charges were dropped in 2021.

Tragically, a few months later, she took her own life.

This poignant documentary explores how a vulnerable teenager was groomed online and asks if there were missed opportunities to help her.

GEMMA QUADE

TNT SPORTS 1

6am LIV Golf **7.00** LIVE Snooker China Open. Coverage from round two at Riverside Sports Centre. **10.30** Cycling **10.45** MotoGP Rewind **11.00** Discovery Golf **11.30** Golden Trail World Series **12.00** TNT Sports Reload **12.30** LIVE Snooker China Open. Coverage from round two at Riverside Sports Centre. **4.00** TNT Sports Reload **4.30** Discovery Golf **5.00** CPL Highlights **5.30** MLB Highlights **6.30** LIVE MLB. New York Yankees v Seattle Mariners. Start-time at 6.35. **9.30** Hard Knocks: Training Camp with the Seattle Seahawks **10.30** TNT Sports Reload **11.00** UIM F1H2O World Championship Highlights **11.30** TNT Sports Cricket Reload **12.00** CPL Highlights **12.30-4.45am** LIVE CPL. Jamaica Kingsmen v Guyana Amazon Warriors.

TNT SPORTS 2

6am UEFA Super Cup **7.30** Cycling **8.30** Premier League Legends **10.30** Ultimate Pool **12.00** UEFA Super Cup **1.30** CPL Highlights **2.00** LIVE Cycling: Tour Of Czechia-Stage 1. Coverage from the first stage of the Tour of Czechia. **3.30** MotoGP Highlights **4.30** Ultimate Pool **6.00** UIM F1H2O World Championship Highlights **6.30** FIM Speedway Grand Prix Highlights **7.30** UEFA Super Cup **9.00** UFC Breakdown **9.30** The Verdict **10.15** UFC Countdown **11.15** UFC Reloaded **1.45-2.45am** UFC: The Ultimate Fighter

TNT SPORTS 3

6am UEFA Champions League – Classics **8.30** Supercars Championship Highlights **10.30** LIVE European Athletics Championships. Coverage from the morning session on the fourth day of the event. **4.00** UEFA Super Cup **5.30** Sign Up – Into Football **6.30** LIVE European Athletics Championships. Coverage from the night session on the fourth day. **10.00** Snooker China Open **12.00** Ultimate Pool **1.30-2.30am** MotoGP Highlights

PREMIER SPORTS 1

6am Brasileiro Serie A **10.00** Football **12.00** NASCAR Highlights **1.00** FIM Sidecarcross Championship **2.00** Football **4.00** Scottish Football Social Club **5.00** Football's Greatest **5.30** UEFA Europa Conference League **7.30** LIVE UEFA Conference League. Shelbourne v Ajax. Kick-off at 7.45. **10.30** World Of FreeSports **11.00** NASCAR Highlights **12.00-4am** Brasileiro Serie A

TALKSPORT2 DAB talksport.com

8am William Hill Sports Book Club **11.00** Fight Night Extra **12.00** Following On **1.00** Howzat For A Podcast! **2.00** EFL All Access **3.00** The Social **5.00** The EFL Fan Network **6.00** EFL All Access **7.00** Cult Heroes **7.45** Super League Live **10.00** PGA Tour Live **11.00** William Hill Sports Book Club **12.00-8am** My Sporting Life

TIMES RADIO DAB thetimes.co.uk/radio

6am Salma El-Wardany And Stig Abell **10.00** Hugo Rifkind **1.00** Stephen Sackur **2.00** Fi Glover And Roya Nikkhah **4.00** Sebastian Payne **7.00** Albie Amankona **10.00** Henry Bonsu **1.00** The Best Of Times Radio **5.00-6am** Tom Nunan With Early Breakfast

RADIO 1 97.6-99.8FM bbc.co.uk/radio1

7am Greg James **11.00** Rickie, Melvin And Charlie **12.45** Newsbeat **1.00** Matt And Mollie **3.00** Pop Anthems **3.30** Newsbeat **3.33** Going Home With Vick, Katie And Jamie On Radio 1 **5.45** Newsbeat **6.00** New Music Show **8.00** Rave-Up **10.00** BBC Introducing Dance **11.00** The Residency On Radio 1 Dance **1.00** Danny Howard's Club Mix **2.00-4am** Anthems

RADIO 2 88-91FM bbc.co.uk/radio2

6.30am Sara Cox **9.30** Vernon Kay **11.25** Radio 2's Piano Room **12.00** Jeremy Vine **2.00** Clara Amfo **4.00** Joel Dommett **7.00** Edith Bowman **8.45** Radio 2's Piano Room **9.00** The Country Show **10.00** The Good Groove With Melvin Odoom **12.00-3am** OJ Borg

MOVIES

Film4 9pm Viola Davis stars in historical drama The Woman King

SKY CINEMA PREMIERE

12.20pm Normal (15, 2026) ★★★★ **2.00 Seven Snipers** (15, 2026) ★★★ **3.40 Song Sung Blue** (12, 2025) ★★★★ **6.00 Heretic** (15, 2024) ★★★★ **8.00 Normal** (15, 2026) ★★★★ **9.40 Seven Snipers** (15, 2026) ★★★ **11.20 Primate** (18, 2025) ★★★ **12.55-2.40am Lurker** (15, 2025) ★★★

SKY CINEMA ANIMATION

12.50pm Hotel Transylvania 3: A Monster Vacation (U, 2018) ★★★ **2.30 Madagascar** (U, 2005) ★★★ **4.00 Playmobil: The Movie** (U, 2019) ★★★ **5.45 Flushed Away** (U, 2006) ★★★★ **7.15 Corpse Bride** (PG, 2005) ★★★★ **8.35 Penguins Of Madagascar** (U, 2014) ★★★★ **10.10 The Angry Birds Movie** (U, 2016) ★★★★ **11.50 The Angry Birds Movie 2** (U, 2019) ★★★★ **1.30-3am Extinct** (PG, 2021) ★★★

SKY CINEMA ACTION

1.25pm Transformers: Revenge Of The Fallen (12, 2009) ★★ **4.00 The Long Kiss Goodnight** (15, 1996) ★★★★ **6.10 xXx: The Next Level** (12, 2005) ★★★ **8.00 Bumblebee** (PG, 2018) ★★★★ **10.05 Normal** (15, 2026) ★★★★ **11.55 Transformers: Dark Of The Moon** (12, 2011) ★★★ **2.35-4.20am xXx: The Next Level** (12, 2005) ★★★

FILM4 freeview 14

11am Journey To The Center Of The Earth (U, 1959) ★★★★ **1.40 Sherlock Holmes And The Secret Weapon** (PG, 1942) ★★★ **3.00 Film4 Interview Programmes: Talking Film 3.10 The True Story Of Jesse James** (PG, 1957) ★★ **5.00 Tolkien** (12, 2019) ★★★ **7.10 Moon** (15, 2009) ★★★★ **9.00 The Woman King** (15, 2022) ★★★★ **11.40 Anna** (15, 2019) ★★★★ **2.00-3.55am Berberian Sound Studio** (15, 2012) ★★★★

TALKING PICTURES freeview 82

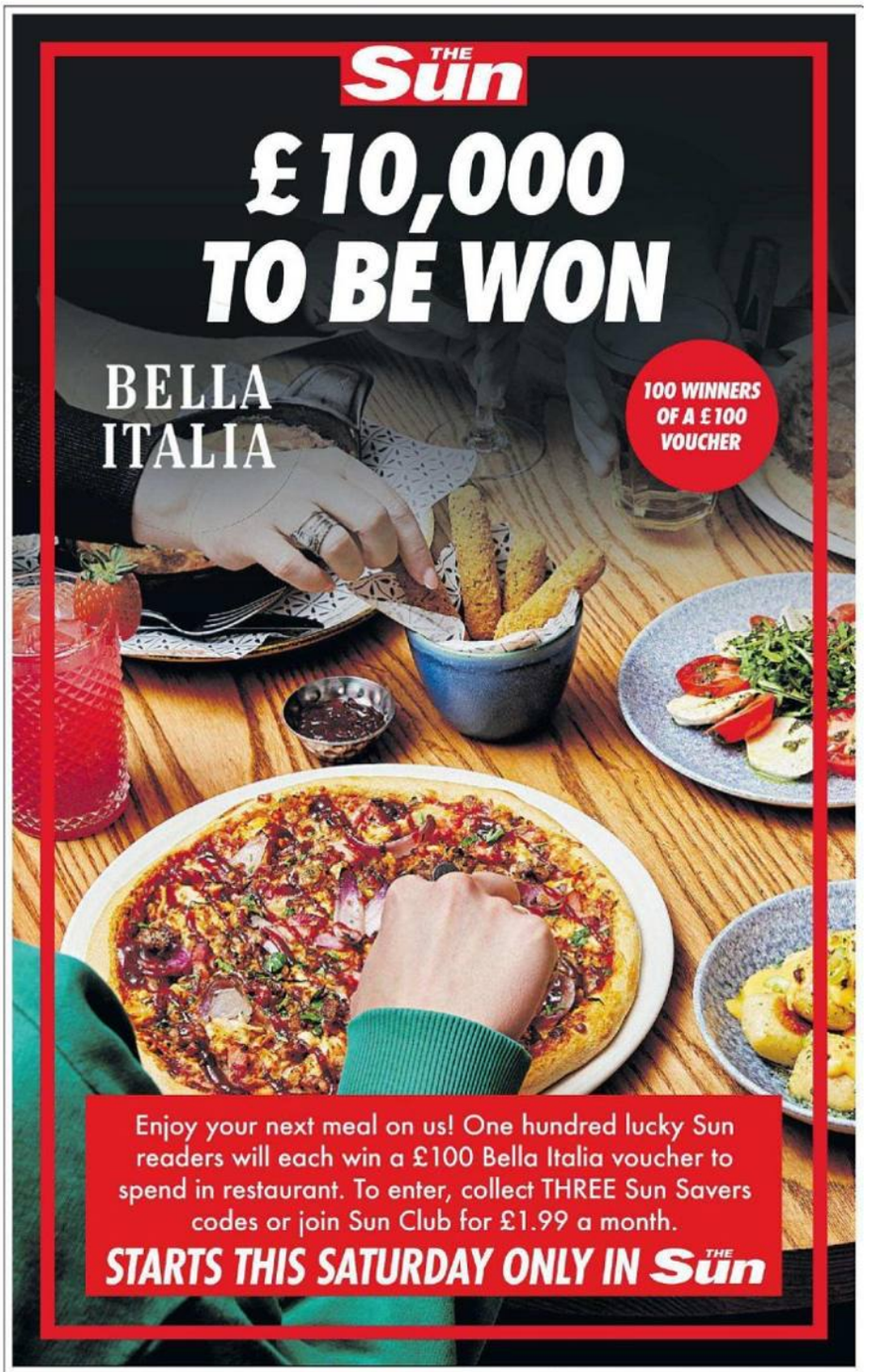
10.50am The Small Back Room (PG, 1948) ★★★★★ **1.00 The Adventures Of Sir Lancelot 1.30 Rebecca** (PG, 1940) ★★★★★ **4.05 Jigsaw** (PG, 1962) ★★★ **6.10 Look At Life 6.20 Strange But True 6.55 The Brothers 8.00 Mark Saber 8.30 The Wheeltappers And Shunters Social Club 9.20 The Sea Shall Not Have Them** (U, 1955) ★★★ **11.10 The Comic** (PG, 1969) ★★★ **1.05-2.40am X The Unknown** (PG, 1956) ★★★

GREAT! MYSTERY freeview 50

2pm Castle 3.00 Diagnosis Murder 5.00 Murder, She Wrote 7.00 Castle 8.00 Unforgettable 9.00 In Plain Sight 10.00 Morning Show Mysteries: A Murder In Mind (PG, 2019) ★★ **11.55pm-1.45am Hailey Dean Mysteries**

GREAT! ACTION freeview 42

1pm The Unit 2.00 Burn Notice 4.00 First Kill (15, 2017) ★★★ **6.00 The Unit 7.00 Burn Notice 9.00 Soldier Blue** (18, 1970) ★★★ **11.30 The Avengers 12.30-1.30am The New Avengers**



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dear deidre

Edited by SALLY LAND

Need our help? Email deardeidre@the-sun.co.uk any time

Team: JANE ALLTON, HILARY FREEMAN, KALLY LEWIS, CATHERINE THOMAS and KATE TAYLOR

She's too close to best friend

Dear Deidre

PERHAPS I'm being paranoid, but I can't help wondering if my girlfriend and her best pal have become more than just mates.

I keep getting the strong feeling that something has happened between them. I've told myself I'm imagining it, but that suspicion won't go away.

My partner and I are in our early thirties and have been together for five years. Her best mate is the same age and they've been inseparable since college – many years before we met. That never bothered me.

I've always got on well with this other woman. She's a bit like family.

But lately, it seems different. If we're watching TV, my partner barely pays me any attention.

Instead, she's on WhatsApp, laughing at private jokes from her best friend. When her pal's name pops up on her phone, she smiles in a way she used to smile for me – but no longer does.

A couple of weeks ago, we all went to the same birthday barbecue.

dear deidre

Scan this QR code to talk to trained counsellors, Mon-Thurs, 1pm-4pm. We're humans, not chatbots.

LIVE Chat

I popped inside to get more drinks and found them alone in the kitchen, standing really close together.

They sprang apart, then both went quiet. I felt as though I'd interrupted something.

They're always holding hands and hugging, and they regularly joke that if neither of them had found a man, they would have married each other. On girls' weekends away, they will happily share a bed. It makes me feel uncomfortable.

As far as I know, my partner has never been with a woman and she has never mentioned wanting sex with one. But this feeling is really starting to get me down.

Am I overthinking this? I don't want to wreck my relationship.

I think if it came down to it, my partner would choose her best friend over me, and that hurts.

■ DEIDRE SAYS: It's always a good idea to listen to your gut instinct, but I think you might be misinterpreting yours.

There is a problem here, but it's unlikely that your partner and her friend are cheating or sexually attracted to each other. It's that you feel shut out and their closeness emphasises this.

It's clear you feel your relationship comes second to their friendship. You want your partner to be as attentive and affectionate towards you as she is to her best mate.

You need to be honest with your girlfriend. Don't accuse her of anything, but make it clear you're feeling isolated.

My support pack, Looking After Your Relationship, should help.

I'M MATCHED WITH FORMER CRUSH ON DATING APP

Dear Deidre

I'M not sure if it's a sign from the universe or just a dating app glitch, but I keep being matched with the same woman.

Even spookier, I knew her in person years ago and remember thinking she was gorgeous back then.

I'm a 35-year-old single guy. I started using dating apps a few months back, after my long-term relationship broke up.

However, about ten years ago, I met a woman who worked in my local cafe. We flirted, but nothing happened between us. She left that job and I forgot about her.

Fast forward to the present and there she was again on my screen.

I sent a like, but she didn't respond and I assumed she'd swiped left. But every few weeks, she somehow appears again.

I know Cupid doesn't run my dating site, but I can't help feeling it's fate and maybe we're destined to be together.

Am I reading too much into this?

■ DEIDRE SAYS: It might feel like the universe is dropping hints, but dating apps are powered by algorithms, not destiny.

Seeing this woman's profile repeatedly is probably just down to the app recycling profiles.

That said, the fact she's stayed in your thoughts does say something – you clearly are intrigued by her.

She didn't respond, but there's no harm in a message, if the app allows, reintroducing yourself as the guy from the cafe and seeing what happens.

My support pack, Love Online, might be useful for you to read.

HAS ROW HURT HER UNBORN CHILD?

Dear Deidre

AFTER a big argument with my pregnant granddaughter, I'm terrified I might have harmed her baby.

I couldn't forgive myself if her unborn child died because of the stress I caused. What should I do?

I'm a 68-year-old grandma. My granddaughter is 21 and recently told me she is expecting.

She's now 15 weeks. I said I didn't approve of some of her pregnancy choices – she told me she was planning a "free birth", where no medical professionals are present – and we had a blazing row.

Afterwards, she was crying and shaking, and she hasn't really spoken to me since.

I feel terrible.

What if she miscarries and it's my fault? I love her and just want the best for her.

She and her boyfriend have already started painting the nursery and choosing names.

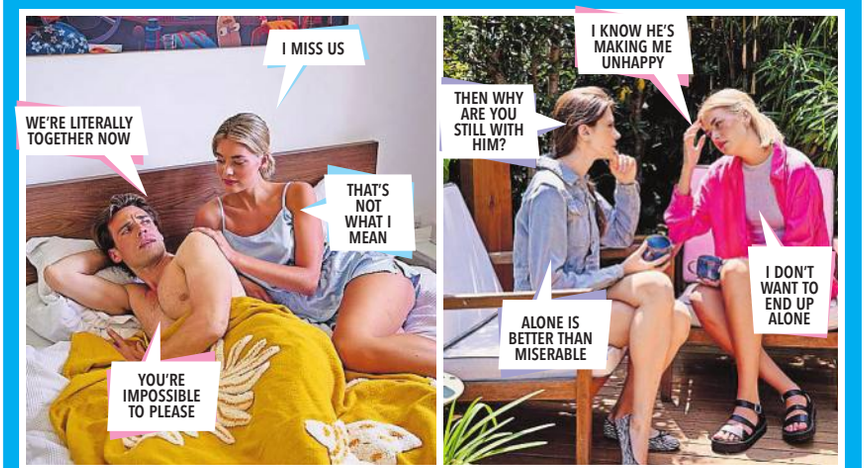
■ DEIDRE SAYS: Please try not to worry. You have absolutely not harmed the baby. They are very resilient and one stressful conversation or argument won't harm their development.

Pregnancy hormones can make women feel very emotional, and prone to bursting into tears, so your granddaughter may have become more upset than normal for her.

If you're worried, send her a message saying you love her and are sorry for upsetting her. Ask her to forgive you. Perhaps you can buy her a baby gift.

If you want to try to get your point across in future without causing a row, my support pack, Standing Up For Yourself, should help.

stories deidre's photo casebook | HANNAH'S FAUX FRIEND: DAY 4



Clothes by Boohoo and BoohooMAN

CONTINUES TOMORROW

hot topic

GETTING older doesn't mean your sex life has to suffer. While your body, hormones and sex drive may change with age, intimacy can still be enjoyable and deeply satisfying.

A little understanding, open communication and a willingness to adapt can make all the difference.

If you're finding it tricky, my support pack, Great Sex At Any Age, can help.

Dear Deidre

I STILL WANT TO BE WITH TOXIC EX

ALL I've ever wanted is for my ex to tell me he loves me. Now, he finally has. Am I stupid for giving him another chance when our relationship was toxic and made me miserable?

I'm 45 and he's 47. We were together for four years, but things weren't good between us. He used to pick fights with me and I felt like I was constantly walking on eggshells to avoid another row.

He made me feel everything was my fault and, by the end, I had no confidence left. We finally split up a year ago. It took me ages to get over him, although I never really did.

Then, last week, out of nowhere he started messaging me. I ignored him at first, but the messages kept coming. And then he sent one that said: "I love you." It took my breath away.

I waited four years to hear those words. I loved him so much when we were together and I still do.

That night, we had a video call that lasted over an hour. The next day, he turned up at my door.

We talked for hours, one thing led to another and we ended up in bed together.

He says he wants us to start again. He apologised for his behaviour. Am I crazy to give him a second chance?

■ DEIDRE SAYS: You're neither stupid nor crazy for wanting to try again. But you do need to be wary. People rarely change.

He may have apologised, but it'll take a lot more than that to prove he won't treat you the same way again.

Remind yourself how unhappy you became and how unhealthy your relationship was.

Make it clear to him that if the same patterns start again, you won't stand for it.

Before you make a decision, it might be helpful to talk to a counsellor and to read my support pack, Addictive Love.

GET IN TOUCH

If you are worried about something, my team is here to help. Please contact and follow us.
Online: thesun.co.uk/deidre **Instagram:** @dear.deidre **Facebook:** @DearDeidreOfficial
X: @DearDeidre **Post:** Dear Deidre, The Sun, 1 London Bridge Street, London, SE1 9GF

Fab DAILY

Beauty writer **SIOBHAN O'CONNOR** tests different suncreams

CATCHING THE RAYS . . . Siobhan gets ready for sun test

3 page heatwave SPECIAL

CAN A £2.80 FACTOR 50 SUNSCREEN REALLY BEAT A £46 HIGH END BRAND?

I tried the viral UV sticker test to find out

SLATHERING on the factor 50 every morning might make me feel virtuous – but the truth is, I have no idea whether it's actually doing a good job.

It is supposed to protect me against everything from premature ageing to skin cancer, but there is no easy way of knowing when the sunscreen has started to wear off.

It is a problem TikTokkers have addressed with "magic" UV stickers – so I used them to put different suncreams to the test.

The stickers have a photosensitive layer that changes colour when exposed to both UVA and UVB rays, indicating it could be time to top up your cream.

The NHS recommends reapplying sunscreen every two hours, as well as after swimming, sweating or towel drying. But in reality, it's all too easy to lose track of when you last rubbed some on, particularly when you spend an entire day outside.

According to Cancer Research UK, only 60 per cent of adults who use sunscreen apply it before going out in the sun, and only 37 per cent take it with them to reapply during the day.

As the country swelters for the umpteenth time this summer, with today's temperatures expected to reach 36C and the UV index hitting dangerously high levels, staying protected from those rays has never been more important.

TikTok videos showing people using the UV-detection patches have racked up more than a million likes.

It was time to head out into the sun

One sticker brand, Beame, promises "no more guessing if your SPF still works" on its website.

Its small, flower-shaped patches – costing £10 for 36 – start off transparent. You stick one on to clean skin, then apply your usual sunscreen over the top while applying it to the rest of your body.

When enough UV rays reach the patch, it darkens, giving you a visual prompt that it could be time to reapply.

The patches are also sweat-proof and water-resistant, so you don't need to worry about them peeling off.

With shop shelves packed with SPFs at wildly different price points – all promising to keep your skin protected – I used the stickers to see what differences there might be between the products.

I picked eight popular factor 50 sunscreens, ranging from supermarket own-brands to a premium formula.

The big question, of course, is should you spend more mean better staying power, or could one of the cheapest bottles hold up just as well?

To find out, I lined eight UV stickers along my upper arms – four on each side – and covered each with a 5p-sized amount of a different sunscreen.

The eight suncreams started at the cheapest – Aldi Lacura, £2.80 – and went through high street staples from Nivea, Simple, Boots, Superdrug and La Roche-Posay up to pricier formulas from Supergoop! and Trinny London at £46.

With all eight exposed to the same conditions, it was time to head out into the sunshine.

By this point, the sunscreens had been sitting on the stickers for about an hour while I finished getting

Continued over page

PATCH WORK . . . UV stickers on Siobhan's arm

‘REMEMBER TO REAPPLY’

From previous page

ready and every single one was still transparent. Within ten minutes of stepping on to a sun-drenched London terrace at lunchtime, three of the four stickers on my left arm began turning purple.

The most striking was Trinny London’s SPF50+, which quickly turned a deep purple, supposedly indicating that UV rays were penetrating the cream and reaching the sticker.

The Nivea and Simple patches also developed a violet-purple hue, though noticeably lighter.

There was, however, one standout.

The sticker coated in La Roche-Posay Anthelios remained completely transparent.

But the biggest surprise came when I saw my other arm.

The Superdrug and Boots patches had both turned a deep purple, while the Supergoop! sticker had taken on a lighter violet shade.

Yet the clearest patch of all was covered by the cheapest sunscreen in the test: Aldi Lacura SPF50+.

Considering it cost £43 less than the Trinny London formula, I was rather baffled.

Aldi’s formula contains five different UV filters, as does the Trinny London cream.

As a two-in-one moisturiser and SPF, the latter also contains a host of skincare ingredients designed to hydrate and condition the skin.

In other words, there was no obvious explanation why Aldi’s bargain formula had the upper hand.

I wondered if the stickers – which thousands of sun-worshippers are using to gauge how much sunscreen to slap on – were as reliable as they would have us believe.

Dr Ahmed El Muntasar, owner of The Aesthetics Doctor, tells me: “UV detection stickers are a clever visual tool and, depending on the product, potentially prompt you when it may be time to reapply.

“But they are not a substitute for proper SPF testing and I certainly wouldn’t conclude that one sunscreen is better than another simply because of how a sticker reacts. A small colour-changing sticker simply cannot reproduce that level of testing or tell you the complete protective profile of a sunscreen.”

Dr El Muntasar points out that how the sticker reacts will also depend on “how much sunscreen has been applied, how evenly it has been spread, how long it has been allowed to dry and the intensity of UV exposure”.

He adds: “Even the way different formulations sit on the sticker can potentially influence what you see.”

If there is some truth in the results, however, they reinforced the biggest shock of my experiment – that spending more money didn’t mean that the UV sticker would stay clearer for longer.

‘If seeing the colour change reminds somebody to apply enough and reapply regularly, that’s potentially very useful’

Because after being in the sun for more than two hours, most of the stickers had turned purple except for La Roche-Posay, which was still clear.

And even if these patches are no substitute for proper SPF testing, they did at least make me more conscious of my sunscreen levels once out in the sun.

Dr El Muntasar says: “I actually think the stickers’ best use is behavioural rather than diagnostic. If seeing the colour change reminds somebody to apply enough suncream and to reapply it regularly, that’s potentially very useful.

“There is research suggesting UV detection stickers can increase sunscreen reapplication, but consumers shouldn’t disregard a properly tested product just because of the result of a home sticker experiment.”

For me, though, there were three lessons – Don’t assume an expensive SPF is automatically doing a better job, don’t skimp when applying suncream and, most importantly, always remember to reapply.

Fab DAILY

AS I caught my face in the mirror first thing in the morning, I was struck by the prominent lines and dramatic eye bags.

And it was all down to my new nocturnal companion. No, not a lover, but the energy-guzzling air con unit humming beside my bed.

Like thousands of others, I had rushed to buy one after the first heatwave hit earlier this year.

I live in Greenwich, and with London battered by endless days of 30C-plus temperatures, it has had more use than I’d anticipated.

The unit set me back close to £400 – and probably close to that again in electricity – but in 2026, keeping cool comes at a cost.

A typical portable air con unit can clock up 30p of power per hour, or roughly £2.50 if you have it blasting for eight hours straight. But as the owner of a top-floor flat, two-year-old extremely furry spaniel Ophelia, and with countless perimenopausal hot flushes to contend with, I would not have got through this stifling, sticky summer without it.

My unit sits in my bedroom, currently doubling up as a bedside table so it can be close enough to the window, which I feed the external hose through.

Chic, it is not.

I’ve become addicted to the feeling of getting into cool, crisp sheets while the rest of my flat feels like a humid swamp. Right now, I leave it running all night.

It may sound like I’ve got a small aeroplane engine revving away in my room, but the noise is a small price to pay for sweat-free sleep.

To begin with I thought I’d conquered this heatwave thing. I was smug and snug under my duvet and getting my full eight hours while friends told me they hadn’t had a good night’s kip since May.

Endured weeks of looking haggard

My AC unit has made me the source of great envy, especially as they are nearly impossible to get hold of now. Sales of portable machines have reportedly soared by around 330 per cent this summer, and popular models sold out fast.

An estimated 4million UK homes now have air conditioning – double the number from three years ago.

However, there has been one major downside.

Each morning I look like I’ve been through a time machine, transporting myself – or my face, at least – ten years into the future.

BAC (Before Air Con), I thought I had my anti-ageing regime nailed, and was frequently told I looked younger than my 46 years.

A combination of Botox, daily SPF and prescription-strength skincare made me feel like I was winning the fight against fine lines and dullness.

After around a week of using the AC every night, one morning I noticed my significantly older-looking complexion. I brushed it off, blaming it on having had a few glasses of wine the night before.

But one morning turned into two and before I knew it, I’d endured weeks of looking haggard.

Even my mum had told me I looked worn out, and I was sure it was getting worse.

The only thing that had changed was the arrival of my beloved AC.

Could it really be betraying me like this?

Sadly, yes.

Dr Sabika Karim, aesthetic doctor and founder of Skin Medical, tells me I’m not imagining things.

“Your air conditioning unit could absolutely be contributing to dry skin, a tight-feeling face, more

JO EARLIER THIS YEAR

Frizzy hair, eye bags and hollows, dry skin and fine lines...writer **JO HOARE**, 46, asks...

JO NOW AFTER USING AC

HAS MY BELOVED SLEEP-SAVING AIR CON UNIT AGED ME BY TEN YEARS?

SWEET DREAMS . . . but turn off the AC before settling down for the night

noticeable fine lines and chapped lips," she says. "This is largely due to the increase in transepidermal water loss caused by the dry indoor environment.

"The delicate skin around the eyes contains fewer oil glands than other areas of the face and loses moisture more readily.

"As a result, dehydration can make under-eye hollows, fine lines and puffiness appear more noticeable."

She also points out that as the skin on my neck is thinner than my facial skin and contains fewer sebaceous glands, it is "more vulnerable to dehydration and environmental stressors such as sun exposure and dry air from air conditioning".

So far, so stressful.

But have I done any lasting damage? Is my dull, dry complexion, frizzy hair and scaly skin permanent? Or will my youthful looks return once summer is long gone and my AC is consigned to storage?

Dr Karim warns: "While air conditioning won't directly accelerate the ageing process overnight, repeated dehydration and disruption of the skin barrier can leave the skin looking less healthy and contribute to the visible signs of premature ageing if not addressed."

Surely there is a happy medium between sweltering through the night (and looking knackered because of no sleep) and keeping cool (but drying out my face).

Skin expert and GP Dr Jane Leonard reassures me there are steps I can take to stave off my AC-related ageing.

"Get the room really cool before you go to sleep, then turn it off just before you get into bed," she suggests. "Or set a timer so it turns off once you fall asleep."

Another tip is to position it so it is blowing its icy air into the room, rather than directly at me.

She adds: "Reassess your skincare when using AC, too.

'Brittle hair more prone to split ends'

"Strip back your actives (*that means a break from retinol for me*), up your hydration with ingredients like squalane and glycerin, and protect your skin barrier with ingredients like ceramides. For your body, try shea butter."

As a rosacea sufferer I need to be extra careful, as the effects of AC can worsen this and other skin conditions.

"Because rosacea is a chronic inflammatory condition that compromises the skin barrier, you need to take extra care to maintain the skin barrier," explains Dr Leonard.

For me that means switching out my in-shower face wash for cotton wool and a creamy cleanser like No 7 Face Cleansing Lotion (£7.95) and replacing my nightly prescribed actives for a plain, ceramide-rich moisturiser like Boots Ingredients Barrier Support Ceramide Moisturiser (£6).

As for my hair, Valerie Benavides, lead stylist at Sam McKnight, warns there could be longer-lasting effects here, too.

"The drier environment created by AC pulls moisture from your hair, leaving it looking dull, dry and feeling parched," she says.

"Prolonged dehydration can leave hair brittle and more prone to split ends or breakage."

She suggests applying a leave-in conditioner such as Hair By Sam McKnight Stronger Love rejuvenate & repair spray (£32) to my hair after every wash. Or, if you've spent all your money on AC, I also like Aussie Hair Insurance conditioner spray for £5.

"When you moisturise hair correctly, you seal the cuticle and help create a shield," she explains.

So, long-term use of AC might be contributing to my ageing, but is it enough to make me give it up during the current heatwave?

Not a chance.

ASTON will launch a million-quid V12 supercar at Pebble Beach tomorrow. Bet you £50 it starts with a "V".

MORE than four million used cars have changed hands this year with the axed Fiesta still the No1 buy, followed by Corsa, Golf and Focus. Nine in ten were petrol and diesel.

email: rob.gill@the-sun.co.uk follow: @robgilluk

Sun motors

The four ton

RECORD MAKER . . . JCB Hydromax registers an average 406mph

DAREDEVIL Andy Green is the fastest man on Earth. x3.

He's just set a 406mph hydrogen record that slots neatly between his diesel and outright land speed records. Remarkable.

In our world, 400mph is **TWO FOOTBALL PITCHES** every second, a mile in less than nine. Makes Lewis and Lando look a bit s-l-o-w, right?

To top it all, Andy's 1,600hp JCB – powered by two hydrogen digger engines – emits only **WATER**.

So it's a green racing car driven by Mr Green.

Andy told The Sun: "This one is special. Zero-carbon racing with hydrogen technology that has a real-world application is really exciting.

"People say we don't make anything any more, we don't invent anything, we've got no expertise. We've absolutely got expertise.

"The people I'm working with here are the best in the world at what they do.

"If you want to understand how to run hydrogen internal combustion for a commercial market, speak to JCB.

"Nobody in the world does it at the level they're doing right now.

"If you want to understand how to tune engines, speak to Ricardo. There's a reason why they build McLaren road-car engines. They developed a 74hp digger engine to deliver up to 800hp.

"For gearboxes, there's Xtrac, and if you want a prototype race car that's better than anybody else's, speak to Prodrive. The standard of engineering and quality is exceptional.

"JCB Hydromax promotes all of that internationally but also reminds ourselves that we are still world-class and we've

got a whole bunch of engineering and technology that we should be proud of."

Well said.

You might have seen on socials that JCB Hydromax clocked 368mph at Bonneville SpeedWeek last week.

That was just a warm-up.

The official FIA record attempt required two runs within 60 minutes.

Andy averaged 400.623mph over the "flying mile" on his first run.

After a quick pit stop for fuel, ice, fresh tyres and parachutes, he hit 419mph coming back the other way, at an average of 412.135mph.

Bosh.

Average speed over two runs: 406.320mph, to notch a **NEW HYDROGEN WORLD LAND SPEED RECORD.**

Andy deserves a place in the history books right alongside Neil Armstrong and Sir Edmund Hillary in my eyes.

He's the only person to break the sound barrier on land, 763mph in a ThrustSSC jet car in 1997.

His 350mph diesel record is still unbeaten 20 years on.

Now he's got the "triple crown" with JCB Hydromax.

Andy, 64, said: "I was lucky enough to meet Neil Armstrong a couple of times and he said something that I recognised immediately because it's exactly the way I feel about it – 'I'm awfully proud to have been part of a remarkable team'.

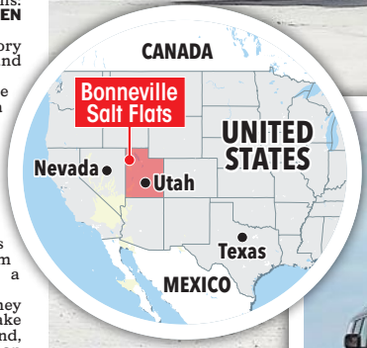
"The engineers are so good at what they do, so passionate and dedicated to make this the best car it can possibly be and, more importantly, the safest car it can possibly be. They kept me on my game.

"We used only 700hp (per engine). We didn't wind the engines up. If we had a longer track, this car would go faster. This is probably the best straight-line racing car ever created, just an extraordinary piece of technology."

As one might expect, the day ended with a "debrief" at the local boozer where all of Bonneville's speed kings are immortalised on the walls.

Wing Commander Andy Green included.

JCB DIGGER: Virtually every construction site in the world relies on these awesome machines. Power: 74hp. Top speed: 30mph. This hydrogen backhoe loader is every bit as capable as the diesel, but emits only water



BONNEVILLE Salt Flats, Utah – just off Interstate 80 but we could be on the Moon. Miles and miles of white salt where daredevils come to set speed records. The old lake bed floods in winter, turning the place into a mirror of the sky and surrounding mountains.

ANDY'S CV

THE fastest man on earth holds three official speed records . . .

1 **763.035mph**
Outright land speed record
ThrustSSC jet car, 1997
Only person to break the sound barrier on land

2 **406.320mph**
Hydrogen land speed record
JCB Hydromax, 2026

3 **350.092mph**
Diesel land speed record
JCB Dieselmax, 2006

Andy hit 628mph testing Bloodhound LSR in 2019. The rocket car was designed to go 1,000mph but Covid hit and the project ran out of cash.

Edited by
ROB GILL

● DEAL of the week: £5 for a triple foam car wash at selected IMO drive-throughs until Wednesday, August 19. Good timing with all the hosepipe bans in place.

IMO CAR WASH

● HONDA'S dishing out free merch at Manchester Exchange Square today until Saturday and in Edinburgh St James Quarter from August 20-23. Look for the purple Super-N toy box.

KEEPING COOL . . . engineer Nina refills ice tank

Photography by SIMON THOMPSON

digger

HYDROGEN JCB HITS 406mph

ANDY'S 3RD RECORD

JCB HYDROMAX: 32ft streamliner with two JCB hydrogen engines. Power: 1,500hp. Top speed: 419mph. JCB partnered with Prodrive and Ricardo to build it, 'truly British engineering at its brilliant best'

'SOLUTION FOR THE FUTURE'

HYDROMAX is about proving hydrogen technology in a way a digger never could. JCB chairman Lord Bamford, 80, *left with Rob*, said: "This achievement is much bigger than simply going fast. It is about demonstrating in the most dramatic way the potential of hydrogen combustion.

"We hear constantly about global warming and the need to reduce the world's dependence on fossil fuels and their emissions. There is no question the world needs solutions and I believe very strongly the internal-combustion engine powered by hydrogen can be one for the future – particularly for the heavy-duty machinery that builds our roads, our homes, our cities and infrastructure.

"Congratulations to everyone involved in this extraordinary triumph of cutting-edge, advanced engineering."

FORD FOCUS 'IN DISGUISE'

THE Ford Focus lives on – as a pick-up truck in Trumpland.

I'm serious.

Put this Maverick through an X-ray machine and you'll find the front end is essentially a Mk4 Focus underneath.

It even drives like one.

Unusually for America, Maverick isn't XL-sized like an F-350 Super Duty.

It's actually smaller than our Ranger pick-up and specially engineered for active families.

Less for work, more for rest and play.

The "FlexBed" cargo area has built-in slots for bike racks, D-rings for kayaks and camp gear and so on, an outdoor power socket, even bottle opener for tailgate parties.

Maverick starts around £21k in its US homeland, which is what? Renault Clio money?

I'm sold.

Even our test car in the posh Lariat trim with 4WD and £5k of extras came in under £35k. Same as a Nissan Qashqai.

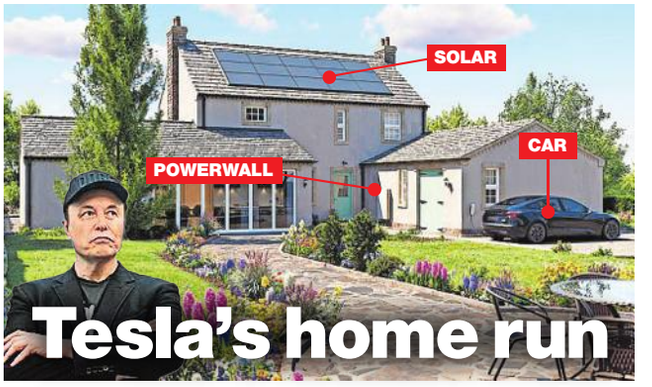
Ford promised a "European Bronco" will come our way from 2028.

Send us the Maverick as well, please.

One last thing. Maverick is named after a Seventies two-door saloon and not Tom Cruise in Top Gun.

●You can watch the video on YouTube @sunmotorsUK.

Key facts:
FORD MAVERICK
Price: **£34,745**
Engine: **2.5-litre petrol hybrid**
Power: **191hp**
0-60mph: **6.7 secs**
Top speed: **113mph**
Economy: **36mpg**



Tesla's home run

I'M no money saving expert but this car/solar/powerwall bundle from Lord Musk deserves closer attention.

Brand-spanking Tesla Model 3 on your drive, £225 a month on PCH. Eight-panel solar system and Tesla Powerwall 3 fitted to your home, £199 a month. Total: £424. So you can charge your motor for free using solar, as well as providing household leccy.

Love him or loathe him, you've got to admit that's another home run from Elon.

The ease and convenience of the Tesla Supercharger network has always been a key reason to buy a Tesla. Now you're sorted at home too. The first wave of solar Powerwall installations has started with partner BOXT.

Go to boxt.co.uk/tesla for more details.

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travelodeal

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HALF BOARD

TUSCANY SPA HOLIDAY WITH MEALS AND TOURS

4 nights • August to November 2026, April to June 2027

HIGHLIGHTS:

- Stay in the elegant Tuscan spa town of Montecatini Terme inclusive of daily breakfast and dinner, plus welcome drinks and wine perks
- Enjoy a Florence day trip, Tuscan wine tasting and Montecatini Alto funicular tickets
- Relax with included entry to the renowned Terme di Montecatini Thermal Spa

WHAT'S INCLUDED:

- Return flights from various UK airports
- Stay four-nights at the four-star Hotel Puccini Montecatini Terme
- Daily breakfast and dinner
- Welcome drink upon arrival
- Bottle of wine in room on arrival
- Return funicular ticket to Montecatini Alto
- Tuscan wine-tasting session in Montecatini Alto

August, September and October 2026 from **£329**PP • November 2026 from **£299**PP • April and May 2027 from **£369**PP • June 2027 from **£349**PP

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Ambassador Ambience • 3 nights • October 15, 2026

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Tilbury – board Ambience for your three-night full-board cruise – Amsterdam – Tilbury

HIGHLIGHTS:

- Enjoy a relaxing mini cruise from the UK with an overnight stay in Amsterdam, giving you plenty of time to explore the city's canals, cafés and famous museums.
- Sail aboard Ambience and enjoy full-board dining, live entertainment, stylish lounges, wellness facilities and classic cruising charm throughout your getaway.
- This hassle-free weekend escape sails direct from Tilbury with no flights needed — perfect for a quick and easy European break

WHAT'S INCLUDED:

- Three-night full-board cruise aboard Ambassador Ambition on a full -board basis
- Port taxes and government fees
- Daily breakfast and dinner

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MALTA ESCAPE

7 nights • August 2026 to April 2027

HIGHLIGHTS:

- Soak up the best of Malta's stunning coastline, with beautiful beaches, scenic boat trips and charming waterfront cafés.
- Daily breakfast and dinner included, plus a complimentary fruit basket and bottle of local red wine on arrival.
- Enjoy a complimentary 30-minute hydro-massage spa session and free admission to the Malta Experience Show.

WHAT'S INCLUDED:

- Return flights from various UK airports
- Seven nights at the four-star Solana Hotel and Spa
- Daily breakfast and dinner
- One complimentary 30-minute hydro-massage bath session at the Nataraya Spa (per person, per stay)
- Complimentary fruit basket and bottle of local red wine on arrival
- Admission to the Malta Experience Show

August and September 2026 from **£699**PP • October and November 2026 from **£439**PP • December 2026 from **£349**PP • January and February 2027 from **£349**PP • March 2027 from **£369**PP • April 2027 from **£519**PP

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PER PERSON
SAVE 45%
CRUISE AND STAY

HURGHADA BEACH ESCAPE WITH ICONIC NILE CRUISE EXPERIENCE

11 nights • August 2026 to April 2027

HIGHLIGHTS:

- Relax on Hurghada's golden beaches and swim in the crystal-clear waters of the Red Sea
- Cruise the legendary Nile, passing villages, palm-fringed landscapes and ancient temples
- Discover Egypt's world-famous wonders, including incredible historic sites that bring 5,000 years of history to life

WHAT'S INCLUDED:

- Return flights from various UK airports
- Four nights at the five-star Swiss Inn Resort Hurghada or similar
- All resort transfers
- Seven nights aboard the M/S Royal Adventure or similar*
- All-inclusive dining and drinks at the resort
- Full board dining on the cruise

August 2026 from **£819**PP • September 2026 from **£919**PP • October 2026 from **£819**PP • November and December 2026 from **£749**PP • January 2027 from **£699**PP • February 2027 from **£749**PP • March 2027from **£799**PP • April from **£919**PP

TERMS AND CONDITIONS: Prices subject to availability at the time of booking and per person and based on two adults sharing. Single supplements and child prices are available - please call for prices. Visas may be required for certain destinations and are the customer's responsibility to obtain – please check at the time of booking. Prices are correct at the time of going to print and are based on the cheapest lead travel date. Full terms and conditions apply. Bookings are arranged by Travelodeal. ATOL 11601 and ABTA protected. *Note: Tips of £50* per person are to be paid locally

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The page where you tell Britain what you think

THE Prime Minister should be living in 10 Downing Street.

How much in travel expenses and hotels is it costing MPs to commute to Manchester — such as the top civil servant overseeing the No10 North "gimmick".

Manchester is in the middle of the country — Newcastle is the north capital.

KENNY MARTIN
South Tyneside, Tyne and Wear

SO President Trump, *pictured*, how many wars have you stopped now since you started your second term in office?

JIM SAUNDERS
Peterborough

THERE should be a level playing field for retail. Amazon should be taxed the same as High Street shops.

TOMMY HAZLEHURST
Goole, Yorks

I USUALLY love TV game shows but lately there seems to have been an influx of celebrity editions.

You know they are going to win no matter what as they are playing for charity.

It feels as though celebrites only go on these programmes to show off and try their best to get a laugh.

They probably also want to boost their status, which is usually sagging.

JANE BIRD
Eastleigh, Hants

REFORM'S Zia Yusuf, *pictured*, has branded ex-Tory Defence Secretary Ben Wallace a traitor for helping many brave Afghans into the UK after the withdrawal from Afghanistan. Yusuf is a disgrace. No wonder Reform voters are returning to the Tories.

SIMON LEWIS
Market Weighton, Yorks

Best wishes to brave Lucy

£50 LETTER

HOW sad that The Office star Lucy Davis has incurable cancer.

I hope she can do everything she wishes to in her life before she gets too ill.

My aunt had cancer and we all rallied around her to make sure she got to do some of her bucket list wishes before she left us.

I'm sure Lucy's friends and relatives will do the same for her. My thoughts are with her and her family.

MILLY MARTIN
Colchester, Essex

STILL SMILING . . . Office star Lucy Davis revealed she has stage four cancer

HOW devastating to learn that Lucy Davis, The Office star and daughter of Jasper Carrott, has stage four breast cancer.

Lucy has asked for friends to provide her with humour and not treat her like a sick person. Those are two things that people find hard to do around someone with cancer.

How brave of her to discuss such a private illness in public.

LARA McMANUS
Portaferry, Co Down

WHAT a sad front page yesterday about Lucy Davis. I think she is so brave to talk about her cancer, and my thoughts go out to her and her family. All the best for what time she has left.

ROB WHELAN
Reading

SO, middle-class families must "play their part" and accept asylum seekers being accommodated near their homes, says Prime Minister Andy Burnham.

Isn't it time he played his own part by stopping the huge numbers of asylum seekers who are invading our country?

And isn't it time we began looking after our own people instead of mollycoddling illegal migrants? Burnham has now promised a relentless focus on this issue. Can't wait to see how that works out.

JOHN ROBSON
Newcastle-upon-Tyne

THE Government's insane migrant policy is not "we are determined to stop them arriving" but that middle-class areas should make space for them.

When does the madness stop? We already have far more than we can cope with — and we are billions in debt anyway before giving free houses and food to young men who see the UK as their El Dorado.

JEAN NORFOLK
Knottingley, West Yorks

ANDY BURNHAM suggests that middle-class families must accept illegal migrants near their homes.

Well why not start with all the Labour MPs' constituencies?

LES KOZAK
Norwich

WHEN Andy Burnham says more middle-class areas must house asylum seekers, what does he mean by middle class? Where is the cut-off point between lower and middle?

It seems a ridiculous statement to make from a ridiculous situation this useless Government has found itself in.

MICK CARTER
Southampton

DOES Andy Burnham not realise that neither the lower or middle class want more asylum seekers? What everyone wants is the boats stopped by every means available and those already here illegally returned.

HARRY HODGE
Aldershot, Hants

NEARLY a million people have signed a petition to stop the early release of PC Andrew Harper's killers.

These men did not receive a long enough sentence in the first place, and them being considered for early release is pure madness.

PC Harper's family have suffered enough. I can't begin to imagine what they're feeling now.

ELERI WEBBER
Little Neston, Cheshire

HOW undervalued serving police officers must feel when killers of their colleague, PC Andrew Harper, are firstly given a totally inadequate sentence and then given the opportunity for early release.

Police are not allowed to strike, but if these killers are released early then all serving officers should consider going sick on the same day to show their disgust.

IAN LEWIS
Leicester

SOME say climate change is a hoax. Well, it's the most realistic hoax I've seen.

DAVID ROSE
Linton, Cambs

email, fax, write, text or comment online

We pay £50 for our Star Letter of the day: Email letters@the-sun.co.uk. Fax us on 020 7782 4170 or write to Dear Sun, The Sun, 1 London Bridge Street, London, SE1 9GF. Include your full name and address. Text us on 07537 410199, don't forget to include your name and where you're from. Standard text rates from your provider apply. You can share your views at thesun.co.uk.

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Mystic Meg

with MAGGIE HYDE

ARIES March 21 – April 20

Whatever has been blocking your way or confusing you is disappearing, leaving a clear road ahead and fading footsteps behind. Single? A chance meeting is more than it seems. Don't dismiss someone simply because they are not your type on paper. You know the best things in life begin with a leap of faith.

TAURUS April 21 – May 21

Your natural charm is a great asset. Work is less demanding as others respond to your calm approach – they will go out of their way because they like you. That leaves you with more time and energy to show up where you're needed at home. Considering a move? Take the scenic route via the estate agent's window tonight.

GEMINI May 22 – June 21

No one is better at connecting the dots than you, but today you're firing on all cylinders. A light-bulb moment makes you feel confident that you can create a lasting change. Don't be afraid to be the face of this new idea – it's your time to shine. Upgrade any gadgets that are slowing you down before they let you down.

CANCER June 22 – July 22

Action-planet Mars in your sign switches red lights to green. Your secret ambitions will emerge soon, so back yourself and be determined to make things happen. Someone with experience is happy to lend an ear, and their encouragement could open an unexpected door. Want a pay rise? Don't put off asking.

LEO July 23 – August 23

Good job you're not one to shy away from the spotlight. Yesterday's solar eclipse in your sign marks the start of an exciting new chapter – if you fancy a new hairstyle, outfit or complete makeover, be bold. You don't have to explain yourself and those who love you are along for the ride. Sunflowers are your lucky charm.

VIRGO August 24 – September 22

You've weighed up every option, now the Moon enters your sign mid-morning, and you are ready to step back into the world. Decisions come easily, and someone is ready to pay you what you are worth. Replacing a worn-out belonging? Invest in quality over quantity by picking something built to last.

LIBRA September 23 – October 23

When every day feels like a good-hair day, it's impossible not to turn heads. Your next big opportunity is via a friend of a friend, and the wheels are already in motion. Don't keep your ambitions to yourself – the more people know what you're working towards, the more likely the right introduction will happen.

SCORPIO October 24 – November 22

Once you've made up your mind, there is no turning back. Whether it's leaving a workplace, speaking up for a team or putting a business plan into action, now is the time. All this recognition could lead to more travel, whether it's a longer commute or a business trip abroad. Just keep everyone at home in the loop.

SAGITTARIUS November 23 – December 21

The recent solar eclipse is inspiring you to broaden horizons through study, setting you on an exciting new path. As much as you want to dive right in, remember that all work and no play is your worst enemy. So say yes to the barbecue or garden party – you can learn just as much from good conversation.

CAPRICORN December 22 – January 20

You always manage to make hard work pay off, and your diligence keeps everything running smoothly. This creates the space for catching up with something especially interesting to you, maybe an idea that needs your individual touch. If you are planning a major purchase, make sure everyone is on the same page.

AQUARIUS January 21 –February 18

Yesterday's solar eclipse reminds you that two heads really can be better than one. Whether it's a new relationship, business partnership or trusted ally, someone will help you achieve more than you could alone. Work may feel like an uphill slog, but the right person beside you will make the climb far easier.

PISCES February 19 – March 20

If you have recently started a new job or taken on extra responsibilities, it might feel like you are swimming against the current. But the tide is beginning to turn. A partner or close friend is happy to lighten the load, if you let them. If romance is on the cards, a walk by the water could be what you both need.

Phone Meg's psychics for a chat on 0905 005 8102

Or to pay by credit/debit card call 08000 356 684 or mobile users call 020 7111 6406

Text a psychic. Just text MEG then a space and your question to 60016

Calls cost £1.50 per minute plus your telephone company's network access charge. You must have bill payer's permission. Calls recorded for your protection. Max call duration 19 mins for 0905 numbers. Over 18s only. These services are for entertainment only. SMS cost £1 per received message, max 3 messages per reply. UK only. To opt out of three promo messages call Helpline: 0330 114 0300. SP: Inveroak.com, PO Box 10015, CM1 9HH.

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EASY

				8				
		4	3	6	5	1		
8		3		1		9		6
	7						4	
1			8		7			2
6			5		3			1
3		7	2		6	8		4
5		2		7		6		9
	8						7	

TEASER

Call 0905 757 0156 for clues or solutions
Cost £1 per minute plus network charge

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				6	2			3
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	7	2	9		4			

TOUGHIE

Call 0905 757 0152 for clues or solutions
Cost £1 per minute plus network charge

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		7	8				5	
	8			3			2	
		2	5					6
4			7		1			3
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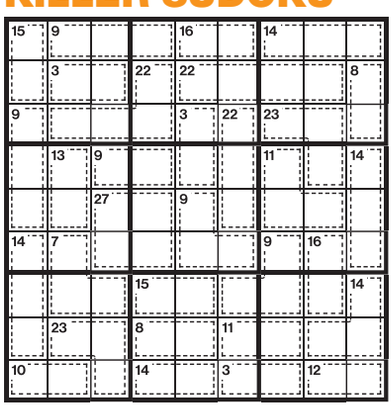
	2			5			3	
	3				8	1		
9				6				5

KILLER SUDOKU



The normal rules of sudoku apply. In addition, the digits in each inner shape (marked by dashes) must add up to the number in the top corner of that shape. No digit can be repeated within an inner shape. Solution on right.

TWO-SPEED CROSSWORD

Two sets of clues but the answers are the same

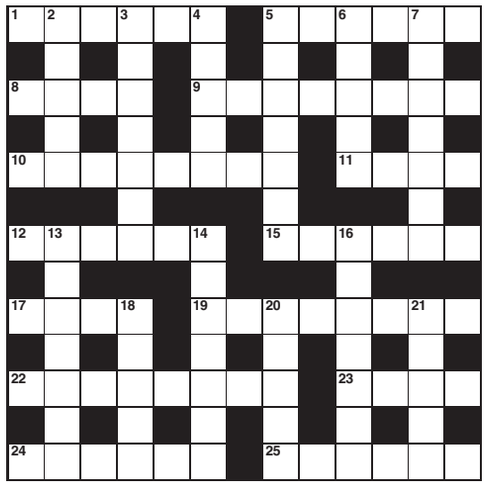
Cryptic

ACROSS

1 Dog show includes commercial (6)
5 Young male briefly to take great chance in tight fitting outfit (6)
8 Circle of hell close to Portmadoc (4)
9 Female host endlessly mardy in rural workplace (8)
10 Important person is orange (8)
11 Dead section of laburnum burned (4)
12 Section of song from Switzerland or America (6)
15 Lets us broadcast fight (6)
17 Caught with bone in bed (4)
19 Pitiful quote about following route (8)
22 Log on, and aim to change nation (8)
23 Paid Oliver to protect hero (4)
24 Person fishing left in rage (6)
25 Colour fabric square in front of you (3-3)

DOWN

2 Port provided in hotel by motoring organisation (5)
3 Extremely disruptive drink in key match (7)
4 Fight about iron shard (5)
5 Old boring hairstyle for honoured commoner (7)
6 Desire following party's most senior member (5)
7 Vehicle male crashed in sticky liquid (7)
13 Talk tediously about old spear (7)
14 More flexible wholesaler ignoring Italy (7)
16 Content of blister I left is free from germs (7)
18 Win over the Spanish in one-sided set of tennis (5)
20 On the radio, followed treatise (5)
21 Humorous incongruity in metal yard (5)



Solutions tomorrow
Get solutions today: Call **0905 757 0150** for Across and **0905 757 0151** for Down before midnight.
Calls cost £1 a minute plus network charge.

Coffee Time

ACROSS

1 Gloom (6)
5 Upper part of dress (6)
8 Piece of cartilage in the back (4)
9 Enclosed area where livestock may be found (8)
10 Chinese language (8)
11 Unfeeling (4)
12 Backing singers (6)
15 Battle (6)
17 Copy (4)
19 Distressingly inadequate (8)
22 Landlocked Asian country (8)
23 Superstar (4)
24 Fish that lure their prey using a long dorsal fin (6)
25 Garment with unusual colour patterns (3-3)

DOWN

2 Third largest city in Israel (5)
3 Final goal in close match (7)
4 Thin biscuit (5)
5 Lowest British hereditary title (7)
6 Most experienced person in a group (5)
7 Substance made by heating sugar (7)
13 Weapon used to hunt whales (7)
14 More lithe (7)
16 Infertile (7)
18 Ring-shaped bread roll (5)
20 Large area of land (5)
21 Subtle form of humour (5)

Buy the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 at harpercollins.co.uk or call 0141 306 3100

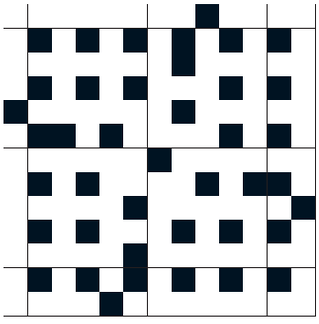
WORDSEARCH

Find seven words associated with Tarzan. Words can run forwards, backwards or diagonally.

R	E	S	O	S	Y	T
J	D	L	E	U	R	G
W	A	P	G	P	C	W
I	A	N	E	N	I	V
L	V	R	E	I	U	S
D	O	T	A	E	R	J
C	L	A	Y	T	O	N

KRISS KROSS

Fit the words into the grid. Solution below right.



3 letters
Air
Bra
Bye
Pal

4 letters
Amen
Dupe
Hark
Hole
Idol
Item
Lane
Tell

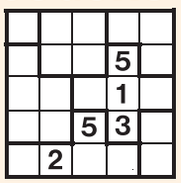
5 letters
Adore
Coypu
Indie
Ocean
Rodeo
Storm
Stump
Taste

6 letters
Albeit
Cereal
Dapper
Dilate
Eclair
Stroll
Submit
Unmade

7 letters
Android
Moulder
Obscene
Payroll

8 letters
Arboreal
Dockside
Eternity
Gunsmith

SUGURU®



Each cell in an outlined block must contain a digit: a two-cell block contains the digits 1 and 2, a three-cell block contains the digits 1, 2 and 3, and so on. The same digit must not appear in neighbouring cells, not even diagonally. Solution below right.

THE NAME GAME

EACH clue leads to a well-known name. Put the initials or stated letters in the appropriate squares to identify a folklore character:

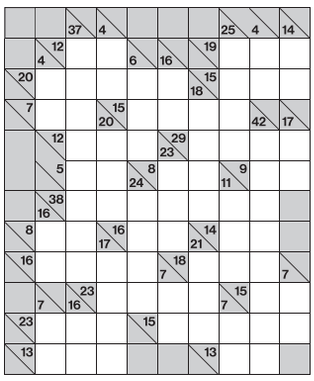
1	2	3	4	5	6	7	8

3	Mr Elphick, star of the TV series Boon who also played Harry Slater in EastEnders
7	Kobbie __, Manchester United and England midfielder who was in the 2026 World Cup squad, if only to watch
4 & 1	She starred as Perfidia Beverly Hills in One Battle After Another
8 & 2	Late wildlife presenter and former Goodie
5 & 6	Joel, director of St. Elmo's Fire, The Lost Boys and The Client (third and fourth letters of name)

Yesterday: Poet WB YEATS (Emily (Maitlis), William Shatner, Trevor (Nunn), Ali (MacGraw), (Alice) Beer). Another Name Game in The Sun tomorrow.

Can't wait until tomorrow for the answers? Call **0901 293 6298**
Calls cost £1 plus your network access charge.

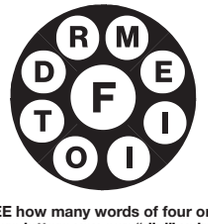
KAKURO



Fill the grid so that each block adds up to the total in the box above or to the left of it. You can only use the digits 1-9 and you must not use the same digit twice in a block. The same digit may occur more than once in a row or column. Solution below right.

SUNDIAL

Brilliant: 23. Excellent: 19.
Good: 14. Great kids' score: 11.



SEE how many words of four or more letters you can "dial" using the one at the centre in each word. You can make at least one word using all of them. Don't use the letters more than once in any word. No proper names or plurals ending in 's'. Words from Collins Concise Dictionary. Solution tomorrow.

YESTERDAY: Extol, gone, ingot, into, legion, lento, lilo, lingo, lino, lion, loge, loin, lone, long, loti, niello, note, ogle, tiglon, tigon, toeing, toil, toile, toll, tolling, tone, toxin, EXTOLLING.

30-SECOND NUMBERCRUNCH

Starting at the left with the number provided, work your way across the three lines one at a time, applying all the mathematical instructions to your running total. Don't use a calculator – that would be cheating! Write your answer at the end. Aim to complete each round in about 30 seconds. Good luck! Answers on the right.

EASY **68**	+176	Half of it	-35	÷3	-19	×11	+90	÷4	-24	ANSWER
MEDIUM **99**	-49	÷10	+160	2/3 of it	-38	÷8	+323	Half of it	-108	ANSWER
HARDER **676**	-358	5/6 of it	+3533	÷18	+2631	÷14	-97	50% of it	+678	ANSWER

Check today's answers by calling **0905 757 0155** before midnight.
Calls cost £1 per minute plus your telephone company's network access charge.

favourite brain-teasers! from Tuesday to Friday

Don't miss Saturday's Sun and The Sun on Sunday for bumper 3-page puzzle specials

WORD WORKOUT

■	10	16	6	13	11	2	6	18 N	21	■
3	■	15	■	6	■	9	■	9	■	■
8	1	3	19	10	■	10	15	18	6 I	13
6	■	10	■	23	■	22	■	■	■	9
10	9	16 R	10	■	5	19	16	3	8	3
9	■	8	■	1	■	16	■	20	■	10
7	8	17	1	19	16	■	10	8	7	9
2	■	■	■	2	■	24	■	19	■	14
19	4	13	19	2	■	15	1	19	16	9
■	■	8	■	19	■	11	■	12	■	23
■	26	19	9	10	22 H	19	16	19	25	■

A B C D E F G ~~H~~ ~~I~~ J K L M ~~N~~ O P Q ~~R~~ S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
					I							
14	15	16	17	18	19	20	21	22	23	24	25	26
		R		N				H				

The world's best brain-teaser – The Sun's clueless crossword. Each grid number in our Word Workout game represents a letter. So if you think 4 is the letter A, write A in all the squares with a 4. The whole alphabet is used and we have supplied some letters to start you off. Answers tomorrow.

YESTERDAY'S SOLUTION

ACROSS: Doze, Dust, Apt, Acrylic, Excite, Post, Task, Fennel, Conquer, Gas, Swat, Rite.
DOWN: Optic, Enact, Dirt, Salvo, Majestic, Catalyst, Ink, Pun, Sinew, Error, Night, Bust.

For four extra WORD WORKOUT clues
CALL 0901 293 6299 **TEXT** SUNWORD to 64343
Cost £1 plus standard network charge
For clues from the last 7 days **CALL** 0905 624 0010. Cost £1 per min plus network charge

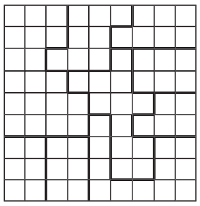
MISSING LINK

Fit ten words into the grid so each connects with the words on either side, eg wishing – well – done. The letters in the shaded squares spell out an engine. Solution below.

QUANTUM					YEARS
PUMP					ORE
WORM					OUT
PIT					WATCH
SNAIL					VAN
WELL					DOWN
FALSE					ASIDE
HOME					BOX
MERCHANT					BLUE
BLIND					STREET

STARS

Put two stars in each row, column and region. Star cells can't touch, even diagonally. Solution below.



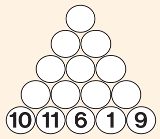
X FACTOR

Normal sudoku rules... but the two main diagonals must also contain the numbers 1-9. Solution below.

7								8
6	3		9	7	5		4	1
	7						9	
2								3
		3		2		7		
	8		3		1		2	
		1		5		3		
		4				1		

ADD UP

If the number in each circle is the sum of the two below it, what is the top number? Solution below.

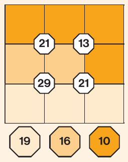


BRAINBUSTER

Can you rearrange each set of letter blocks into one longer word?

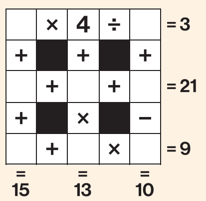
[a] NS-TI-T-ON-MA-AL-FO-RA-R
[b] P-VE-ME-UN-LO-DE-R-NT-DE

SAKURO



Enter the numbers 1 to 9 in the spaces so that the number in each octagon is equal to the sum of its four surrounding squares. Each coloured area should add up to the colour totals at the bottom. Solution below.

SET SQUARE



Place digits 1-9 to make the sums work. Each digit can be used only once. Solution below.

Yesterday's solutions

SunDOKU

Easy

1	2	4	8	6	7	9	5	3
3	6	8	4	5	9	2	1	7
5	9	7	1	2	3	4	6	8
8	4	1	9	3	2	6	7	5
7	5	2	6	4	8	1	3	9
9	3	6	7	1	5	8	2	4
4	1	3	5	8	6	7	9	2
6	7	5	2	9	4	3	8	1
2	8	9	3	7	1	5	4	6

Teaser

1	3	5	7	8	2	6	4	9
2	7	4	9	3	6	8	5	1
8	9	6	5	1	4	3	7	2
5	2	7	3	9	8	1	6	4
3	4	1	6	2	7	5	9	8
6	8	9	1	4	5	7	2	3
4	5	3	2	7	1	9	8	6
7	1	2	8	6	9	4	3	5
9	6	8	4	5	3	2	1	7

Toughie

1	2	4	7	6	5	8	9	3
6	5	9	1	3	8	7	2	4
7	8	3	9	2	4	1	6	5
4	1	8	5	7	9	2	3	6
9	3	6	2	8	1	5	4	7
2	7	5	6	4	3	9	8	1
3	9	2	4	1	7	6	5	8
8	6	1	3	5	2	4	7	9
5	4	7	8	9	6	3	1	2

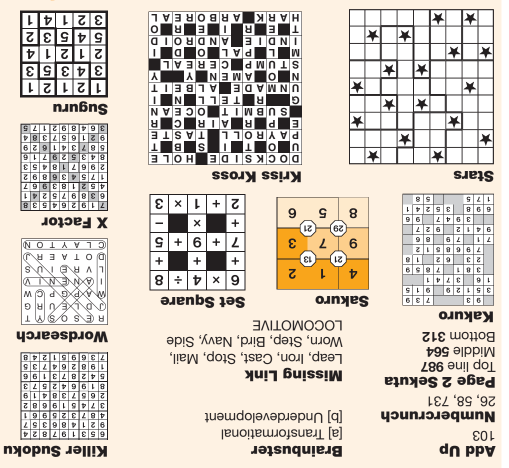
Two-speed crossword

ACROSS: 1 Lot-u-s, 4 Mi-dla-nd, 8 Lett-uce, 9 Ski-m-p, 10 Cu-l(a)minate, 11 Ewe, 12 L-a-y-out, 14 Sta-p-le, 17 C-og, 19 Brassier-e, 22 F-l-ora, 23 Pro-cee-d, 24 Rep-re-ss, 25 Tutor.

DOWN: 1 Lilac, 2 Tot-ally, 3 S-audi, 4 Ma-enad, 5 D-is-sent, 6 A-side, 7 De-p-lete, 12 Lucifer, 13 Umbrage, 15 Present, 16 P-a-mp-as, 18 Gro(w)up, 20 Sco-u-t, 21 Ei-der.

NEWSPAPERS SUPPORT RECYCLING
The recycled paper content of UK newspapers in 2025 was 34.7%

Today's solutions



Add Up 103

Numbercrunch 26, 58, 731

Page 2 Sekuta Top line 987 Middle 564 Bottom 312

Brainbuster [a] Transformational [b] Underdevelopment

Missing Link Leap, Iron, Cast, Stop, Mail, Worn, Step, Bird, Navy, Side LOCOMOTIVE

Calls for clues & answers last no longer than 2 minutes (Sundial answers may vary). Helpline: **0333 202 3390** (9am-5.30pm). Service provider: Spoke, W1T 4HD

FENWICK FIRES

DEPARTMENT store chain **FENWICK** has narrowed losses after rolling out the first step of a three-year turnaround plan.

The family-owned business posted a pre-tax loss of £22million for the year to February, better than the previous year's £35million.

Turnover and like-for-like sales rose. Fenwick, which has eight UK outlets, hailed its investment in its stores, digital services and loyalty scheme. It remains debt-free.

CURIO CANNED

WHSMITH is shutting nearly half of its **CURI.O.CITY** souvenir and stationery shops just three years after launching the brand.

A London St Pancras International branch and two at Gatwick airport are being axed.

Five other shops will remain as WHSmith trims its brick-and-mortar estate.

The closures are separate from upheaval at WHSmith's former high street arm, renamed **TGJONES** after it was sold off in June 2025.

Sun daily money
james.flanders@thesun.co.uk
EDITED By JAMES FLANDERS, Business Affairs Editor

BALFOUR BEAUTY!

Builder's shares hit record high

By JAMES FLANDERS

SHARES in construction giant BALFOUR BEATTY surged to a record high yesterday after the British FTSE 250 company raised its profit and cash forecasts.

The group said it was heading into the second half of the year with "real momentum", helped by strong demand for data centres, US building projects and UK power networks.

The shares hit an all-time high of 973p before settling to close the day at around 926.50p.

They are up over 30 per cent since January, when they traded at near 714p.

Yesterday's news came after revenue climbed eight per cent to £5.56billion in the six months to June 26, compared with the same period last year.

Its US construction arm also returned to profits. The upbeat performance prompted Balfour Beatty – now valued at more than £4billion – to predict low double-digit earnings growth this year. It had previously expected growth in the high single digits.

The London-based firm, which formed in 1909, also upgraded its average net cash forecast to between £1.5billion and £1.7billion, from £1.3billion to £1.5billion.

Boss Philip Hoare said the first-half results reflected the quality of the business, careful project delivery and the contribution of its workers.

He said: "Supported by a £23billion order book, attractive growth markets and strong operational momentum, Balfour Beatty is well positioned to deliver these programmes safely, efficiently and at scale."

eToro analyst Adam Vettese said the firm offered the predictable, lower-risk growth liked by investors.

8% revenue rise in six months to late June — to £5.56bn

FTSE 100 10,833.15 DOWN 11.04pts 0.10%

£ $1.34 €1.17

SHARE PRICES

Company	Price	+/-	Change
21st Cent Fox Inc A	4682		-
21st Cent Fox Inc B	3349¼		-
Aberdeen Group	251¼	+	2
Anglo American	4075	+	54
Assco Br Foods	2044	-	29
AstraZeneca*	11690	-	154
Aviva	702¼	+	5 ¼
BAE Systems	2267	+	37
BP	529¼	-	6 ½
BT Group*	195	-	1
Barclays*	519	+	3
Barratt Redrow	322¾	+	3 ¾
Bco Santander SA	1098	+	4
Brit Ameri Tobacco*	4162	-	40
British Land	436¼	+	0 ½
Bunzl	2758	-	48
Burberry Group	1118	-	52
Compass	2438½	-	6 ½
Currys	160¾	+	0 ¼
Diageo	1730¾	-	35
Drax Group	736	-	4 ½
Experian	2820	-	54
FirstGroup	182½	-	0
Frasers Group	799½	+	0 ½
GSK	1861	-	35
Greggs	1837	-	55
HSBC	1532½	+	8 ¼
IMI	3152	+	28
ITV	71	+	0
Imperial Brands	2603	-	25
InterCont Hotels	11733¼	+	199¾
Intl Consol. Airlines	443¼	+	3 ¼
Johnson Matthey	2196	+	12
Kingfisher	321½	-	1 ½
Legal&General	303¼	+	1 ¾
Lloyds Banking Gp*	115	+	1
LSE Grp	8732	-	74
Man Group*	312¼	-	0 ½
Marks & Spencer	386½	-	15 ¼
Mitch & Butlers	282	+	2
Mitie Group*	206¼		-
Mobico Group	25¾		-
Mothercare	1	+	0
NatWest Group	714¼	+	6 ¾
National Grid	1195½	+	10
News Corp A	2106	-	3 ¾
News Corp B	2405¾	-	21 ½
Next	15285	-	300
Pennon*	469¾	+	6
Persimmon	1170½	+	7 ½
Prudential	1016	+	3 ½
Rank Group	100¾	+	1
Reckitt Benckiser*	5146	-	138
Rentokil	360¼	-	0
Rightmove	492½	+	8
Rio Tinto Ltd	9392¼	-	13 ¾
Rolls-Royce*	1551½	+	18 ½
SSE*	2422	+	24
Sainsbury's	337¾	-	6 ¾
Segro*	957¼	+	5 ¼
Severn Trent	3100	+	18
Shell	3322	-	34
Smith&New	1093½	-	14 ½
Smiths News	71¾		-
Standard Chartered*	2223	+	5
Tesco	450½	-	10 ¾
The Sage Grp	1022½	-	17
Unilever*	4556	-	50 ½
United Utilities	1427	+	18
Vanquis Banking Gp	78¾	-	0 ¾
Vesuvius	402¾	-	0 ¼
Vodafone	119¾	+	1 ½
WH Smith	428½	-	5 ½

* = ex dividend

IRAN WAR SLUMP AT TUI

HOLIDAY giant TUI saw pre-tax profits dip 43 per cent to £131million in the three months to June as families delayed bookings amid the Iran war and rising bills.

Customer numbers fell three per cent, with high fuel costs and competition also squeezing earnings. Tui said the Middle East conflict and hurricanes in Jamaica cost it £69.2million this year. Its cruises arm took a £17.1million hit after it repatriated 5,000 passengers from Abu Dhabi.

It called 2026 "no ordinary year". But full-year forecasts are unchanged and recent bookings are up seven per cent.

DARTS

BOBBY IS 'STILL HERE'

I HOPE TO BE A RIGHT DAZZLER AT 100

George on mend after heart scare

LOOKING UP . . . George is snapped in hospital after surgery

WHENEVER you ask 80-year-old Bobby George how he is doing these days, the King of Bling usually quips: 'I'm still here'.

It is a self-mocking phrase he likes to use – an acknowledgement of all he has been through in his life – and was the title of his latest autobiography.

But there is greater poignancy now to those words . . . and he knows how lucky he is to still be around.

Still firing off jokes and wisecracks, giving grief to his beloved wife Marie, winding up his four kids or playfully telling his "too many" grandchildren they should "f*** off and play with the buses on the A12".

Bobby Dazzler, a laugh-a-minute bloke, remains one of the most charismatic figures in darts.

That is despite the fact it is now decades since he reached two finals of the now-defunct BDO World Championship at Lakeside.

Yet several weeks ago – seven months after his 80th birthday – he was given a reminder of his own mortality as he had an emergency heart procedure at The Essex Cardiothoracic Centre in Basildon.

It was by chance he managed to find his way on to a hospital bed.

In his first interview since that op, George – who had never had heart issues before – told SunSport: "I was chatting to my doctors and said, 'I want to live to 90'.

"And when I'm 90, I want to live to 100. Maybe 180 is too much. I already look like a f***ing dried-up donut now . . . one with no jam in it.

"Anyway, I was told my heart should have been looked at for the past ten years but they had never bothered. The doctor said that

By **ROB MAUL**

EXCLUSIVE

I'd get a letter from specialists in Colchester. Well, I never got it.

"Then my daughter – who lives with my ex-wife in Redbridge – rang to say she'd got a letter from the National Health Service for me.

"It was an appointment, a time and date, with this specialist. They sent that thing to my address from 40-odd years ago.

"If I'd got a letter from the NHS not for me, I'd just bin it. And 99 per cent of people would, too.

"It's like a Del Boy story, really. Because if my daughter hadn't lived at that address still, I'd be on my way to being dead. Talk about being lucky. Without that, I'd be down the swanee. One doctor said if I didn't have this valve fixed, I would be dead in 18 months.

"They said I'd be sent to Basildon to see a surgeon. And they don't muck about there."

The darts legend had MRI scans, which he describes as feeling like you are lying "in a tumble dryer".

He then underwent a transcatheter aortic valve implantation – instead of open-heart surgery – to repair a faulty heart valve.

George, who also has difficulty breathing due to chronic obstructive pulmonary disease, had the implant inserted through his groin during an hour-long procedure.

He was warned there was a five-per-cent risk of a "bleed out".

Yet it all went well and George remains grateful to the wonderful NHS nurses and doctors. He said: "In my language, they are the b****cks because they were right on the ball."

For now, he is resting up at his 18-bedroom mansion – George Hall, which he built himself – walking a bit further every day, though there are some strict rules.

Like no strenuous sex, though he did roar with laughter at that one.

George replied: "I told them, 'Why are you telling me that? I don't have no sex now'.

"Anyway, it was supposed to be open-heart surgery, not open legs surgery . . ."

There is also strictly no Hoovering and he cannot mow the lawn that surrounds two fishing lakes at the bottom of his Essex garden.

But that is handy as "the lawn ain't grown because of the weather – it's dead, that was a result".

Flamboyant George, who started throwing darts some 50 years ago, is famous for his gold jewellery.

There was also the crown and cloak he wore, while holding a candelabra, and walking out on stage to the iconic Queen song, We Are the Champions.

During his recovery, he has been watching darts on TV, particularly the recent World Cup which was won by England in Germany.

And George has changed his opinion on Luke Littler after seeing the 19-year-old sensation dominate the oche this year.

The darts icon confessed: "I said, 'Luke could be a fluke'. But he keeps winning and he ain't no fluke.

"He's unbelievable, isn't he? He just wins everything. Just amazing.

"People have had chances to beat him – actually beat him. But when he's on top, they just ain't got a chance, have they?"

FLAMBOYANT . . . bling darts icon is beloved by fans for his larger-than-life personality

COLES . . . contract

Oz hope as Coles joins elite

By ADAM HATHAWAY

NORTHAMPTON lock Alex Coles was one of the big winners as England rugby announced a new batch of enhanced elite contracts.

Boss Steve Borthwick has handed Coles — plus Sale prop Asher Opoku-Fordjour, Gloucester centre Seb Atkinson, Leicester scrum-half Jack van Poortvliet and Bath flanker Guy Pepper — new deals worth £150,000 a year.

But Borthwick is limited to 25 of the contracts so Ollie Lawrence, Elliot Daly, Tom Roebuck and Ben Curry have had theirs cut.

Bordeaux-Begles-bound Tom Willis is also missing from last year's list.

Borthwick will take 33 players to next year's World Cup and the 25 on the enhanced contracts are in pole position to make Australia 2027.

It will not guarantee selection but does mean England — and not the clubs — have the final say on a player's conditioning and injury rehab.

Sport

ANGHARAD EVANS stormed to European swimming gold in the 100 metres breaststroke. The Scot, 23, set a GB and championship record of 1min 04.87sec – the eighth fastest time in history.

SHORT

Burgess' Warr over schedule

By GARY CARTER

SAM BURGESS has blasted the scheduling that sees Warrington face three matches in ten days.

But he will be happier at the news that England captain George Williams will return for Wolves after four months out following neck surgery.

Burgess' side face York tonight before heading to Hull KR on Tuesday for a fixture that was postponed due to Rovers' World Club Challenge involvement.

Wolves then host Huddersfield on Sunday week.

Boss Burgess said: "I'm not happy about it. I don't think there is much consideration for players and their welfare.

"A bit of squad rotation will have to come into play. It's totally unacceptable but it is what it is."

Williams' return is a boost for Warrington — and England, ahead of this autumn's World Cup.

Burgess said: "George will play. I think he's fed up of just training."

CRICKET

Root's no midnight watchman

JOE SCRAPS CURFEW

By JOHN ETHERIDGE

JOE ROOT has scrapped England's midnight curfew and told his players to "behave like adults".

Returning captain Root's decision ends months of uncertainty over the Test team's stance on drinking and socialising.

The 35-year-old batter insisted: "There's not going to be a curfew. And I don't think this needs to be a big deal, to be honest.

"My view on curfews is that I don't think they work.

"If you want guys to take responsibility on the field, they have to feel like grown adults off it and make good, strong decisions."

A curfew was brought back in after the 4-1 defeat in The Ashes amid accusations of a boozing culture in the squad.

Former captain Ben Stokes and bowler Gus Atkinson were suspended for a Test having broken the curfew at a London nightclub following June's win over New Zealand at Lord's.

Stokes' lawyers pointed out the curfew had no written confirmation.

Both players escaped further sanction but Stokes retired from international cricket just weeks later at his next Test appearance.

England supremo Rob Key even considered a total alcohol ban but instead tightened up the curfew details.

Yet Root, alongside new coach Stephen Fleming, has binned it ahead of the three Test series against Pakistan starting at Headingley next Wednesday.

Speaking to the Sky Cricket podcast, he said: "It's for us as a team to self-police and for me and Flem to manage well.

"Ultimately, you are grown adults. You know what it takes to play for England.

"Look after yourselves and each other, create a good, strong culture where you know when to enjoy a win or have a sensible beer or whatever."

CUR-PHEW . . . skipper Root wants players to be able to act like adults and enjoy a 'sensible' beer

Cadillac's Low blow

GRAEME LOWDON has been sacked as Cadillac team principal midway through the team's debut Formula One season.

The American outfit joined the grid for 2026 after years of planning under Lowdon.

But Marcin Budkowski has now taken over, with Silverstone-based Cadillac yet to score a point and failing to make it into the second phase of qualifying in their first 11 races.

Chief exec Dan Towriss said: "This decision was mine, it was not mutual."

Pole Budkowski's first race in charge will come at the Dutch Grand Prix on Sunday week.

CAN PLEA . . . Gilbert

FARMER GETS A SWEAT ON!

By ROB MAUL

DAVID GILBERT issued a plea to fans to donate deodorant after running out during his stay in China!

Snooker is taking over the Far East this month as players compete in the China Open, which concludes on Sunday, then the Wuhan Open, from August 23 to 29.

Heat and humidity are big issues in China and Gilbert did not pack enough antiperspirant as he extends his stay in Taiyuan.

The Angry Farmer, 45, said: "I only packed a couple of cans of deodorant. I'm not usually at the comps very long. It has been very hot and humid over here.

"I went for a walk to the mall and couldn't find any deodorant. So, if anybody else out there can help me, I would love an extra couple of cans if possible please."

Gilbert remains in the hunt for the £250,000 top prize at the China Open after smashing Ding Junhui 6-1 and then world champion Wu Yize 6-2. He faces another local hero, Zhou Yuelong, in the quarters.

Ronnie O'Sullivan suffered a second-round KO following a 6-4 loss to Thailand's Noppon Saengkham.

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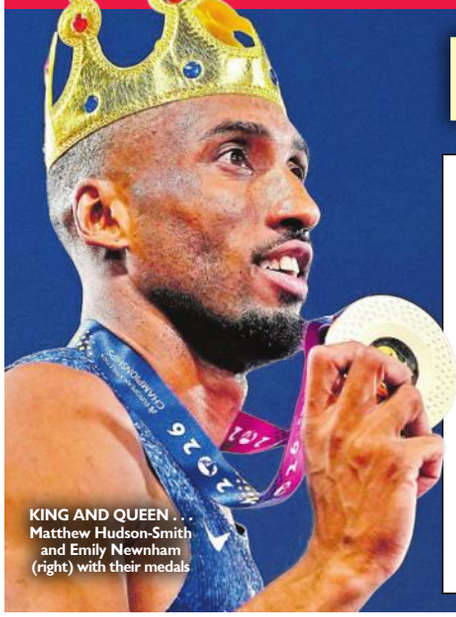
EURO ATHLETICS

ACTION FROM BRUM



KING AND QUEEN . . . Matthew Hudson-Smith and Emily Newnham (right) with their medals

Matt crowned

LOCAL hero Matthew Hudson-Smith eclipsed his rivals as he strode to glory — in front of an Alexander Stadium stand named in his honour.

By ROB MAUL

On the night the sun and moon aligned, so too did the stars for the Wolverhampton runner, who first trained on this track aged ten.

Hudson-Smith, 31, claimed 400 metres gold in 44.17 seconds to bag a **THIRD** European title over a lap after holding off French rival Muhammad Abdallah Kounta.

The home-town boy then posed for photos in front of the temporary stand that bears his name before throwing his hat in the ring to become mayor!

Hudson-Smith said: "I cannot describe what this means to me.

"I have got my stand. Now I will go for Mayor of Birmingham and Wolverhampton!"

Despite victory, he hit back at the BBC for suggesting he had been carrying an injury.

He added: "I was watching a BBC Newscast. You guys need to come with the facts, man. Saying I was injured.

"The whole point of rounds is to survive and advance. I tried to conserve rounds. Me and my coach were laughing all the way around."

EMILY NEWNHAM clinched silver in the women's 400m hurdles with a personal-best time of 53.33sec.

She said: "I am so, so happy. I work hard and the training times show that. But it doesn't matter what you do in training if you can't put it on the track."

The women's 200m final tonight could end up being a domestic battle between speed queens **AMY HUNT** – who won semi-final one in 22.37sec – and **DINA ASHER-SMITH**, who ran 22.49.

HODGKINSON . . . clash

Fan roar is Kee in ace race

EXCLUSIVE by ROB MAUL

KEELY HODGKINSON will use the "roar of the crowd" to propel her to Euro glory, says athletics legend Colin Jackson.

A sell-out is expected tomorrow night for the women's European Championships 800 metres in Birmingham — with Hodgkinson aiming for a hat-trick of continental titles.

The 24-year-old and main rival Audrey Werro, 22, from Switzerland have been kept apart as they negotiate today's semi-finals.

Jackson — a four-time 110m hurdling champ at European level — is backing Hodgkinson.

The Welshman, 59 *(left)*, speaking on behalf of SPAR's Everyday Champions initiative, said: "It's going to be fantastic. Werro is exceptionally talented and she is hungry.

"But Keely is going to be competing for the home nation, with the audience roaring her on.

"So, if Audrey Werro is on her shoulder with 100m to go, the roar of the crowd may be just the thing that is necessary to take Keely those extra metres to take that title.

"It's going to be a right old royal battle."

● Colin Jackson is supporting SPAR's Everyday Champions campaign to celebrate people who make life better for others through everyday acts of kindness.

ROMELL WASN'T BUILT IN A DAY...

Long road for champ

By ROB MAUL

ROMELL GLAVE broke his back twice and wore a supportive brace for a year before he became Britain's new sprint king.

The newly crowned European 100 metres champion – the eighth time there has been a British male gold medallist over this distance – endured a long and painful route to the top.

Glave, 26, emigrated from Jamaica to South London with his dad, a builder, when he was 15.

And he always believed he would be a success.

Once touted as the world's fastest teen – he ran 100m in 10.21sec aged 17 – his career was halted by two nasty injuries.

Glave said: "I was so determined to make it. I know I have the ability to be one of the best.

"Delayed but not denied. I'm a living testimony that you need to be patient, don't look at other people's journeys, because everyone's journey is unique.

"My coach and I have been through everything together, through the darkness of my life.

"To be here with him shows true resilience, support and belief.

"I fractured my back in 2020 and 2022. No surgery. I was in a brace for the whole of 2022.

"It was due to training – and a change of surface during Covid.

"I couldn't access a stadium, so I went on to grass and that's where it started to affect me.

"I came to Britain for a better opportunity. There's more opportunity here than Jamaica.

"I was born in Jamaica but Britain is where I was made. I used to play cricket and football but my first love is athletics."

Glave's sporting hero was Jamaican eight-time Olympic champ Usain Bolt – but he joins a small group of Brits to achieve men's 100m supremacy in Europe.

The other British winners were Jack Archer (1946), Linford Christie (1986, 1990, 1994), Darren Campbell (1998), James Dasaolu (2014) and Zharnel Hughes (2018).

Glave, whose Alexander Stadium gold upgraded his bronze from the Euros in Rome in 2024, said: "What does this win mean for me? Domination.

"At the start of the season, my main objective was to be the King of Europe. Next is to challenge for that top spot in the world."

Glave was the only one in the eight-man field in sunglasses as he stormed to victory in 10.09 at 10pm on Tuesday night.

He added: "It's a part of my style. It's a part of my personality. A fashion identity. It's a new thing for this year – because this year means business. Relentless."

Wales' Jeremiah Azu took silver for a GB one-two, while Marcell Jacobs – Italy's two-time defending champ – pulled up injured.

FLYING THE FLAG . . . golden-boy Glave now wants world domination

Burgin's barf mile

MAX BURGIN had to cut short a live BBC TV interview as he was close to throwing up.

The Halifax runner won his European Athletics Championships 800 metres semi in 1min 44.73sec.

Burgin, 24, has a reputation for chucking up after races.

And on a hot day in Birmingham, he retched while speaking to Beeb reporter Sarah Mulkerrins, who immediately stopped the chat.

But Burgin later said he would be OK running in tonight's final.

Irishman Mark English won the second semi — 0.23 ahead of Brit Ben Pattison — in a championship record 1:43.49.

EFL

THE MARATHON MEN

Eat... sleep... play... repeat

STARS DIDN'T MISS A SINGLE MINUTE

MEET the EFL stars who completed the ultimate marathon – playing EVERY single minute last season.

By JUSTIN ALLEN
EXCLUSIVE

Out of hundreds of outfield players across the country, an elite club of just **SEVEN** players completed all 4,140 minutes of league action.

Step forward Colchester's Jack Tucker, Oldham's Manny Monthe, Doncaster's Owen Bailey, former Exeter wideman Ilmari Niskanen (now at Blackpool), Swansea's Cameron Burgess, Ethan Pye of Stockport and Ipswich's Dara O'Shea.

That meant completing all 46 games without being substituted, sent off or injured once.

O'Shea is now up in the Premier League with the Tractor Boys, while both Niskanen and Burgess broke down with injury this summer – leaving only four of the men back on the starting line to do it all over again.

Leading the charge is Colchester defender Tucker, who admits staying on the pitch for every single match requires discipline, resilience . . . and luck.

The 26-year-old said: "It's a long old season. You're not aware of it until the last stage.

"I went into games thinking, 'Please don't get injured, please don't get sent off'. So I'm really proud of that.

"You're relying on a lot of luck. Injuries happen quickly in football, so I was fortunate to stay fit throughout." The relentless Saturday-Tuesday slog takes an enormous physical toll, especially when fixture congestion builds up in the final months.

He added: "It's no secret. Sleep, hydration, staying off your feet. You can't afford to be sloppy off the pitch. It's a 24/7 job."

Colchester boss Danny Cowley paid tribute to Tucker's obsessive lifestyle, insisting his record was no fluke and down to 365 days of total dedication.

Cowley said: "Jack doesn't have a day off. Hydration, sleep, soft-tissue work, ice baths – he is on it 24/7, 365 days a year.

"That's why he didn't miss a single second. To play every game takes a completely different level of discipline. Their bodies are professional machines."

Tucker's team-mate Jack Payne added: "People don't realise what a marathon 46 games is.

"To do it without a single second off, no substitution, no red card, no injury . . . it's practically unheard of in modern football.

"So you have to hand it to Jack and the other guys who have done it."

For Oldham's Monthe, surviving the full campaign meant total dedication off the pitch – and avoiding all temptations. The centre-half, 31, said: "You look back at your career and think, 'I played every minute of a 46-game season'. Wow.

"It's about the lifestyle – avoiding alcohol, heavy carbs, sticking to chicken and vegetables, plus the gym, stretching, sauna and ice baths.

"You prioritise recovery the moment the whistle blows.

"It takes incredible mental toughness but you owe it to the club and fans to be available every weekend."

Doncaster midfielder Bailey, 27, had an extra referee tracking his discipline throughout the campaign: his own dad.

Bailey laughed: "I speak to my dad about it a lot because he's always aware of bookings and things like that.

"It's difficult. You have to be a bit smarter. Antagonise people but avoid getting that card yourself.

"My manager never mentioned resting me. I wonder if in the final ten minutes of the last game he thought about taking me off as a joke!

"You just have to be robust. You learn to play through the niggles. Unless it's something serious, you put your boots on and get out there."

Liverpool defender Virgil van Dijk also played every minute – but in the Premier League they only have 38 games.

HACKNEY . . . transfer

Boro earn pounds 'n Spence

By GARY STONEHOUSE

MIDDLESBROUGH are one of the summer transfer window's big cash winners — despite only selling one top star.

The Championship side flogged homegrown midfielder Hayden Hackney to Everton for an initial £16.5million last month.

Boro were then quids in when Morgan Rogers sealed his £117m move from Aston Villa to Chelsea.

They pocketed around £20m thanks to a 20 per cent sell-on clause from when the attacker joined the Villans in 2024.

And their bank balance will be bolstered further if Djed Spence completes his switch from Tottenham to Inter Milan.

The Teessiders have pocketed £5m in extras as part of the initial £15m that took the full-back to North London in 2022, due to Spence playing in the Champions League and for England.

Now they will be due 15 per cent of any profit Spurs make on him.

SOUTTAR . . . wanted

Dragons in Harry for deals

By KEVIN SHIELD

WREXHAM have ramped up their interest in centre-backs Henrik Falchener and Harry Souttar.

The Welsh side had two offers snubbed for Norway ace Falchener, 23, by Viking Stavanger.

Their £8.1million latest bid would have been a club record.

And Leicester boss Russell Martin admits Souttar, 27, could join the Championship outfit.

The Red Dragons are understood to be willing to pay £7.5m for the Aussie international as an alternative to Falchener.

Ahead of the Foxes' League One opener at Notts County on Saturday, Martin revealed: "He will captain the team and he's been amazing.

"We've had a few bids but they were nowhere near the club's valuation.

"If players leave, it means it's right for the club and for them."

Nobel prize

HULL broke their transfer record again this summer on £20million-plus Senegal star Nobel Mendy.

The defender *(left)*, 21 — who joins from Rayo Vallecano — eclipses the fee paid for Olympiakos keeper Konstantinos Tzolakis.

Aussie defender Lucas Herrington, 18, signed from Colorado Rapids.

Spence a San hero

By JACK ROSSER

INTER MILAN have agreed a deal to sign Djed Spence from Tottenham.

The San Siro giants will pay an initial £25.6million for the England defender, with another £4.3m in potential add-ons.

Tottenham also have a ten per cent sell-on clause in the deal.

Spence's performances for England at the World Cup helped convince Spurs that now was the time to cash in on the full-back *(left)*.

Speaking on their pre-season tour, Spurs boss Roberto De Zerbi revealed he had told a number of players they could leave if they wanted to.

The Italian said: "I repeat what I told Djed and Lucas [Bergvall]: 'I would like you to stay if you want to stay. If you want to leave, you have to leave'."

Middlesbrough, who sold Spence, 26, to Spurs in 2022 for £15m, are due 15 per cent of the profit from the sale to the Italians.

NEWS TICKER

ROMELU LUKAKU joined Fenerbahce for £5million — paving the way for Gabriel Jesus' Napoli move.

Belgian Lukaku, 33, won Serie A in 2024-25 but the Neapolitans now want Arsenal's 29-year-old Brazilian striker Jesus to replace him.

WATFORD could offer a short-term deal to former West Ham striker Michail Antonio.

The 36-year-old wants a return to English football after quitting Qatari side Al-Sailiya last month.

And he is training with the Championship Hornets as he looks to impress boss Alessio Dionisi.

WOLVES are in talks to sign £12million-rated Jordan James from French club Rennes.

The Wales midfielder, 22, suffered Championship relegation on loan at Leicester last season.

West Ham wanted him earlier this summer.

All go, Enciso

IPSWICH agreed a deal with Strasbourg to re-sign Paraguayan forward Julio Enciso.

The former Brighton ace, 22, spent the second half of the 2024-25 season on loan at Portman Road.

And he worked with new Tractor Boys boss Gary O'Neil in France last season.

Enciso's Strasbourg team-mate Abdoul Ouattara, 20, is also heading to Ipswich.

The Ivory Coast star broke into Strasbourg's first team last season and can operate as a right-back or right midfielder.

MESSI'S HEARTBREAK

'I can't believe you're gone, dad... I'm not sure I can play for much longer'

GRIEVING STAR THROWS HIS FUTURE INTO DOUBT

ANGUISHED . . . Messi played under cloud at World Cup

LIONEL MESSI is "not sure" how much longer he will continue playing after the death of his dad.

By JOSHUA JONES

The Argentina superstar's father Jorge passed away last week, aged 68, after a long illness.

Jorge was 39-year-old Messi's agent since he was 14 and watched him become one of the world's best footballers.

Emotional Messi, who received a message of support from fellow great Cristiano Ronaldo following his bereavement, posted on Instagram: "I don't know what I'm going to do without you.

"I don't know how to carry on. I used to just play football and now I'm really not sure if I'll carry on doing it for much longer.

"You were by my side from the beginning; there was so little left until the end. Why couldn't you hold on just a little longer so we could finish it together?"

Messi helped Argentina to the World Cup final last month, but lost 1-0 to Spain before returning to Inter Miami.

He travelled home with his family after Jorge passed away on Saturday at a hospital in Rosario.

Messi, a World Cup winner in 2022, paid tribute to his father when he wrote: "Dad, I still can't believe that you've gone. It's very hard for me to imagine that I'm not going to see you any more, that we're not going to talk any more.

"I know you were suffering and it's for the best but you left too soon. We still had a lot left to enjoy together.

"You were my dad, my friend and agent. The person that had to be there in every moment.

"You never made mistakes. You were always right. In the end, everything turned out as you said.

"I am going to miss you so much but you will always be present, above all in the education of my kids, because I will teach them and educate them as you did with me."

The sporting world rallied around Messi. And Ronaldo said: "A huge hug to you and yours in these tough times, Leo. Much strength."

Inter Miami president and co-owner David Beckham wrote: "We stand with you and your family, Leo — always."

Messi Sr did not travel to the World Cup as his health deteriorated.

Lionel *(with his dad, below)* added: "You asked me so much to play in the World Cup and it was in the days just before it started that you got the worst.

"It was the first time you weren't going to be at a tournament but mum told me that you were going to get better. I told you we were going to reach the final so you could travel.

"Every time a match ended, I waited for and missed your message. That's when I realised the situation was really bad.

"Even so, I didn't stop thinking about going as far as possible, to buy you time so you could see a match.

"We reached the final and you couldn't be there. I wanted to win it to bring it to you and show you a new one.

"I couldn't: my legs wouldn't give any more. This time I tried to go against my body but I couldn't. I never managed to feel good. Once again, you were right: I had to be there and play it."

JOHNSON . . . swap deal

Bren's O'Hara and Gab jab

BRENNAN JOHNSON has fired back at Jamie O'Hara and Gabby Agbonlahor for their "crap" jibe.

By PHIL CADDEN

The winger, 25, swapped a disappointing six months at Crystal Palace to join Everton on a four-year deal as Dwight McNeil moved in the opposite direction.

O'Hara criticised the pair on talkSPORT on Tuesday, describing the switch as: "We'll give you crap, we'll give you crap back!"

Agbonlahor also laughed over the duo's stats from last term – with Johnson failing to find the net since joining Palace in January and O'Neil goalless all season.

Johnson scored to win Tottenham the 2025 Europa League final and also lifted the Conference League with Palace in May.

He replied to talkSPORT's Instagram clip saying: "Won more than both of these put together."

O'Hara posted on X yesterday: "This the prob when you listen to a clip and not a full story, we were talking about Brennan and McNeil stats from last season which were **CRAP** not that they're bad players.

"I'm a fan of McNeil and also said Brennan has all the attributes but he'd admit his season was crap."

Agbonlahor apologised and called on ex-Tottenham midfielder O'Hara to do the same. But O'Hara said: "Gabby bottling it as usual, it's not that deep guys, stats are stats and they ain't great viewing."

GLASNER . . . caution

Wood still Nott back

CHRIS WOOD was missing again for Nottingham Forest last night.

The Kiwi striker, pulled out of Saturday's friendly against Udinese at the last minute with a thigh problem, did not make the squad for the 2-1 win over Bayer Leverkusen either.

Wood, 34, was crocked for six months of last season after knee surgery.

Boss Oliver Glasner said: "We don't want to take any risks.

"Last season was a long injury for him. He's now had a minor muscle injury but he's training.

"Without any more issues, he will play on Sunday [against Brest]."

Ousmane Diomande, 22, played after his £34.3million move, while Arnaud Kalimuendo and Dan Ndoye netted for Forest.

PREM COUNTDOWN

8 DAYS TO GO

ASTON VILLA'S EIGHT-game winning run in November and December was their longest in the Prem — and the best of any top-flight team last season.

Unai Emery's side started with a 4-0 victory against Bournemouth and the 100 per cent record continued until a 2-1 success at Chelsea just after Christmas.

Sherif's charged

EVERTON Under-21 Martin Sherif has been charged with breaching FA betting rules OVER 15 MONTHS.

The 20-year-old, who joined the Toffees academy at the age of 13, is accused of placing 61 bets on games.

Sherif has until Monday to respond to the charges.

An FA statement read: "Martin Sherif has been charged with breaching the FA's betting rules.

"It's alleged the player breached FA Rule E1.2 in respect of 61 bets placed on football matches between November 20, 2024 and February 12, 2026."

The Liberia-born forward began training with Everton's first team in 2025 but was loaned to Rotherham and Port Vale.

PREM

FEEL THE LOVE

FAN-TASTIC GESTURE . . . scorer MLS' message to Emirates faithful

MYLES IS ALL HEART

Lewis-Skelly nudge to fans and Arteta

By JOSHUA HALL

MYLES LEWIS-SKELLY reminded Arsenal fans his heart is firmly in North London amid speculation over his future.

The academy graduate poured cold water on rumours of an exit with his goal celebration during the Gunners' 1-1 friendly draw with Como.

Lewis-Skelly's Arsenal career was thrown into doubt this week amid claims he had been offered to Manchester United and Chelsea following the arrival of £75million man Bruno Guimaraes.

But the 19-year-old midfielder is adamant he wants to stay and fight for his place in the squad and made it crystal clear at the Emirates last night.

MLS tucked home the opener in the Gunners' final pre-season match, before raising a love heart to fans to tell them what the club means to him.

His goal was a reminder to boss Mikel Arteta of just how talented he is — if he even needed one.

The midfielder pressed high and got in the way of Como goalkeeper Jean Butez's botched clearance, which went straight to him.

MLS nodded it to Gabriel Martinelli, who chested it back to him to stroke into the bottom corner.

It was a simple finish but one the Emirates crowd adored, given the context of Lewis-Skelly's week and uncertainty over his situation.

Supporters had already given him a loud welcome when his name was read out pre-match and their response when he made it 1-0 was even more raucous.

Asked about Lewis-Skelly's reaction to his goal amid all the speculation, Arteta said: "It is good to score a goal, you should be emotional.

"He is a very emotional player, remember when he did the hand gestures [against Manchester City]. I don't want to talk about any speculation.

"If there is speculation about any of our players, it is a good sign. It means that we are attracting interest and we are doing a good job."

On MLS' performances, the Gunners chief added: "He has had a really good pre-season. Especially as we have asked him to play in a different position."

Unfortunately for Lewis-Skelly — and Arteta — ex-Gunner Cesc Fabregas' Como were level just ten minutes later.

Martin Baturina wriggled his way inside the area with a stunning piece of skill, leaving Theo Julienne and Max Dowman helpless. The Croat then unleashed a stunning strike to beat Kepa Arrizabalaga. It was much to the enjoyment of Fabregas, given a warm welcome on his return to the Emirates.

Lewis-Skelly would be joined in midfield by the very man who has cast doubt over his future — Guimaraes.

The Brazilian was introduced at half-time to give Arsenal supporters a first glimpse of his abilities following his arrival from Newcastle.

Arsenal won a pre-planned penalty shootout 4-3 thanks to a decisive effort from new signing Christos Tzolis.

The spot-kicks were organised regardless of the score — but it gave Guimaraes a chance to impress home fans by tucking away his strike.

His inclusion is a boost for Arteta ahead of Sunday's Community Shield clash against Manchester City.

Arsenal look set to be without Declan Rice and Martin Zubimendi for the Cardiff curtain-raiser. Both missed out on the matchday squad yesterday, alongside Bukayo Saka, despite returning to training on Monday.

If they are available, it seems unlikely they will be able to play a large chunk of the game this weekend.

David Raya made his return after tasting World Cup glory with Spain.

Martinelli was given an hour, despite transfer interest from Galatasaray.

The Turkish club are thought to have tabled a bid in the region of £38.5m for the Brazilian winger, 25.

Arteta will know this was not a great performance. But a draw against a fellow Champions League side, and some minutes in the legs of crucial players, will be enough to keep him happy ahead of the Community Shield.

BRU UP . . . Guimaraes makes Gunners bow

SPORTS ROUND-UP: RESULTS & FIXTURES

UEFA SUPER CUP

PSG (1) 2 Kvaratskhelia 21, Doue 62
ASTON VILLA (1) 1 Madjo 45

FRIENDLY MATCHES

EVERTON (2) 3 Barry 27, Ndiaye 36 (pen), George 73
NEWCASTLE (0) 1 Barnes 85

MAN UTD (1) 1 Zirkzee 16
LEEDS (1) 1 Aaronson 29
Man Utd win 5-4 on penalties.

ARSENAL (1) 1 Lewis-Skelly 33
COMO (1) 1 Baturina 43
Arsenal win 4-3 on penalties.

NOTTM FOR (1) 2 Ndoye 4, Kalimuendo 90
BAYER LEV (1) 1 Schick 33

MALAGA (1) 2 Chupete 28, Jauregi 90 (pen)
FULHAM (1) 2 Sessegnon 24, Iwobi 57

KDM EVOLUTION TROPHY - Hamilton 1 Celtic U21 3.

SOUTHERN PREMIER SOUTH - Gosport Borough 0 Hanworth Villa 1.

UEFA EUROPA CONFERENCE LEAGUE: 3rd qualifying round 2nd leg - Copenhagen 5 Debrecen 1 (Copenhagen win 8-1 on agg), GKS Katowice 2 Hapoel Tel-Aviv 1 (Hapoel Tel-Aviv win 3-2 on agg), Rapid Vienna 2 Paide Linnameeskond 0 (Rapid Vienna win 6-1 on agg).

ATHLETICS

EUROPEAN CHAMPIONSHIPS (Birmingham): **Men, 400m -** 1 M Hudson-Smith (GB) 44.17secs, 2 MAbdalla Kounta (Fra) 44.40, 3 J Phijffers (Hol) 44.41. **110m Hurdles -** 1 J Joseph (Swi) 13.12secs, 2 J Kwaou-Mathey (Fra) 13.16, 3 J Szymanski (Pol) 13.26, 7 S Bennett (GB) 13.62. **Women, 400m Hurdles -** 1 E Zapletalova (Svk) 52.91secs, 2 E Newnham (GB) 53.33, 3 F Diallo (Por) 53.55, 6 L Nielsen (GB) 54.35. **Hammer Throw -** 1 S Kosonen (Fin) 76.28m, 2 S Fantini (Ita) 74.35, 3 B Llano (Nor) 72.88, 5 N Tuthill (Irl) 70.33, 6 C Payne (GB) 70.12.

CRICKET

FOURTH ONE DAY INTERNATIONAL
Ireland v Afghanistan

Belfast: Afghanistan 343-9 (50 overs; S Atal 143, I Zadran 107; B McDonough 3-84); Ireland 301 (48 overs; A Balbirnie 109, C Campher 84; Y Ahmadzai 4-71, R Khan 3-49). **Afghanistan beat Ireland by 42 runs.**

THE HUNDRED - MEN
Welsh Fire v London Spirit

Sophia Gardens: London Spirit 131-8 (100 balls; J Bairstow 34); Welsh Fire 125-7 (100 balls; J Cox 44; D Willey 3-20). **London Spirit beat Welsh Fire by 6 runs**

Birmingham Phoenix v MI London

Edgbaston: MI London 157-6 (100 balls; N Pooran 36); Birmingham Phoenix 155-7 (100 balls; J Weatherley 42). **MI London beat Birmingham Phoenix by 2 runs.**

THE HUNDRED - WOMEN
Welsh Fire v London Spirit

Sophia Gardens: Welsh Fire 138-7 (100 balls; G Wareham 50; G Harris 3-15); London Spirit 123 (99 balls; G Potts 3-23). **Welsh Fire beat London Spirit by 15 runs.**

Birmingham Phoenix v MI London

Edgbaston: MI London 120-6 (100 balls; C Henry 42, H Armitage 32); Birmingham Phoenix 121-5 (94 balls; E Perry 62no, F Sana 36). **Birmingham Phoenix beat MI London by 5 wickets.**

RUGBY LEAGUE

BETFRED CHAMPIONSHIP - Barrow 25 Doncaster 26.

SNOOKER

WST CHINA OPEN (Taiyuan City, Shanxi): **2nd rd -** Y Zhou (Chn) bt H Liu (Chn) 6-4; D Gilbert (Eng) bt Y Wu (Chn) 6-2; S Murphy (Eng) bt G Xiao (Chn) 6-2; N Saengkham (Tha) bt R O'Sullivan (Eng) 6-4.

SWIMMING

EUROPEAN AQUATICS CHAMPIONSHIPS (Paris): **Men, 100m Freestyle -** 1 D Popovici (Rou) 46.56secs, 2 E Kornev (Rus) +0.18secs, 3 K Milak (Hun) +0.31. **200m Backstroke -** 1 H Kos (Hun) 1min 53.08secs, 2 A Siskos (Gre) +0.73secs, 3 T Ceccon (Ita) +0.88. **Selected -** 7 J Shortt (Irl) +2.78secs. **800m Freestyle -** 1 J Leibmann (Ger) 7mins 37.59secs, 2 S Schwarz (Ger) +3.57secs, 3 Z Sarkany (Hun) +4.16 **Selected -** 4 Wiffen (Irl) +5mins 71secs **Women, 50m Butterfly -** 1 S Sjostrom (Swe) 25.05secs, 2 R Vanotterdijk (Bel) +0.07secs, 3 S Junevik (Swe) +0.46. **100m Breaststroke -** 1 A Evans (GB) 1min 04.87secs, 2 M McSharry (Irl) +0.54secs, 3 B Pilato (Ita) +1min 02secs 400m **Individual Medley -** 1 E Walshe (Irl) 4mins 34.42secs, 2 A Smith (GB) +0.70secs, 3 J A Kozan (Pol) +2.05secs. **4 x 100m Freestyle Relay -** 1 Netherlands 3mins 31.89secs, 2 Italy +1min 30secs, 3 Russia +1.80 **Selected -** 5 Great Britain 3mins 34.47secs.

TODAY'S SPORT

UEFA EUROPA LEAGUE THIRD QUALIFYING ROUND SECOND LEG
Hearts (1) v Benfica (6) 7.45
KF Egnatia (0) v Shamrock (0)... 8.0
Rangers (1) v J Bialystock (2)...7.30

UEFA EUROPA CONFERENCE LEAGUE THIRD QUALIFYING ROUND SECOND LEG
Midtjylland (2) v Bohemians (0) 6.0
Motherwell (1) v HJK (1).....7.30
Shelbourne (1) v Ajax (3) 7.45
(Live on Premier Sports)
Shkendija (1) v Hibernian (2) 7.0

CRICKET
First Test Match—day 1 of 5: Australia v Bangladesh (Darwin, 1.30am).

GOLF
USPGA Tour FedEx St. Jude Championship (Memphis, Tennessee).
DP World Tour Danish Golf Championship (Kerteminde, Funen).
Ladies European Tour VP Bank Swiss Ladies Open (Risch-Rotkreuz).
LPGA The Standard Portland Classic (Portland, Oregon).

RUGBY LEAGUE
Betfred Super League (8.0): Hull K R v Catalans D, Leeds v Leigh, Warrington v York.

PREM PRE-SEASON SPECIAL

THREE LEMANS

Utd landed Youri after two misses

YOURI TIELEMANS revealed it was third time lucky to sign for Manchester United.

From SAMUEL LUCKHURST in DUBLIN

The Belgium captain, 29, moved from Aston Villa to Old Trafford for £35million on a five-year deal last month when the Red Devils triggered his release clause.

Tielemans said he owed the Europa League winners the world – yet admitted United are on a different level as he finally joined following failed attempts in 2019 and 2022.

The midfielder *(below)* said: "There have been two times that I spoke with the club but it did not achieve anything.

"I was very calm. When a move comes up, then if it needs to happen, it will happen.

"At the times I've been linked with the club before, it did not happen . . . but it is what it is.

"I was not expecting much this summer. My agent was dealing with it. I was more focused on the World Cup finals, which was a big thing for me.

"I left it all to him and when the offer was accepted, then I was made aware.

"I am very thankful to Aston Villa. I owe them the world. It is a great club, we did amazing things and they have put me back to my best level.

"But there are clubs that are above Villa – and Manchester United are one.

"It's a great achievement for any footballer to end up here. It means you have done well in your career.

"But it does not end there. I want to be successful."

Tielemans, who was wanted by former United managers Ole Gunnar Solskjaer and Erik ten Hag, spent 7½ years in the Prem with Leicester and then Villa.

He scored the Foxes' 2021 FA Cup final winner, before volleying the opener for Villa in May's Europa League triumph.

And asked if he can deliver more goals, and trophies, for his new club, Tielemans replied: "That's the aim."

Tielemans, who made his debut for Anderlecht at just 16, has played 688 games for club and country.

But the classy playmaker had to miss Belgium's World Cup quarter-final defeat by eventual champions Spain last month after suffering an issue in the warm-up.

He added: "I feel very good now, actually. In that last game, it was just an overload of too many games – too many minutes.

"Unfortunately, my body just could not cope with it any more.

"We played 120 minutes against Senegal, then played the US a few days later, and three days after that we played against Spain.

"In the warm-up, my body just switched off for some reason.

"I do not think I am a player that absolutely needs a rest. Obviously, there are a lot of games and the manager needs to manage the team but when I am good, I am good, you know.

"When it does not go well, then I will know straightaway and will alert the manager – but it does not happen often."

Tielemans came on against Leeds here last night and linked well with Bruno Fernandes.

In the Belgian's first United runout, against Paris Saint-Germain in a 1-1 draw on Saturday, he played the ball to captain Fernandes seven times in his 26-minute cameo.

And Tielemans said: "It's really natural. He is a guy that can find space easily.

"I just try to play forward as much as I can."

Tielemans spoke with Red Devils boss Michael Carrick and also knew coach Jonny Evans and centre-back Harry Maguire from his 4½ years at the King Power Stadium.

He is also keen to reunite with Marcus Rashford after their time together during the latter's loan at Villa last year.

Hailing England forward Rashford, Tielemans said: "He was great. There had been talk about him bringing pressure and the media around him.

"But I thought he was just so good. He was very humble, just hardworking.

"From the first training, you could tell his touch and his acceleration was amazing.

"That was just what we needed at the time at Villa.

"So he did many good things and hopefully can bring them here this season."

TIELEMANS HONOURS SINCE 2013

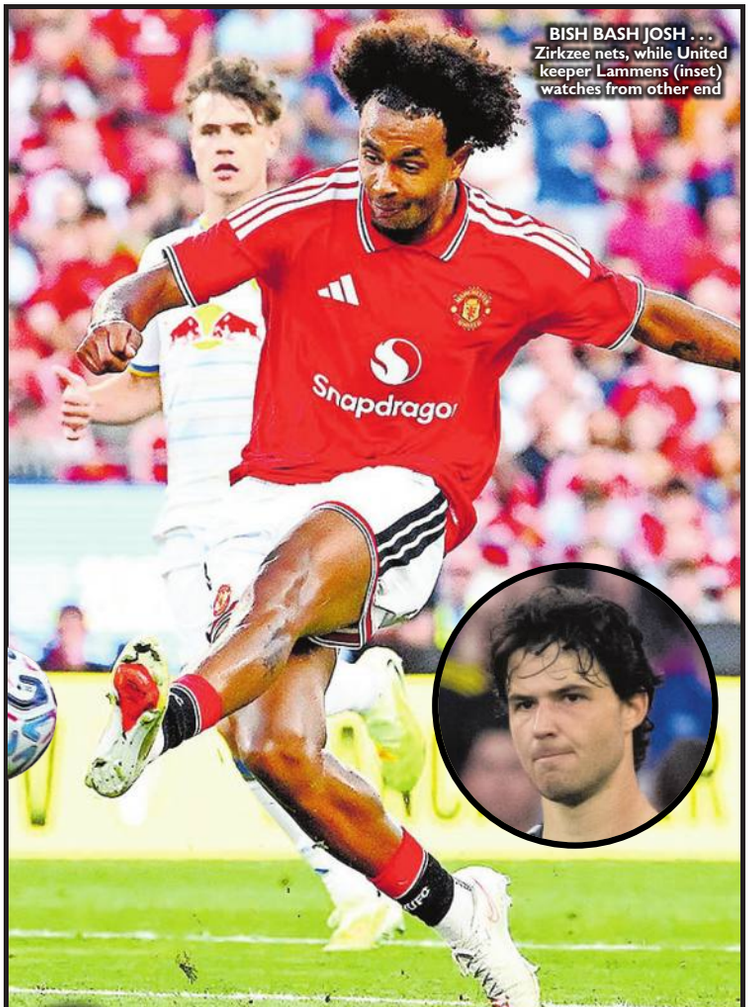
x4 Anderlecht	x2 Leicester	x1 Aston Villa

TOTAL 7

MAN UTD HONOURS SINCE 2013

FA Cup	League Cup	Europa Lge	Community Shield
x2	x2	x1	x2

TOTAL 7



BISH BASH JOSH . . . Zirkzee nets, while United keeper Lammens (inset) watches from other end

Senne on one show

SENNE LAMMENS will wear Manchester United's No1 shirt this season.

From SAMUEL LUCKHURST

And the Belgian, who donned 31 when he arrived at Old Trafford last term, lived up to his new squad number with a fine save to deny Leeds new boy Harry Wilson.

This was Lammens' first outing since his howler for his country last month, which ended their World Cup bid at the quarter-final stage to eventual winners Spain in Los Angeles.

Boss Michael Carrick will feel United's productive pre-season continued after a 1-1 draw at a sold-out 82,000-capacity Croke Park in Dublin.

Joshua Zirkzee swept United's goal. past James Trafford but Brenden Aaronson levelled it for Leeds, before United won 5-4 on penalties – despite Bruno Fernandes' miss.

Carrick is looking forward to having Marcus Rashford in his ranks this term.

He said: "He's come back great. I've known him a long time and he gives us something a little bit different.

"We're looking forward to the start of the season."

CHAVARRIA . . . excitement

Pep hails Cesar as Blues idol

By JACK ROSSER

PEP CHAVARRIA is out to emulate some of Chelsea's greats after joining from Rayo Vallecano.

The Blues finally agreed a £16.2million deal, including £1.7m in add-ons, after drawn-out talks with the Spanish club.

Chavarria, 28, idolised ex-Spain defender and Blues captain Cesar Azpilicueta — and also looked up to his fellow compatriots Marc Cucurella and Marcos Alonso.

And now he is aiming to follow in their footsteps at Stamford Bridge.

The defender said: "Marc Cucurella, Cesar Azpilicueta and Marcos Alonso are all references for me as a full-back.

"Chelsea are winners, and they have winners.

"And Chelsea have a lot of history, with players like Didier Drogba, Eden Hazard — some of the best players in the world.

"They have won the Champions League and the Club World Cup — it's really exciting."

Chavarria has taken the long route to the top and did not make his LaLiga debut until the age of 24.

He added: "I've played at every level in Spain, and to be able to move up, it's always been about hard work because today is my dream coming true.

"The Premier League is the best in the world. There is more intensity, more duels and more quality than anywhere.

"It's the perfect league for me."

Arn eyes club Slot

ARNE SLOT turned down Holland for another shot at club management.

The former Liverpool boss — sacked in May a year after winning the Prem — was linked with taking over from Dutch gaffer Ronald Koeman.

However, it never got off the ground.

Slot, 47, said: "At this stage in my career, I prefer to see myself on the training pitch with my players every day, something that is not possible with a national team.

"It is why I chose not to continue the talks.

"I believe club football has a lot to offer me."

Barcelona legend Xavi, 46, was last night appointed Dutch boss on a four-year contract.

He also succeeded Koeman at the Nou Camp in 2021.

Need a Toon-up

MATTHIAS JAISSLE issued a plea for new signings as Newcastle were thumped by Everton.

By GARY STONEHOUSE

Harvey Barnes scored a late consolation for the new Toon boss but the damage was already done.

Thierno Barry, Iliman Ndiaye and Tyrique George all struck as the Toffees ran out 3-1 winners in this friendly at Murrayfield.

And despite officially only being in the Magpies hotseat a week, their German manager, 38, admits his team will struggle to be ready for the Prem season unless he gets exactly what he needs.

Jaissle, whose side host Liverpool in their league opener a week on Sunday, said: "We cannot be at our peak, this is clear.

"We have just been working for a couple of days together, and Liverpool is already next week. We use every day in the best possible way, that's the only thing we can control to make progress.

"And it's the same with the transfer market. Hopefully, there will be progress there, too."

Jaissle saw Newcastle win 2-1 at ten-man Valencia on Saturday – but it was a totally different story in Edinburgh.

He added: "I think everybody is smart enough to see the needs in the squad.

"We are aware of what we need and, as you know, there is still some time. It is not a case of just wishing for things to happen and then they happen. But internally, we are really clear."

As the skies darkened yesterday, so did the mood within the Toon Army. And Jaissle knows his hopes of eclipsing Eddie Howe's success rest on activity before the window closes in 19 days.

Barry pounced on an error from Dutch defender Sven Botman to give Everton the lead on 27 minutes – Ndiaye's penalty made it 2-0 by the break after Joelinton fouled Kiernan Dewsbury-Hall.

George rifled in a third on 73 minutes to seal it, then Barnes got Toon on the scoresheet.

Jaissle hopes to have Benfica full-back Amar Dedic, 23, in before his St James' dugout bow against Leverkusen on Saturday.

Asked if he was confident the club can deliver what he wants this month, he added: "Internally we are clear. There's time but it's not in my hands."

NO TYNE TO LOSE . . . Toon boss Jaissle looks frustrated at Murrayfield and (right) George is hailed after netting Everton's third

RULLI . . . City return

Ger back & set to Rull roost

By MARTIN BLACKBURN

GERONIMO RULLI could not resist the chance to have another go at playing for Manchester City after his £1.7million move.

The Argentine World Cup-winning keeper spent a year on the books at the Etihad in the 2016-17 season — but NEVER played for them.

Enzo Maresca has given him the chance to put that right after snapping him up from Marseille as understudy to No 1 Gianluigi Donnarumma.

City were searching for a new deputy after letting James Trafford join Leeds for £45m.

Rulli, 34, who signed a two-year deal, said: "When the chance to join Manchester City comes along you have to go for it. Everyone knows what an impressive club this is.

"City's success over a long time is impressive. Everyone I spoke to said I had to join them because they have incredibly high standards."

FERNANDEZ . . . option

ROD

From Back Page

tomorrow. And City boss Enzo Maresca welcomed new £116m signing Elliot Anderson to training for the first time yesterday.

The England midfielder believes he has some of the same qualities as Rodri, so could help fill the gap if he does leave.

Anderson, 23, said: "Yeah, I can be quite similar. I can do various things within midfield.

"I'll play anywhere — creating, driving forward or the other role."

But it seems unlikely Anderson will get the chance to line up in midfield alongside Rodri.

City value him at £70m but there is a feeling in Spain they can be persuaded to do business if bidding goes over £60m as he has less than a year left on his contract.

Rodri could be replaced by Chelsea's Enzo Fernandez — but the Blues want £120m and have set a deadline of 5pm tomorrow for any Etihad deal.

Rodri is the only City player yet to return for training owing to back surgery after the World Cup.

PREM

AFTER 'DIVER' JIBE

MY PUSHY PAL ERLING

Anderson's unlikely new friend at City

By MARTIN BLACKBURN

ELLIOT ANDERSON laughed off Erling Haaland calling him 'The Diver' as the club-record signing took the plunge at Manchester City.

The new team-mates clashed at the World Cup during England's quarter-final showdown with Norway in Miami.

Haaland thought Norway had taken a second-half lead only for Torbjorn Heggem's 'goal' to be ruled out by VAR after the striker's push on City's £116million signing Anderson in the build-up.

Nearly four weeks on, Haaland showed he had not forgotten the flashpoint, referring to Anderson as 'The Diver' on social media.

However, there was no ill feeling as both players reported for pre-season training yesterday.

Asked if he had seen his new team-mate's post, Anderson, 23, said: "Yeah, it went viral. He's been calling me a diver!

"It was funny. He has been really good today and has helped me settle in. He's been spot on with me – a really good guy."

The Three Lions went on to win the last-eight tie 2-1 – only to go out in the semis as Argentina staged a late comeback.

Ex-Nottingham Forest midfielder Anderson has had three weeks off but admits he is still not over the nature of that Atlanta exit.

He added: "It's really hard. I'm still sort of struggling with that.

"There are highs and lows in football. It's about how you bounce back.

"I've had three weeks to reflect on it but now is a new season.

"But I take huge confidence knowing I can perform on a World Cup stage."

Anderson briefly became the most expensive British player of all time this summer – only for England team-mate Morgan Rogers to take the record when he joined Chelsea a few days later.

The City new boy, 23, said: "The fee always will be mentioned. As long as I focus on myself and my performances, that's all I can do.

"I'm sure I can show people what I can do. But I'm good friends with Morgan, I'm delighted he got the move he wanted."

Anderson was also chased by Manchester United but never had any doubts he wanted City. And not even Pep Guardiola's May departure could change his mind.

Anderson said: "I've been watching City for the past ten years or so.

"Pep leaving didn't affect me at all. It's such a huge club and the players they have are the best.

"I wanted to be surrounded by these sort of players, proving myself on a daily basis.

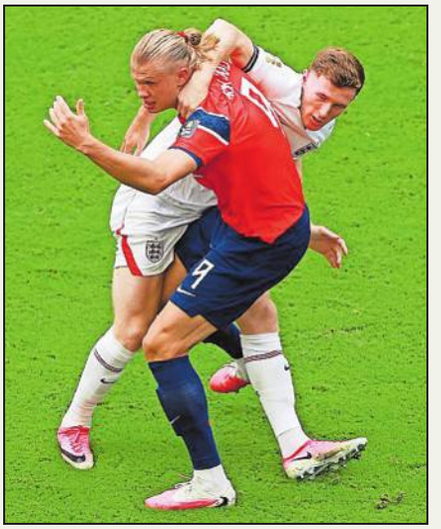
"I've done a bit of work with (City boss) Enzo Maresca on my first day and I'm really looking forward to more – you can see the details he goes into." As for United's interest, he added: "I knew about it. You've got a big decision to make – and I'm confident I've made the right one."

Before signing for City, he bumped into former United stars Ryan Giggs and Phil Bardsley while playing golf in Portugal.

They tried to turn his head towards the red side of town but Anderson said: "We had a nice chat, I had a decision to make and I chose City."

Asked if they had come close to changing his mind, the new Etihad star said firmly: "No".

ELL OF A TUSSLE . . . Haaland's shove on Anderson during the World Cup clash



KONSA . . . wanted man

Arteta's Kon job back on

By CHARLIE GORDON

ARSENAL are back on the trail of Aston Villa defender Ezri Konsa.

The Gunners moved for England star Konsa, 28, earlier in this window but their valuation was a long way short of Villa's.

At the time, Emirates chiefs indicated they would only pay about £30million for the centre-back.

The champions went away and looked at other options as they sweat on William Saliba and Jurrien Timber's fitness.

That even included a shock move for Tottenham captain Cristian Romero.

Exploratory talks were said to have taken place between the clubs.

But Spurs did not want to do business with their North London rivals — and last night they agreed a deal to sell the Argentine centre-back to LaLiga side Atletico Madrid.

So Arsenal have now reignited interest in Konsa — knowing they will have to get much closer to Villa's £60m price tag.

The former Charlton and Brentford star can play in central defence or at right-back, which manager Mikel Arteta is a fan of.

Frenchman Saliba and Dutch right-back Timber face extended spells out injured and will miss the start of the new season.

That is forcing Arsenal to dip into the market for reinforcements.

Konsa played 48 times last season and helped Unai Emery's men win the Europa League in May.

He then featured eight times at the World Cup as England finished third.

Konsa is still on his post-tournament break and did not play in Villa's Super Cup clash with Paris Saint-Germain last night.

Uefa ban Vill stand

EUROPA LEAGUE kings Aston Villa failed to overturn a suspended one-match ban from selling tickets for a Continental away game next season — following an incident at last season's final win.

Unai Emery's side had the sanction imposed by Uefa after Villa fans displayed a "discriminatory banner" during the 3-0 showpiece victory over Freiburg in May.

The ban, which would have applied to their first Champions League away game of the 2026-27 season, was suspended for a probationary period of two years. It is believed the banner referred to the traveller community.

The Villans were also hit with a £8,540 fine.

EUROPEAN SUPER CUP

A MADJIC

Teen Brian gives Villa cause for

IN the heart of Red Bull country, Aston Villa did not get the lift-off they sought for their brave new world.

From **SIMON COLLINGS** in SALZBURG

They were not given the famous wings everyone talks about around here – but neither did they have theirs clipped.

And even in defeat by Paris Saint-Germain, Unai Emery will take heart from what the future holds during a week he has spoken positively about a "new era".

This was a fourth Super Cup defeat of the Spaniard's managerial career and he will wonder quite how.

Khvicha Kvaratskhelia and Desire Doue struck either side of Villa debutant Brian Madjo, 17, to secure the win for PSG. But Emery's side, and especially Madjo, had plenty of chances to make this another European night to remember.

Madjo hit the post in a pulsating end to the first half and there were shades of the Villa from recent seasons – the one that has loved bloodying the noses of Europe's elite.

That is promising given the team picked for this 2026-27 curtain-raiser in Salzburg was very different to the side that booked a spot in it. Just five of the players that started the Europa League final in Istanbul were in the XI for this game.

And there was the added blow that new signing Alejandro Garnacho missed out due to concussion.

Emery had decided to leave World Cup stars Emi Martinez, Ezri Konsa and Ollie Watkins out of the squad to give them an extra week's rest.

And that made for a weakened side, especially after the summer departures of key trio Lucas Digne, Morgan Rogers and Youri Tielemans.

PSG, by contrast, went strong – starting nine of the XI that beat Arsenal in May's Champions League final in Budapest.

Fabian Ruiz and Ousmane Dembele were the two to miss out, with new signing Maghnes Akliouche and Warren Zaire-Emery replacing them.

With these two sides just coming to the end of pre-season, there were plenty of loose touches and passes on show in the opening stages.

But the one man who did not look rusty was Kvaratskhelia.

After a summer off watching the top stars shine at the World Cup, the Georgian looked in the mood.

And it was the winger's goal after 20 minutes that opened the scoring, with a stinging shot leaving Villa keeper Marco Bizot no chance.

It was made by a lovely shimmy from Kvaratskhelia – showcasing hip movement that Shakira would be proud of – and the Villa defenders were left for dead. PSG tried to kick

MATCH STATS

PSG		ASTON VILLA
12	SHOTS	15
6	SHOTS ON TARGET	4
61%	POSSESSION	39%
588	PASSES	368
525	COMPLETED PASSES	289
29	TOUCHES IN OPP BOX	34
0	CORNERS	2
11	FOULS CONCEDED	13
0/0	YELLOW/RED CARDS	3/0
	MATCH TIME: 97m 42s	
	BALL IN PLAY: 59m 50s	

4 PARIS SAINT-GERMAIN are the fourth team to retain the European Super Cup, after Ajax (1973, 1974), AC Milan (1989, 1990) and Real Madrid (2016, 2017).

17 BRIAN MADJO (17y 212d) became the youngest player to score in the Uefa Super Cup — overtaking Patrick Kluivert in 1996 (19y 220d).

9 PSG are unbeaten in each of their last nine games in all comps against English opponents (W6 D3), while they have won 11 of their previous 17 matches (D3 L3).

PSG 2 ASTON VILLA 1

KVARATSKHELIA 20; DOUE 61 MADJO 45

MOMENT hope despite defeat in new era

on from there and a stunning clipped pass from their superstar set left-back Nuno Mendes away but no one was there to turn home the cross.

The floodgates did not open for the French side and, instead, Villa roared back into the game.

Madjo was excellent up top, bullying defenders and demonstrating why he cost £10million from Metz in January.

Fifa's rules on international transfers of under-18s meant he was unable to play until now after an appeal to the Court of Arbitration for Sport earlier this month.

And we will surely see plenty of him this season after his goal levelled the game on the stroke of half-time.

John McGinn's excellent cross to the back post set him up and you could not argue that it was any less than Emery's side deserved.

It was a goal that will be remembered for some time.

Firstly, as Madjo became the youngest player to score in the Super Cup, overtaking Patrick Kluivert, who was 19 when he bagged as Ajax beat Real Zaragoza over two legs in 1996.

And secondly, because a Villa fan went viral on social media for celebrating with a moonie.

Before that, it was Madjo left with burning cheeks after missing some great chances.

He had gone close with a header from another wicked McGinn delivery and struck the post after a rampaging run that left PSG defenders on the floor.

On another day, he could have had a hat-trick and Villa would have been in dreamland.

PSG had the luxury of throwing on Dembele at the break as they tried to regain some control.

It was his France team-mate Doue, however, that put the Champions League holders back in front just after the hour mark.

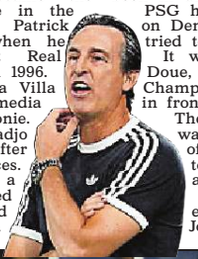
The winger's curling effort was originally ruled out for offside but VAR intervened to reignite the pyro party among the PSG fans.

Villa were not disheartened by that and debutant Joao Gomes came close to an equaliser with less than 20 minutes to go.

The bench brought energy, too, with Alysson's cross somehow not turned home by Tammy Abraham when the goal felt like it was gaping.

And even right at the death, Emery *(left)* saw one more chance go begging. This time it was Emi Buendia heading wide.

But Luis Enrique's side held on to become only the fourth team in history to retain the Super Cup.



HOW THEY LINED UP

PARIS SAINT-GERMAIN: Safonov, Hakimi, Marquinhos, Pacho, Mendes (Hernandez 74), Neves (Ruiz 75), Vitinha, Zaire-Emery, Doue (Mayulu 87), Akliouche (Dembele 46), Kvaratskhelia (Beraldo 88).

ASTON VILLA: Bizot, Cash, Lindelof, Torres (Mings 80), Maatsen, Kamara (Bogarde 72), Gomes (Barkley 80), McGinn (Alysson 72), Buendia, Hemmings, Madjo (Abraham 72).

BRI HIGH . . . Villa's 17-year-old star Madjo steers high into the net to drag the Midlanders level at 1-1

SMASHING . . . superstar Kvaratskhelia blasts French giants ahead

IT'S PS-GLEE . . . Doue fires winner past Aston Villa keeper Bizot

KVARATSKHELIA . . . trophy

MOJO

From Back Page

both show how they are learning with all their hard work.

"This is the way we decided how we wanted to play this game. We have worked with the players in these positions.

"You can never feel happy with a loss but how the players responded and with our chances to score, we must feel really proud of what we have done."

Emery has now failed to win any of his four Super Cup games.

The Spaniard confirmed absent trio Ollie Watkins, Emi Martinez and Ezri Konsa — given an extended holiday after the World Cup — will be back training at the weekend.

Emery said: "We played to compete for a trophy and decided to play with players who were ready.

"We tried to avoid risk and, of course, they are very important players.

"But it is important how we manage the players. We need the players for the rest of the season."

PSG match winner Doue said: "It is amazing to win this trophy. We want to win everything again this season."

Meanwhile, Villa are exploring a move for West Ham's Aaron Wan-Bissaka.

Emery is looking to add a right-back to provide competition and cover for Matty Cash.

Wan-Bissaka would fetch around £25million if the Hammers cash in.

The Villans are already closing in on a £17m deal for Atletico Madrid left-back Matteo Ruggeri.

Villa forward Evann Guessand, 25, has rejoined Crystal Palace on loan.

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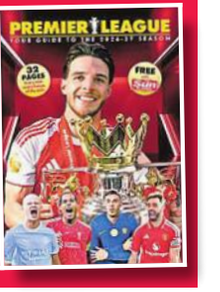

3 MANAGER Luis Enrique has won all three of his Uefa Super Cup appearances — against Spurs last year and for Barcelona v Unai Emery's Sevilla in 2015.

SUPER CUP WINS BY COUNTRY SINCE 2000

(Spa)	(Eng)	(Fra)	(Ger)	(Ita)	(Rus)	(Tur)
14	5	2	2	2	1	1

1 EUROPA LEAGUE holders have won the Uefa Super Cup in only one of the last 13 seasons — Atletico beating city neighbours Real Madrid 4-2 in 2018 in Tallinn.

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Madjo mojo, but PSG have Desire!

TEENAGE TRICKS . . . Madjo hails Villa leveller

From SIMON COLLINGS in Salzburg

DESIRE DOUE broke Aston Villa teen star Brian Madjo's heart with the Super Cup winner.

Khvicha Kvaratskhelia fired Champions League holders Paris Saint-Germain ahead before debutant Madjo equalised from close range.

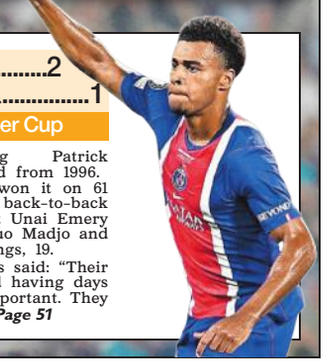
Highly-rated Madjo – aged 17 years and 212 days – became the youngest to score in a Super Cup, beating Patrick Kluivert's record from 1996.

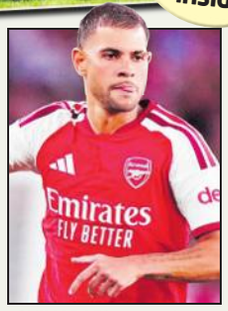
Doue *(right)* won it on 61 minutes to seal back-to-back Super Cups but Unai Emery hailed young duo Madjo and George Hemmings, 19.

The Villa boss said: "Their experiences and having days like this are important. They

Turn to Page 51

PSG.....2
Aston Villa.....1
Uefa Super Cup





GUIMARAES . . . penalty joy

Bru-tiful for Mik

MIKEL ARTETA hailed Bruno Guimaraes after the £75million Arsenal man kept his cool with a penalty in the shootout.

The Brazil midfielder came on as a half-time substitute in a friendly against Como, having joined from Newcastle.

Arteta's Gunners won 4-3 on pens following a 1-1 Emirates draw. The boss said of Guimaraes: "He looked good and is going to make us better."

MLS love — Page 47

ROMERO . . . Spurs exit

Rom off to Atleti

TOTTENHAM have agreed to sell Cristian Romero to Atletico Madrid for a cut-price £34.2million.

Spurs' captain, 28, is set to join fellow Argentine Diego Simeone following a controversial five-year spell in North London.

The package is thought to have add-ons and a 15 per cent sell-on clause.

Romero was believed to be open to the idea of joining bitter rivals Arsenal but Spurs chiefs refused to consider such a deal.

TRANSFER SAGA TWIST

ROD, SPAIN & REDDIES

Man City reject £55m Barca offer

ROAR DEAL . . . Rodri is waiting for the green light to move back home

By MARTIN BLACKBURN

MANCHESTER CITY have knocked back Barcelona's latest approach for World Cup-winning midfielder Rodri.

The LaLiga giants have proposed a deal worth around £55million with add-ons for the star.

But Etihad sources last night insisted there was no agreement between the clubs.

Spaniard Rodri, 30, is due to return to England

Turn to Page 49

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Sky's limit for Star

STAR PERFORMER lived up to her name when maintaining her unbeaten record in the Hurry Harriet Stakes at Gowran Park.

The Doreen Tabor-owned Sea The Stars filly, a 7-2 shot stepping up into Listed company after a comfortable Curragh maiden win, travelled strongly before pulling four and a half lengths clear.

Winning trainer Joseph O'Brien (*right*) said:

By PETER GOMM

"You'd have to be impressed. She'll step into a Group race now. Everything will be about trying to build that profile for her to become a nice broodmare long term."

The stable's Group 1-winning globetrotter Al Riffa, seventh in the Melbourne Cup last year, will not get the chance to avenge that defeat following a setback.

BRITS UP FOR THE DEAU

KARL BURKE'S Zeus Olympios and More Thunder, trained by William Haggas, are the two likely British challengers in the Group 1 Prix Jacques le Marois at Deauville on Sunday. Aidan O'Brien has two potential runners in Irish 1,000 Guineas and Coronation Stakes heroine Precise and pacemaker Puerto Rico.

Bow blow detailed

GEORGE BOUGHEY hailed his wonder horse Bow Echo, revealing his star was retired with a fetlock injury.

His unbeaten colt will stand at Godolphin's Darley operation after connections decided to pull stumps with the Guineas, Goodwood and Ascot hero.

He had been due to run in France on Sunday but Boughey (*right*) said: "He showed a very, very low-grade lameness, which meant we X-rayed him just to make sure that he was OK and there was a slight change there.

By TOM PEPPER

"Timing is everything with horses, it's a short window they race and if he was to have the time off that he needs to get him back to the track he very easily could race again.

"The call was made by Godolphin and us that it's too high risk to race him on."

THE HOME OF RACING Favourite

Thursday, August 13, 2026

BEST QUEST . . . Quest For Stars (*left*) maintains his unbeaten record in the Listed Stonehenge Stakes at Salisbury; (*right*) winning rider Connor Planas

By TOM PEPPER at Salisbury

YOUNG gun Connor Planas fired home his first stakes winner in style as Quest For Stars fought back in the Stonehenge Stakes.

The 22-year-old is now a key cog in the all-conquering Charlie Appleby team and made the most of his big chance in the Listed feature at Salisbury.

With Will Buick still banned, Planas was man of the match in Godolphin blue as he managed to find another gear on the two-year-old who fought back to deny the Reece James-owned **Scommessa Sicura**.

Planas said: "I'm very happy, I can't thank Charlie enough for keeping me on.

"Twelve months ago I was close to hanging my boots up. It was getting quiet, I was struggling to get rides and I bumped into Kieren Fallon and he said 'come and ride out for Charlie, you never know he might stick you up'. I had my first ride for him in January, he won, he kept supporting me from there and I haven't really looked back since."

The colt, now three from three, will have Group 1s in his sights with Appleby eyeing the Golden Fleece at Leopardstown on Irish Champions Weekend.

KING CONN

Planas has Stars in eyes after Salisbury strike

FIRST PAST THE POST FOR RACING

The biggest and the best pullout

. . . SEVEN DAYS A WEEK!

Favourite THE BIGGEST AND THE BEST COLOURS

SALISBURY

GOOD TO FIRM (GOOD)

TEMPLEGATE
5.30 Sydney Rock
6.04 Flooding
6.34 Serenetta
7.04 Indian Lights
7.34 Counter Intuitive (nb)
8.04 Supplicate

TOM PEPPER
5.30 Kimeko Glory
6.04 Flooding
6.34 Serenetta
7.04 Clarity
7.34 Green Sky
8.04 Seven Sisters (nb)

■TIC-TAC: R-H galloping track of 1m 2f, the uphill finish makes for a stiff test. ■DRAW: High numbers at an advantage in sprints when the going is soft. ■LEADING TRAINERS (2021-2026): R Beckett 37-179, A Balding 25-145, B Millman 17-112, E Walker 15-103. THIS SEASON: R Beckett 5, B Millman 5, E Walker 3. ■TOP JOCKEYS (2021-2026): O Murphy 33-103, K Shoemark 8-59, J Mitchell 5-56, W Carson 4-36. THIS SEASON: O Murphy 3. ■LONGEST TRAVELLER: Percy's Daydream (7.34) trained at Upper Helmsley. Round trip of 530 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON RACING TV

5.30 AL BASTI EQUIWORLD APPRENTICE HCAP (5) winner £4,580; 1m (7 runners)

1 854504 **KIMEKO GLORY 15 (P★)**
(4) C Hills 4-10-1 **Kyle McHugh** 97
Runs: 19 Wins: 3 (F,2G) Places: 3 £21,792
Better latest and handicapper helping, best opening for a while, sniff

2 2-0762 **SYDNEY ROCK 7**
(3) O Cole 3-9-9 **Joe Bradnam** ●99
Runs: 7 Places: 4 £9,266
Shaped better at Chepstow, quiet year so far, win shouldn't be far away

3 86-843 **DECALOGUE 7 (P★)**
(5) J Osborne 3-9-8 **Toby Moore** 98
Runs: 5 £1,749
Not many miles on clock, much better at Newmarket, high on shortlist

4 4-6030 **THISCOULDBEFUN 24 (D)**
(7) J Moore 4-9-7 **Isobelle Chalmers (3)** 90
Runs: 28 Wins: 2 (F,A) Places: 9 £22,355
Glimpses of form but getting rarer, looks vulnerable to a few in here

5 123565 **ZIPWIRE 33**
(1) J Moore 3-9-5 **Jude Fernandes** 88
Runs: 17 Wins: 2 (2A) Places: 6 £20,916
Form has gone backwards of late, hard to make case for now, watch

6 929841 **AMATHUS 23 (V;C)**
(2) P Chamings 9-9-0 **Alfie Redman** 96
Runs: 60 Wins: 8 (8F) Places: 10 £47,444
Backed and delivered here last time, this not much harder, big player

7 677078 **EBN SABT 9 (V;D)**
(6) B Lund 3-8-12 **Matthew Slater** 82
Runs: 14 Wins: 1 (A) Places: 1 £7,622
Very poor of late, barely beaten a rival, running 4lb out of weights

BETTING: 9-4 Sydney Rock, 11-4 Amathus, 7-2 Kimeko Glory, 4 Decalogue, 14 Zipwire, 16 Thiscouldbefun, 50 Ebn Sabt
WHERE FAVES FINISHED & 2025: No corresponding race.

Sunracing FORM

KIMEKO GLORY (9-9) 17-2 prominent, led after 1f, ridden over 2f out, headed 1f out, weakened final 110 yards, 4th of 10 (btn 6¾l) to Spirit Of Athene (8-13) (Sandown 1¼m hcap (5) £4,449 good to firm).
SYDNEY ROCK (9-9) 14-1 held up in rear, headway 2f out, went second inside final furlong, unable to trouble winner, kept on, btn ½l by Espona Bay (9-1) (7 ran) (Chepstow 7f hcap (5) £4,187 good to firm).
DECALOGUE (9-2) 10-1 held up, ridden 3f out, switched left 2f out, headway entering final furlong, soon went third and kept on, 3rd of 7 (btn 1½l) to Stormy Music (8-11) (Newmarket 1m app hcap (5) £5,234 good to firm).
THISCOULDBEFUN (9-7) 16-1 chased leaders, ridden 2f out, held when hampered final furlong, 10th of 11 (btn 7¼l) to Super Hit (9-8) (Windsor 1¼m hcap (6) £3,768 good to firm).
ZIPWIRE (9-4) 14-1 rear, pushed along over 2f out, always behind, last of 5 (btn 11l) to Shirakawa (9-1) (Salisbury 1¼m hcap (5) £4,580 good to firm).
AMATHUS (10-13) 9-4 fav in touch, headway 2f out, ridden to press leader 1f out, kept on final furlong, drifted right and led finish, bt Call Glory (10-11) nk (10 ran) (Salisbury 7f hcap (6) £3,725 good to firm).
EBN SABT (8-13) 250-1 chased leaders, lost position and pushed along 2f out, soon ridden and lost touch, 8th of 9 (btn 16l) to Lerwick (10-1) (Ffos Las 7f hcap (6) £3,454 good).

6.04 AL BASTI FILLIES' NOVICE STAKES (3) 2YO; winner £8,100; 7f (5 runners)

1 31 **TIORA TIME 12 (D)**
(1) T Clover 9-3 **Colin Keane** ●99
Runs: 2 Wins: 1 (F) Places: 1 £6,795
Looked smart ar Doncaster, ground fine, more to offer, one to beat

2 6 **ALL ANGELS 24**
(5) E Walker 9-2 **Kieran Shoemark** 92
Runs: 1 £0
Yard always bring them on for first run, market check, more to come

3 2 **FLOODING 26**
(4) M Botti 9-2 **Oisin Murphy** 97
Runs: 1 Places: 1 £2,659
More than promising debut, champ called up, big threat to jolly

4 9 **VIRTUE HUMBLE 27**
(2) A Perrett 8-13 **Jack Mitchell** 72
Runs: 1 £0
Stinker on debut at 66-1, needs big step forwards now, best watched

5 88 **POLGARIA 9**
(3) R Teal 8-10 **Edward Greatrex** 70
Runs: 2
Yard in better nick now but can't make case for off two outings, watch

BETTING: 11-10 Tiora Time, 11-8 Flooding, 10 All Angels, 14 Polgaria, 20 Virtue Humble
WHERE FAVES FINISHED & 2025: No corresponding race.

6.34 COLIN HINTON & MITCH HINTON NOVICE STAKES (GBB RACE) (4); winner £5,400; 7f. (2 runners)

1 (2) 31- **SERENETTA 253 (D)** R Beckett 3-9-7 **Colin Keane**
2 (1) **REFORMATION** A Balding 3-9-5 **Oisin Murphy**
BETTING: 2-5 Serenetta, 2 Reformation
WHERE FAVOURITES FINISHED: 4 1 3 1-2 6
2025: Slipper Time 3-9-4 Rhys Clutterbuck 7-1 (H Candy) drawn 9, 9 ran.

7.04 TATTERSALLS 40,000 FILLIES' NOVICE STAKES (2) 2YO; win £20,616; 1m (5 run)

1 **CAELAN'S ROSE**
(3) A Balding 9-2 **William Carver** —
Murphy picks stablemate, stamina in pedigree, one for down the line

2 35 **CLARITY 14**
(5) A Balding 9-2 **Oisin Murphy** 96
Runs: 2 Places: 1 £3,207
Solid enough at Goodwood last time, needs more again, big threat

3 4 **INDIAN LIGHTS 26**
(2) M Bell 9-2 **Ben Coen** 95
Runs: 1 £664
Green but ran on nicely on debut at Newmarket, more to come here

4 8 **ORCHARD HATCHES 14**
(1) M Tregoning 9-2 **Edward Greatrex** 72
Runs: 1 £0
125-1 and well down the field on debut, this easier but others better

5 4 **SIENA STORM 14**
(4) E Walker 9-2 **Kieran Shoemark** ●99
Runs: 1 £3,624
Came from back on debut when not unbacked, one to beat on paper

BETTING: Evs Siena Storm, 9-4 Indian Lights, 5-2 Clarity, 8 Caelan's Rose, 14 Orchard Hatches
WHERE FAVOURITES FINISHED: 3 3
2025: Pintara 9-2, R Ryan 13-2 (R Beckett), drawn 6, 6 ran.

7.34 BRITISH EBF PREMIER FILLIES' HANDICAP (3) winner £23,193; 1m 4f (8 runners)

1 138-76 **MODEL YUKO 18 (H★)**
(8) R Varian 4-10-2 **non-runner** 92
Runs: 7 Wins: 1 (A) Places: 2 £15,543
This is big drop in class, quiet this season, big weight, ruled out yesterday

2 /45111 **GREEN SKY 27 (D)**
(6) B Millman 6-10-1 **Oisin Murphy** 98
Runs: 9 Wins: 4 (3F,G) £37,722
Improving at rate of knots, didn't beat much at Newbury, up 8lb for that

3 401444 **PERCY'S DAYDREAM 18 (D)**
(3) D O'Meara 4-10-0 **Ben Coen** 93
Runs: 15 Wins: 4 (3F,G) Places: 2 £29,863
Poor since Beverley win last month, still 5lb higher, needs more now

4 326-83 **GLORYOUS 33**
(1) J Osborne 4-9-12 **William Carson** 88
Runs: 15 Wins: 2 (2G) Places: 4 £20,077
Gone well here in past, looks exposed at moment, others are better

5 8-611 **COUNTER INTUITIVE 27 (D)**
(2) E Walker 3-9-3 **Kieran Shoemark** ●99
Runs: 4 Wins: 2 (F,G) £12,865
Backed into evens for hcap bow and won well, this tougher, one to beat

6 5-4612 **RUBY WEDDING 19**
(5) A Balding 3-9-3 **Alfie Redman (7)** 96
Runs: 6 Wins: 1 (F) Places: 1 £8,669
Solid again at Newcastle, good claimer on, wouldn't rule out at all

7 591211 **LIVEINTHELIGHT 22 (D)**
(7) O Sangster 3-8-13 **Jack Mitchell** 97
Runs: 7 Wins: 3 (S,F,G) Places: 1 £13,792
This tougher than recent tasks but unexposed, on the up, interesting

8 -02641 **ROSSA RAHEEN 19 (CD)**
(4) O Sangster 3-8-9 **Sean D Bowen** 94
Runs: 7 Wins: 1 (F) Places: 1 £8,591
Won nicely here last month, only nudged up 2lb, this harder but threat

BETTING: 5-2 Green Sky, 7-2 Liveinthelight, 4 Counter Intuitive, 11-2 Rossa Raheen, 7 Ruby Wedding, 14 Percy's Daydream, 20 Gloryous
WHERE FAVOURITES FINISHED: 2 1 2
2025: Favorite Memory 3-9-9, R Ryan 15-8 (R Beckett), drw 6, 5 ran.

Sunracing FORM

MODEL YUKO (9-2) 33-1 prominent, pushed along 2f out, weakened and eased 1f out, last of 6 (well btn) to Holloway Boy (9-7) (Pontefract 1m Listed (1) £33,612 good to firm).
GREEN SKY (9-13) 8-13 fav in touch, headway to lead 2f out, soon ridden and went clear, pushed out, bt Koala Rose (9-5) 4l (3 ran) (Newbury 1m 5f hcap (4) £10,308 good to firm).
PERCY'S DAYDREAM (10-0) 3-1 handy, denied clear run 1f out, never a chance to challenge, 4th of 5 (btn 9l) to Jez Bomb (9-6) (Pontefract 1¼m hcap (3) £8,762 good to firm).
GLORYOUS (10-2) 6-1 prominent, pushed along well over 2f out, lost position 2f out, held 1f out, 3rd of 5 (9¾l) to Silver Lake (8-13) (Salisbury 1¼m hcap (4) £5,888 good to firm).
COUNTER INTUITIVE (9-4) evens fav handy, pushed along and pressed leader 2f out, led 1f out, ran on well, always enough at finish, bt Cranachan (9-6) 1¾l (4 ran) (Newmarket 1½m hcap (4) £6,442 good to firm).
RUBY WEDDING (9-3) 4-1 chased leaders, ridden 2f out, led over 1f out, headed final furlong, kept on, btn ¾l by Glory Road (9-7) (13 ran) (Newcastle 1½m hcap (4) £5,653 AW).
LIVEINTHELIGHT (9-13) 5-4 held up, pressed 4f out, led 2f out, ridden 2f out, stayed on final furlong, bt Caraway (9-2) 1¼l (3 ran) (Leicester 1½m hcap (5) £3,664 good to firm).
ROSSA RAHEEN (9-5) 11-4 prominent, led 2f out, challenged final furlong, ran on to assert final 110yds, bt Royal Poetry (9-9) 1l (6 ran) (Salisbury 1½m hcap (5) £4,580 good to firm).

8.04 VENTURE SECURITY HANDICAP (4) 3-Y-O; winner £5,888; 1m 2f (6 runners)

1 2314 **SEVEN SISTERS 19 (BF,D)**
(1) R Beckett 9-7 **Edward Greatrex** 96
Runs: 4 Wins: 1 (F) Places: 2 £11,189
Just 7-4 on hcap bow at Chester when held, better expected today

2 51-11 **SUPPLICATE 14 (D)**
(2) R Varian 9-7 **Jack Mitchell** ●99
Runs: 4 Wins: 3 (2F,A) £14,559
Looked well ahead of handicapper at Notts, has more up sleeve still

3 -23201 **SUDBURY HILL 19 (CD)**
(3) H Derham 9-6 **Ben Coen** 94
Runs: 11 Wins: 2 (F,A) Places: 2 £17,463
Won four-runner race here last time, need more in this, not ruled out

4 -86227 **AKHO MEZZNA 19 (B★;C)**
(4) J Jones 9-5 **Oisin Murphy** 93
Runs: 9 Wins: 1 (G) Places: 4 £18,373
Poor at Ascot in tougher heat, this more like it, previous gives hope

5 -11053 **ON THE INLET 27**
(6) R Newland 9-5 **Ebrahim Nader** 88
Runs: 8 Wins: 2 (2A) £10,109
Well held since wins in quiet heats on AW, this demands a lot more

6 4-1617 **STORM POINT 35 (BF)**
(5) E Walker 9-4 **Kieran Shoemark** 98
Runs: 7 Wins: 2 (A,GS) £10,556
Too bad to be true at Newbury latest, has to bounce back, could do

BETTING: 11-8 Supplicate, 9-4 Seven Sisters, 11-2 Sudbury Hill, 7 Storm Point, 8 On The Inlet, 10 Akho Mezzna
WHERE FAVOURITES FINISHED: 1 1 1
2025: King Of The Sea 9-2, T Marquand 10-11 Fav (E Walker), drw 5, 5 ran.

EACH-WAY THIEF

ROSSA RAHEEN (7.34 Salisbury) won nicely over course and distance last month and has been nudged up only 2lb for that success. This is a tougher assignment but she should still be competitive for in-form Ollie Sangster.

LINGFIELD AW

TEMPLEGATE
5.23 Booziebrunch
5.58 Aljoon
6.28 Split Elevens
6.58 Pure Passion
7.28 Neswick
7.58 South West

TOM PEPPER
5.23 Kaaranah
5.58 Aljoon
6.28 Elvetham
6.58 Pure Passion
7.28 Dove Tale
7.58 South West

■TIC-TAC: (AW) Left-handed all-weather Polytrack of 1m 2f, 2f run-in. ■DRAW: Little effect. ■LEADING TRAINERS (2021-2026): R Hannon 53-401, G & J Moore 48-382, A Watson 43-291, R Hughes 41-289. THIS SEASON: James Owen 14, R Hannon 9, Sir M Prescott 8. ■TOP JOCKEYS (2021-2026): D Probert 75-483, R Havlin 62-374, D Muscutt 54-411, C Shepherd 39-287. THIS SEASON: J Callan 11, D Muscutt 9, D Probert 8. ■LONGEST TRAVELLER: Huwa Baree (5.58) trained at Middleham. Round trip of 540 miles. ■FIRST RUN SINCE WIND OP: None. ■LIVE ON SKY SPORTS RACING

GOING: STANDARD

5.23 FREE TIPS ATTHERACES.COM HANDICAP (Class 5); value to the winner £4,187; 1m 2f. (9 runners)

1 (7) 6116511 **KAARANAH 23** J Butler 8-10-2 **Jack Callan ●99**
2 (9) 8-81585 **CITY OF GOD 69** M Attwater 4-10-1 **Finley Marsh 93**
3 (6) 42-1592 **BARRY'S BOY 38** D Coakley 4-10-1 **George Bass 98**
4 (2) 3564123 **JACK SPAROWE 61 (B;D)** J Butler 7-9-11 **David Probert 97**
5 (8) -244312 **BOOZIEBRUNCH 28 (B;D)** S Woods 3-9-9 **Robert Havlin 96**
6 (5) 6-06 **EAGLES ATTIRE 101** O Cole 3-9-8 **Daniel Muscutt 89**
7 (3) 60-1417 **BARBURY BOY 40 (D)** A King 3-9-8 **Harry Vigors (5) 94**
8 (1) 9742117 **ALICE DE CLARE 56 (D)** J Fanshawe 3-9-6 **Callum Shepherd 92**
9 (4) 654-0 **TURKU 38 (V★;BF)** S & E Crisford 3-9-4 **Darragh Keenan 90**
BETTING: 11-4 Kaaranah, 5 Jack Sparowe, 6 Barry's Boy, Booziebrunch, 7 Alice De Clare, 8 Eagles Attire, 10 Barbury Boy, Turku, 20 City Of God
WHERE FAVOURITES FINISHED and 2025: No corresponding meeting.

Sunracing FORM

KAARANAH (9-6) 6-1 midfield, headway 3f out, ran on and led final furlong, going away, bt American State (9-8) 1¼l (13 ran) (W'hampton 1m 1f hcap (5) £3,978 AW).
CITY OF GOD (9-3) 22-1 prominent, chased leader, ridden 2f out, weakened 1f out, 5th of 9 (btn 4l) to Silca Bay (9-4) (Goodwood 1m app hcap (4) £8,191 good to soft).
BARRY'S BOY (9-13) 5-1 led, pushed along 1f out, headed final 110yds, kept on but held by winner, btn 1½l by Primo Lara (10-2) **TURKU** (9-3) 4-1 fav held up, ridden 2f out, never a factor, last (btn 14l) (10 ran) (W'hampton 1m 1f hcap (5) £3,978 AW).
JACK SPAROWE (9-9) 5-1 slowly away, in rear, ridden and headway 2f out, stayed on final furlong, 3rd of 10 (btn 2¾l) to Oasis Sunrise (9-2) (Leicester 1¼m hcap (5) £4,187 good).
BOOZIEBRUNCH (9-4) 5-2 led, ridden 3f out, headed 2f out, outpaced final furlong, btn 3¼l by Perfect Scoundrel (9-9) (4 ran) (Epsom 1¼m hcap (5) £4,449 good to firm).
EAGLES ATTIRE (9-3) 25-1 always in midfield, 6th of 11 (btn 7¾l) to Decade Of Time (9-3) (Windsor 1m nov stk (3) £6,480 good to firm).
BARBURY BOY (9-3) 4-1 slowly away and always behind, 7th of 8 (btn 9¾l) to Tambora (9-7) (Sandown 1¼m hcap (4) £7,851 good to firm).
ALICE DE CLARE (9-6) 7-2 mid-division, pushed along over 2f out, no response, 7th of 9 (btn 5l) to Oh Yes You Do (9-5) (Lingfield 1¼m hcap (5) £3,978 good).

5.58 ATTHERACES ON X EBF RESTRICTED MAIDEN STAKES (4); 2-y-o; winner £5,234; 7f. (12 runners)

1 (12) 02 **ALJOON 22** J Jones 9-7 **Jason Watson ●99**
2 (2) **BRUSHSTROKE** T Kent 9-7 **Jack Callan —**
3 (9) 0 **CALENDAR BOY 44** E J-Houghton 9-7 **Charles Bishop 81**
4 (8) **HUWA BAREE** C Johnston 9-7 **Callum Shepherd —**
5 (3) 09 **LUCKY LARRY 45** J Morland 9-7 **Jonny Peate 70**
6 (10) **MR BADGER** M Tregoning 9-7 **Daniel Muscutt —**
7 (1) **NORTHERN EXPOSURE (H★)** P Owens 9-7 **Arron D'Arcy (7) —**
8 (5) 85 **ZONNEVELD 13** J Moore 9-7 **David Probert 77**
9 (11) 7 **BOOMSHAKALAK 36** Z Hawkins 9-2 **William Cox 71**
10 (7) 406 **GRAVASTAR 31** R Hannon 9-2 **Joe Leavy 77**
11 (4) 06 **KISS CAM 23** R Hughes 9-2 **Finley Marsh 73**
12 (6) 06 **ROBERTS LEGACY 19** L Souza 9-2 **Darragh Keenan 79**
BETTING: 15-8 Aljoon, 11-4 Huwa Baree, 7 Brushstroke, 8 Mr Badger

6.28 EMILIES 21ST BIRTHDAY HANDICAP (6); value to the winner £3,664; 7f. (13 runners)

1 (12) 3-45671 **LERWICK 9 (B,E;D)** M Loughnane 6-10-6(5ex) **Hope Regan (7) 98**
2 (10) 1619-33 **SPIRIT OF BREEZE 24 (CD)** G & J Moore 6-10-1 **Finley Marsh 95**
3 (1) 7454124 **SPLIT ELEVENS 46 (BF,CD)** J Butler 8-9-12 **Jack Callan 92**
4 (2) 3320361 **ELVETHAM 9 (B;C)** C Allen 4-9-12(5ex) **Darragh Keenan ●99**
5 (4) 7021974 **QUICK QUASAR 13 (B;D)** A Watson 3-9-10 **William Cox 93**
6 (7) 0006323 **MIDNIGHT'S DREAM 14 (V;D)** J Parr 5-9-9 **Daniel Muscutt 95**
7 (6) 723-727 **WIND SUMMER 136 (V)** Mohammed/Santos 3-9-8 **Dominique Van Der Kraats (7) 84**
8 (9) -431686 **FRANCISCO 20 (V;CD)** P Chamings 5-9-8 **Charlie Tucker (7) 88**
9 (8) 832-682 **CHELIO 69** D Coakley 3-9-6 **George Bass 92**
10 (3) 646-678 **BLUE SAMUNA 13 (H)** J Owen 3-9-4 **Robert Havlin 88**
11 (11) 8-602 **CAPTIVE BEAUTY 23** R Burdon 3-9-3 **David Probert 92**
12 (5) 466-664 **MY DAD TOM 47** R Hannon 3-9-3 **Joe Leavy 90**
13 (13) 0580600 **OXFORD CIRCUS 64** J Owen 4-9-2 **Callum Shepherd 98**
BETTING: 3 Lerwick, 11-2 Elvetham, 6 Captive Beauty, 8 Midnight's Dream, 10 Split Elevens, Quick Quasar, 12 Spirit Of Breeze, Oxford Circus

6.58 SKY SPORTS RACING SKY 415 CLASSIFIED STAKES (6); value to the winner £3,664; 6f. (9 runners)

1 (5) 4301 **PURE PASSION 8** S Williams 3-9-11 **Chloe Lyons (7) 98**
2 (9) 2166572 **DR ALI 5 (V;D)** J Jenkins 4-9-9 **Jonny Peate 92**
3 (4) 8-73698 **GLOBAL EFFORT 150 (D)** P McEntee 6-9-9 **Tyler Heard 83**
4 (7) 5304545 **PORFIN 46 (CD)** P McEntee 8-9-9 **Grace McEntee 87**
5 (6) 6073045 **ROMAN SPRING 5 (C,D)** R Cook & J Bridger 6-9-9 **Joe Leavy 91**
6 (2) 69-4823 **ZALTALLA 22 (C)** G & J Moore 5-9-9 **David Probert ●99**
7 (3) 8132242 **MY MATE MACKLEY 4** A Kirby 3-9-5 **Charles Bishop 96**
8 (1) 4433337 **REAL GOLD 14 (P★)** R Cook & J Bridger 3-9-5 **Jack Callan 92**
9 (8) 699 **RIDGER 21** O Sangster 3-9-5 **Stevie Donohoe 84**
BETTING: 11-4 Pure Passion, 7-2 Zaltalla, 5 Ridger, 6 Dr Ali, 8 My Mate Mackley

7.28 FRIEND OF RACING WELFARE FILLIES' NOVICE STAKES (3); winner £6,480; 1m 2f. (9 runners)

1 (3) 54 **BLUE HILL 36** I Mohammed & J Santos 3-9-2 **Benoit Sayette 88**
2 (8) 98 **CHAMPAGNE BEAU 31** P Chamings 3-9-2 **Joe Leavy 70**
3 (1) 9-3 **DOVE TALE 8 (H★)** J & T Gosden 3-9-2 **Robert Havlin 98**
4 (5) 3 **NESWICK 108** M Tregoning 3-9-2 **David Probert ●99**
5 (6) 5-5 **OKLAHOMA DREAM 60 (H)** D Menuisier 3-9-2 **Jason Watson 82**
6 (7) **PARAONE** H Main 3-9-2 **Finley Marsh —**
7 (9) 7 **PROTECTRIX 21** J Butler 3-9-2 **Jack Callan 79**
8 (4) 443-5 **SHANGRI LA 30** D Simcock 3-9-2 **Callum Shepherd 96**
9 (2) 54 **WALKING ON STARS 14** Sir M Prescott 3-9-2 **Dylan Hogan 93**
BETTING: 5-2 Dove Tale, 11-4 Neswick, 3 Shangri La, 5 Walking On Stars, 10 Blue Hill, 20 Oklahoma Dream, 25 Paraone, 50 Protectrix, Champagne Beau

7.58 DOWNLOAD THE AT THE RACES APP NURSERY (5); 2-y-o; value to the winner £4,187; 5f. (10 runners)

1 (5) 9531 **SOUTH WEST 29 (B;D)** R Hughes 9-9 **Finley Marsh 98**
2 (10) 274 **AMERICAN PSYCHO 19** A Watson 9-8 **non-runner 90**
3 (7) 4324 **VIKING BARBIE 41** O Sangster 9-5 **Daniel Muscutt 95**
4 (9) 7334 **WOLF'S GALLOP 15 (BF)** T Lacey 9-4 **Charles Bishop ●99**
5 (3) 965 **BEAUTIFUL EFFORT 36** I Mohammed & J Santos 9-2 **Benoit Sayette 88**
6 (8) 484 **SULTAN DARIUS 21 (H★)** M Botti 9-1 **Darragh Keenan 93**
7 (6) 085 **STONEY WOOD 21** M Bell 9-0 **Callum Shepherd 89**
8 (1) 845514 **MISS MONEYPIT 12 (D)** B Millman 9-0 **David Probert 92**
9 (2) 7760 **FROM ME TO YOU 26 (B★)** R Hannon 9-0 **Joe Leavy 87**
10 (4) 867 **SECRET RIVAL 28** E Walker 8-10 **George Downing 83**
BETTING: 11-4 South West, 5 Wolf's Gallop, 6 Viking Barbie, 8 Miss Moneypit, 10 Sultan Darius, 12 Stoney Wood, Secret Rival, From Me To You

LONG SHOT
CASTAN (3.45 Beverley) isn't the most prolific but has fallen to his last winning mark, has the benefit of a good draw, and has had two runs since a short break to get him into gear.

BEVERL

2.15 RACING TV CLUB DAY EBF FIL (Class 4); 2-y-o; winner £5,2

1 (6) 1 **NOT MY TYPE 20 (D)** W Haggas 9-9
2 (1) **CLASSYFIED** T Easterby 9-2
3 (5) **EMPRESS PRINCESS** J Tate 9-2
4 (3) 54 **FLOWER YOUMZAIN 49** K Ryan 9-2
5 (4) **QUEEN OF TEARS** T Easterby 9-2
6 (2) 32204 **WHAT A GIRL WANTS 49** K De Foy 9-
BETTING: 11-8 What A Girl Wants, 5-2 Not My Type, Of Tears, 10 Flower Youmzain, 33 Classyfied
WHERE FAVOURITES FINISHED: 6 1 1 2 1
2025: Catching The Moon 9-2 Oisin Orr 4-5 Fav

2.45 WELCOME RACING TV CLUB M 2-y-o; value to the winner £4

1 (3) 266222 **CONCERT PITCH 2** B Ellison 9-9
2 (6) 6034 **ENEMY ACTION 20 (P★)** O Pears 9-5
3 (8) 493 **MRS MOLE 29** Steph Hollinshead 9-4
4 (10) 674330 **MARDY BUM 20 (H)** D O'Meara 9-4
5 (1) 0361646 **LAIRY MARY 20 (CD)** T Easterby 9-2
6 (2) 675 **KAIULANI SPIRIT 29 (B★)** T Easterby
7 (5) 064 **JOHNS POWER 29** R Fell 9-0
8 (7) 87453 **TARGA 22** A Watson 8-12
9 (9) 759 **GOOD FIGHTER 21 (B★)** Mohammed & S
10 (4) 588 **ARTICULATE 12** K Frost 8-3
BETTING: 4 Enemy Action, 9-2 Targa, 5 Concert Pit Lairy Mary, Good Fighter, 12 Kaiulani Spirit, Articula
WHERE FAVOURITES FINISHED: 1 2 1 0
2025: Rum Therapy 9-6 Duran Fentiman 25-1 (T

Sunracing F

CONCERT PITCH (9-1) 14-1 led, ridden 2f out, headed final furlong, outpaced, btn 4¼l by Kentucky Rain (8-13) **ARTICULATE** (9-1) 200-1 midfield, ridden 2f out, outpaced 1f out, 8th (btn 14l) (11 ran) (Beverley 5f mdn (5) £4,320 good to firm).
ENEMY ACTION (9-5) 22-1 rear, ridden 3f out, headway 1f out, kept on final furlong, 4th of 12 (btn 2l) to Lady Dublin (9-10) **LAIRY MARY** (9-4) 11-1 prominent, shaken up 2f out, weakened final furlong, 6th (btn 3l) **MARDY BUM** (9-6) 16-1 always rear, 10th (btn 6¾l) (Thirsk 6f hcap (6) £3,402 good to firm).
MRS MOLE (9-2) 16-1 led, ridden and headed 1f out, kept on, 3rd of 7 (btn 3¼l) to Fire Thunder (9-2) (Lingfield 6f mdn (4) £5,400 good to firm).
JOHNS POWER (9-4) 80-1 held up in touch / staye / near / South / (9-4) / driver / threat / 5f nov
TARGA / head / 2¼l) t / 5f hca
GOOD / and h / 12 (bt / (Sout
ARTIC / pushe / out, la / (9-4) (

3.15 HORNSEA LADIES AT THE RA value to the winner £4,004;

1 (4) 5541 **ARIANE SKY 16 (D)** J Owen 9-9
2 (7) 8572 **STATE OF GOLD 56** C Lidster 9-9
3 (1) 8661233 **AMANTHA 6 (D)** B Ellison 9-8
4 (11) 53665 **CLARET AND BLUES 20** R & P Fahey
5 (2) 050 **COURT LEGEND 34** M & D Easterby 9
6 (8) 5603 **SOVEREIGN BEACH 20** O Sangster 9
7 (3) 5704 **BONJOUR BELLE 6** B Ellison 9-1
8 (10) 6585 **FARNDALE 40** T Easterby 9-0
9 (5) 059 **WELLS FARGO STAGE 38** T Easterby
10 (9) 570 **YORKSHIRE DREAM 47** B Haslam 8-8
11 (6) 708 **WHISPER ANGEL 13** N Tinkler 8-5
BETTING: 7-2 Ariane Sky, 4 Sovereign Beach, 5 Bonjour Belle, 14 Court Legend, 16 Farndale
WHERE FAVOURITES FINISHED: 3 1 1 1 3
2025: Lady Britain 9-4 T Jakes 5-2 (I Mohammed

3.45 CONNEXIN SUPER FAST winner £4,527; 5f

1 41-292 **CALL TO ACT**
(7) M & D Easterby 5-9-
Runs: 11 Wins: 2 (A,G)
Much better last time, can strike from

2 03-715 **HOLBACHE 5**
(1) J Camacho 8-9-9. To
Runs: 53 Wins: 11 (4F,S,2A,2GS,2G
Didn't back up Catterick win, patchy p

3 814096 **CASTAN 12 (D**
(6) B Smart 6-9-8
Runs: 55 Wins: 9 (F,6A,GS,G)
Nice mark now, type to pop up at som

4 257205 **AMERICAN BA**
(4) P Midgley 5-9-8
Runs: 26 Wins: 2 (2F)
Sharp 5f seems to suit, drawn well, not

5 154205 **GOOD EARTH**
(9) M Herrington 9-9-6
Runs: 104 Wins: 16 (2S,6F,3A,GS,4G
Some decent form here over the years

6 432135 **INGLEBY ARC**
(12) A Nicholls 5-9-5
Runs: 30 Wins: 5 (2F,GS,2G)
Solid form of late and again at York las

7 354464 **VENTURA EX**
(3) P Midgley 9-9-5
Runs: 64 Wins: 6 (4F,2G)
Flying five suits, decent mark now, last

8 690583 **SQUEALER 2**
(5) N Tinkler 6-9-4
Runs: 39 Wins: 4 (4G)
Mark slipping at rate of knots, backed

9 675231 **SHAZANI 12**
(2) S Bowring 4-9-4
Runs: 23 Wins: 3 (F,GS,G)
Job done at Donny last time, up only 3

10 72307- **INFINITY BLU**
(8) J Camacho 5-8-13
Runs: 20 Wins: 1 (G)
Off since Oct '25, lost way in autumn, b

11 722864 **JOJO RABBIT**
(11) R Carr 8-8-13
Runs: 65 Wins: 9 (S,2F,4A,GS,G
1-9 here, draw could be better, ground

12 150818 **OPAL STORM**
(10) B Rothwell 6-8-5
Runs: 40 Wins: 5 (4F,A)
Won here in July but struggled up in c

BETTING: 3 Shazani, 7-2 Call To Action Archie, 10 Holbache, Ventura Express, 12 S
WHERE FAVOURITES FINISHED: 0 6
2025: Rock Of England 5-8-13, J Hart 7-1

S, FORM AND TIPS SEVEN DAYS A WEEK!

LEY — GOOD TO FIRM (GOOD)

TEMPLEGATE	TOM PEPPER
2.15.....Not My Type	2.15.....Not My Type
2.45.....Mrs Mole	2.45.....Targa
3.15.....Sovereign Beach	3.15STATE OF GOLD (nap)
3.45.....Squealer	3.45.....Shazani
4.15.....Wardlaw	4.15.....Mr Moonshine
4.45.....Saxon Grace	4.45.....Saxon Grace

TEMPLEGATE'S TRIO: A Major Payne (Windsor) and Counter Intuitive (double, Salisbury) with Colourband (Windsor). TOM PEPPER'S DOUBLE: State of Gold (Beverley) and Seven Sisters (Salisbury).
SUNRATINGS' NAP: COUNTER INTUITIVE (7.34 Salisbury).
THE JUDGE: SIENA STORM (7.04 Salisbury).

■TIC-TAC: Right-handed, sharp, oval course of 1m 3f, 3f uphill run-in. The 5f course bends right at halfway and is uphill and testing. ■DRAW: Low best when stalls far side, high best when stalls inside. ■LEADING TRAINERS (2021-2026): T Easterby 48-504, R & P Fahey 32-204, M & D Easterby 27-211, P Midgley 19-157. THIS SEASON: T Easterby 11, D O'Meara 4, K Ryan 3. ■TOP JOCKEYS (2021-2026): D Allan 29-251, J Hart 27-200, J Mason 26-177. THIS SEASON: D Allan 8, J Hart 6, Oisin Orr 5. ■LONGEST TRAVELLER: Sovereign Beach (3.15) trained at Marlborough. Round trip of 416 miles. ■TRAINERFAX: K Ryan won the 2.15 in 2017, 2018, 2019, 2020 and 2024. ■FIRST RUN SINCE WIND OP: None. ■JACKPOT: 1-6. ■LIVE ON RACING TV

LLIES' NOVICE STAKES
34; 5f. (6 runners)

Tom Marquand 97
David Allan —
Clifford Lee —
Tom Eaves 88
Sean Kirrane —
2..... Sam James ●99
5 Empress Princess, 13-2 Queen

(R & P Fahey) drawn 2, 8 ran.

MEMBERS NURSERY (6);
4,004; 5f. (10 runners)

Ben Robinson ●99
Harry Russell 98
Clifford Lee 96
Mark Winn 86
Duran Fentiman 92
9-1.....David Allan 93
Joanna Mason 88
Luke Morris 90
antos 8-9...Tom Kiely-Marshall (5) 85
William Pyle 83
tch, Mrs Mole, 8 Johns Power, 10
ate, 20 Mardy Bum

Easterby) drawn 7, 11 ran.

FORM

n, pushed along over 2f out, d on final furlong, took fourth finish, 4th of 10 (btn 5²/₄l) to West (9-4) **KAIULANI SPIRIT** 100-1 rear, detached after 1f, n 2f out, late headway, never a t, 5th (btn 7l) (10 ran) (Catterick (5) £4,320 good to firm).
(9-0) 20-1 prominent, led 1f out, ed final furlong, 3rd of 7 (btn to Miss Moneypit (9-5) (Lingfield ap (6) £3,245 good to firm).
FIGHTER (9-0) 50-1 led, ridden eaded 1f out, weakened, 9th of n 10l) to Too Many Spirits (9-7) hwell 6f nov (5) £4,449 AW).
ULATE (9-4) 40-1 close up, ed along and dropped away 2f ast of 8 (btn 11l) to Battle Fever (Thirsk 5f nov (4) £5,940 good).

CES NURSERY (6); 2yo;
7f. (11 runners)

Mason Paetel (5) 98
William Pyle 95
Ben Robinson 96
9-6.....non-runner 88
9-6.....Billy Garritty 86
5.....Sam James ●99
Faye McManoman 90
David Allan 87
8-12.....Duran Fentiman 86
3.....Andrew Mullen 84
Alex Jary (3) 85
State of Gold, 6 Amantha, 12

d & J Santos) drawn 3, 6 ran.

T SPRINT HCAP (5)
(12 runners)

ION 70 (B;BF,D)
9-6 **Lewis Chalkley (7) 97**
Places: 4 £18,696
mark, freshened up, go well

4 (D)
om Kiely-Marshall (5) 92
6) Places: 8 £53,795
rofile, hard to trust, needs best

D)
....**Paul Mulrennan 89**
Places: 14 £81,629
e point but hard to know when

AY 12 (D)
.....**Jason Hart 94**
Places: 7 £32,614
t prolific but capable with best

I 13 (CD)
.....**Tom Eaves 96**
6) Places: 27 £206,085
s, ground suits, in the hunt

CHIE 20 (CD)
.....**Jack Garritty 97**
Places: 9 £56,221
st time, course form, high on list

PRESS 19 (CD)
.....**David Nolan 93**
Places: 18 £90,994
win came over two years ago

3 (BF,CD)
.....**Alex Jary (3) 90**
Places: 8 £105,926
into 5-4 last time, more needed

....**Lewis Edmunds ●99**
Places: 4 £37,299
lb, repeat and won't be far away

E 304 (H)
.....**Ryan Sexton 87**
Places: 4 £18,467
best watched, market check

16 (CD)
....**James Sullivan 90**
) Places: 8 £97,294
fine, mark is workable, sniff

16 (CD)
Faye McManoman 86
Places: 5 £33,947
lass after, needs more in this
, 8 American Bay, Ingleby
squealer, Jojo Rabbit
1 4 9
(P Midgley), drw 1, 10 ran.

Sunracing FORM

CALL TO ACTION (9-8) 3-1 handy, every chance final 110yds, all out, btn hd by Parisiac (9-4) (6 ran) (Hamilton 5f hcap (5) £4,187 good).
INGLEBY ARCHIE (9-4) 5-2 made all, kept on final furlong, always enough finish, bt Cairdeas (9-3) ³/₄l **HOLBACHE** (9-4) 5-1 prominent, weakened 1f out, last (btn 5²/₄l) (Nottingham 6f hcap (5) £4,449 good).
AMERICAN BAY (9-7) 10-3 mid-division, ridden 1f out, no extra, 5th of 12 (btn 2²/₄l) to Accrual (9-9) **CASTAN** (9-10) 40-1 prominent, pushed along 2f out, weakened, 6th (btn 4²/₄l) (12 ran) (Thirsk 5f hcap (4) £6,281 good).
GOOD EARTH (10-0) 9-1 prominent, pushed along 2f out, no extra inside final 110 yards, 5th of 10 (btn 2⁵/₄l) to Spring Bloom (9-12) (Newmarket 6f hcap (5) £5,154 good to firm).
INGLEBY ARCHIE (9-2) 13-2 led, headed 1f out, stayed on, 5th of 21 (btn 4¹/₄l) to Rajaking (9-6) (York 6f hcap (4) £12,885 good to firm).
VENTURA EXPRESS (11-3) 14-1 mid-division, headway 1f out, kept on final furlong, 4th of 17 (btn 1l) to Kodiac Thriller (11-12) (York 5f hcap (4) £12,885 good to firm).
SQUEALER (9-13) 5-4 fav midfield, ridden 1f out, kept on same pace final 110yds, 3rd of 4 (btn 2⁵/₄l) to Coyy (9-7) (Nottingham 5f hcap (5) £4,187 good to firm).
SHAZANI (9-8) 2-1 jt fav made all, pushed along 2f out, kept on final furlong, always enough, bt Another Investment (9-8) nk (8 ran) (Doncaster 6f hcap (5) £4,397 good).
INFINITY BLUE (9-10) 7-1 handy, driven and weakened 2f out, last of 7 (btn 9¹/₄l) to Bill Plumb (9-11) (Yarmouth 6f hcap (5) £4,397 good to soft).
JOJO RABBIT (9-11) 8-1 handy, hampered and dropped to rear 1f out, ridden final furlong, eyecatcher, 4th of 9 (btn 2⁵/₄l) to Azuinthejungle (9-10) **OPAL STORM** (9-4) 17-2 in touch, not clear run 2f out, plugged on finish, 8th (btn 5⁵/₄l) (Beverley 5f hcap (5) £4,527 good to firm).

4.15 MIDDLE DISTANCE HANDICAP (5) value to the winner £4,527; 1m 4f (6 runners)

1 131-40 RETURN WITH GOLD 19 (P★)
(4) O Pears 4-10-0 ..... **Harry Russell 82**
Runs: 8 Wins: 2 (2A) £7,472
Poor twice this season, cheekpieces need to help, very hard to trust

2 157177 SISTERANDBROTHER 7 (CD)
(1) J Ramsden 8-9-13 .....**Lewis Edmunds 91**
Runs: 55 Wins: 8 (3F,2A,GS,2G) Places: 14 £51,905
Won here last month but shockers after, not easiest to predict, risky

3 401954 GREY FABLE 19 (D)
(5) K Thornton (Ire) 6-9-7 .....**Jason Hart 98**
Runs: 37 Wins: 3 (A,GS,G) Places: 5 £37,741
Irish raider, better than bare result Chester, repeat and go very close

4 4-5223 WARDLAW 48 (H★;BF)
(6) Sir M Prescott 3-9-7 ..... **Luke Morris 95**
Runs: 7 Places: 1 £6,661
Stuffed in three-runner race at Donny, has to bounce back, hood on

5 -95643 THAT DARN CANTOR 12
(3) E Dunlop 3-9-6 ..... **Cieren Fallon 93**
Runs: 6 £1,559
Bits and pieces of form but yet to win, bit to prove even at this level

6 24-523 MR MOONSHINE 19 (P★)
(2) R & P Fahey 3-9-4 ..... **Oisin Orr ●99**
Runs: 8 Places: 3 £7,705
Yard bit quiet, keeps going close, cheekpieces may help, big threat

BETTING: 11-4 Mr Moonshine, Wardlaw, 10-3 That Darn Cantor, 4 Grey Fable, 8 Sisterandbrother, 50 Return With Gold
WHERE FAVES FINISHED & 2025: No corresponding race.

Sunracing FORM

MR MOONSHINE (9-4) 9-2 handy, every chance and disputed lead final 110yds, no extra, 3rd of 10 (btn ¹/₄l) to Al Maslool (9-4) **GREY FABLE** (9-8) 11-2 led, headed after 4f, led again 2f out, all out when headed final 110yds, weakened final strides, 4th (btn ²/₄l) **SISTERANDBROTHER** (9-9) 9-1 rear, headway 1f out, kept on but never a threat, 7th (btn 9²/₄l) **RETURN WITH GOLD** (10-2) 33-1 midfield, outpaced 2f out, tired, last (btn 18l) (Chester 1¹/₄m hcap (5) £7,731 good).
SISTERANDBROTHER (9-9) 9-1 mid-division, ridden 2f out, no impression on leaders, 7th of 11 (btn 4¹/₄l) to Junkyard Dog (9-9) (Southwell 1m 3f hcap (6) £3,664 AW).
WARDLAW (9-9) evens fav led early on, headed 3f out, weakened from 2f out, last of 3 (well btn) to Reem Rak (9-9) (Doncaster 1³/₄m hcap (5) £4,397 good to firm).
THAT DARN CANTOR (8-13) 14-1 held up, closed to dispute 4f out, ridden 1f out, stayed on but always held, 3rd of 4 (btn 1³/₄l) to La Peregrina (9-3) (Thirsk 1¹/₄m hcap (5) £4,187 good).

4.45 RACING AGAIN ON SATURDAY 29 AUGUST HANDICAP (6); winner £4,004; 1m 100yds. (10 runners)

1 (8) 4456-55 **DUMFRIES 16 (C,D)** R Carr 6-9-12.....**James Sullivan 92**
2 (3) **6-22629 AMARACHI 167** J Parr 4-9-11.....**Cieren Fallon 90**
3 (2) 7464031 **SAXON GRACE 5 (D)** D Bourke 3-9-8(6ex).....**Shane Gray ●99**
4 (9) 8831406 **BACK FROM DUBAI 12 (C,D)** S Bowring 9-9-7.....**Lewis Edmunds 95**
5 (4) -022468 **COPPER AND FIVE 28 (CD)** R Carr 10-9-6.....**Joanna Mason 88**
6 (7) 9-97946 **TEN SIXTY SIX 33** D O'Meara 3-9-3.....**Mark Winn 92**
7 (5) -000964 **SWEET CICELY 25** M Sowersby 4-9-3.....**William Pyle 91**
8 (6) 4006995 **AURORA'S DOUBLESIX 10 (H)** B Rothwell 4-9-3..**Faye McManoman 89**
9 (1) 50-04 **ROYAL SIZZLER 51 (H)** M Dods 3-9-0.....**Sean Kirrane 92**
10 (10) 7236525 **HARSWELL RIVER 17 (D)** R Fell 3-8-13.....**Cian Horgan (5) 94**
BETTING: 10-3 Saxon Grace, 9-2 Ten Sixty Six, 11-2 Back From Dubai, Harswell River, 6 Copper And Five, 13-2 Dumfries, 10 Royal Sizzler, 20 Amarachi
WHERE FAVOURITES FINISHED: 2 2 1-2 7
2025: Sunny Orange 5-9-10 D Fentiman 12-1 (T Easterby) drawn 9, 10 ran.

PROBETS
EYECATCHER: JOJO RABBIT (3.45 Beverley) didn't get the rub of the green here last time when denied clear run but still finished well.
SUPER SPEED: TIORA TIME (6.04 Salisbury) won in a good time at Doncaster on her latest start.
GAMBLED ON: SAXON GRACE (4.45 Beverley) was well backed before winning at 3-1 at Redcar.

RACING RESULTS

BEVERLEY

215: 1 LEXINGTON BOOM O Stammers (3-1); **2 Mubehir** (125-1); **3 Spectacular Diver** (14-1). 10 ran (Ard As A Rock 8-11 fav). 1³/₄l; ¹/₂l; ¹/₂l. G Tuer. T: £4; £1.20, £17.60, £2.60. Ex: £177.70. Trifecta: £1481.50. CF: £311.55. NR: Mugheer, Scottys Rocket, True Charm, Ubettabequeen.
2.45: 1 EMPIRE RISING S James (9-2); **2 Black Fury** (100-1); **3 Coco Nova** (4-6 fav). 12 ran. 2³/₄l; 1¹/₄l. Charlie Clover. T: £5.60; £1.60, £10.90, £1.10. Ex: £309. Trifecta: £701.10. CF: £390.49. NR: Cowgirl.
315: 1 SIR DAVID A Jary (9-1); **2 Elettaria** (10-1); **3 The New Bay Pearl** (11-4 fav). 13 ran. nk; 1l. N Tinkler. T: £11; £3, £3, £1.60. Ex: £131.50. Tricast: £332.04. Trifecta: £545.20. CF: £96.64. NR: Power Of Chora.
3.45: 1 GLENFINNAN D Tudhope (11-2); **2 Alpha Capture** (13-8 fav); **3 Intervention** (33-1). 10 ran. ³/₄l; 1¹/₄l. M Dods. T: £6.60; £1.90, £1.30, £6.90. Ex: £20.60. Tricast: £278.13. Trifecta: £356.90. CF: £14.53. NR: Style Of Life.
415: 1 CIAO CAPO Oisin Orr (2-1 fav); **2 Bearwith** (17-2); **3 Dr Rio** (12-1). 8 ran. 1l; 2¹/₂l. R & P Fahey. T: £3; £2.40, £1.30, £2.40. Ex: £21.60. Tricast: £164.79. Trifecta: £178.60. CF: £20.74.
4.45: 1 RUMBLE RUBY W Fentiman (16-1); **2 Straight Ahead** (6-1); **3 Qila** (9-2 co fav). 10 ran (Hanney Girl 9-2 co fav, Angel Numbers 9-2 co fav). shd; 1³/₄l. Lemos Souza. T: £17; £4.80, £2.40, £1.80. Ex: £126.20. Tricast: £522.55. Trifecta: £980.40. CF: £108.83. NR: Dragon Spin.
PLACEPOT: £76 **QUADPOT** £22.60

FFOS LAS

3.37: 1 ESKIMO PIE D Muscutt (4-9 fav); **2 Mollstar** (3-1); **3 Mystic Veil** (13-2). 3 ran. 2¹/₂l; 2¹/₂l. J Chapple-Hyam. T: £1.45; Ex: £1.60. Trifecta: £1.60. CF: £2.08. NR: Dixie Blue, Livvys Edge.
4.07: 1 HAPPIER Jack Doughty (9-2); **2 The Coffee Pod** (11-10 fav); **3 Little Jaybee** (9-1). 8 ran. 1¹/₂l; 1¹/₄l. M Keighley. T: £5.80; £1.70, £1.10, £2.80. Ex: £15. Tricast: £41.65. Trifecta: £70.30. CF: £9.90. NR: River Edge.
4.37: 1 NARRJOO J Callan (11-10 fav); **2 Engraved** (11-2); **3 Drum Bay** (11-8). 6 ran. ³/₄l; 3¹/₄l. S & E Crisford. T: £2.10; £2, £1.10. Ex: £7. Trifecta: £12.40. CF: £7.48. NR: Isabella De Vega.
510: 1 OVIEDO Millie Wonnacott (13-2); **2 Ivat Ghia** (5-1); **3 Angel's Call** (7-1). 10 ran (Nammos 3-1 fav). 12l; ³/₄l. Alexandra Dunn. T: £7.50; £2.40, £1.90, £2.40. Ex: £46.90. Tricast: £239.05. Trifecta: £285.70. CF: £39.97.
5.40: 1 THE STONE POWER R Clutterbuck (10-3); **2 Royal Bodyguard** (3-1); **3 John Harrison** (6-4 fav). 5 ran. 2¹/₂l; ¹/₂l. R Beckett. T: £4.34; £1.60, £1.50. Ex: £14. Trifecta: £28.20. CF: £13.90. NR: Port Louis.
610: 1 BELLE OF KT Millie Wonnacott (4-1); **2 A Daughters Love** (7-4 fav); **3 Noble Grace** (11-2). 6 ran. ³/₄l; 4¹/₂l. J S Moore. T: £5.40; £1.90, £1.30. Ex: £12.80. Trifecta: £37.20. CF: £11.43.
PLACEPOT: £23.70 **QUADPOT:** £14.60

KEMPTON

5.30: 1 COAXED R Havlin (9-2); **2 Miss Miniver** (11-4); **3 Cullenagh Rainbow** (80-1). 12 ran (Marsala 6-4 fav). nk; 2l. J & T Gosden. T: £5.50; £1.40, £10.10, £1.60. Ex: £20.30. Trifecta: £788.50. CF: £17.89. NR: Woollahra.
6.00: 1 ARRIVERA David Egan (10-1); **2 Ladykirk** (7-2); **3 Manaar** (1-3 fav). 5 ran. 1l; 1l. Tom Clover. T: £11; £3.10, £1.80. Ex: £26.60. Trifecta: £57.70. CF: £44.03.
6.30: 1 PERCY'S LAD Ebrahim Nader (5-1); **2 Sea Founder** (5-2 fav); **3 Peter The Wolf** (16-1). 11 ran. shd; 1¹/₂l. D & C Kubler. T: £5.75; £2.10, £1.50, £4.80. Ex: £20.10. Tricast: £156.01. Trifecta: £207.20. CF: £16.96. NR: Eminency. Eminency| Rule 4 applies to All Bets, deduct 5p in the £.
7.00: 1 RACINGBREAKS RYDER Jason Watson (16-1); **2 Philanthropist** (11-4 fav); **3 Kiniro** (13-2). 11 ran. 1¹/₂l; nk. C Hills. T: £17; £3.10, £1.70, £2.30. Ex: £57.50. Tricast: £338.62. Trifecta: £301.70. CF: £62.42.
7.30: 1 WARRIOR MODE D E Hogan (5-4 fav); **2 Metallo** (11-4); **3 Kindest Nation** (22-1). 10 ran. 1¹/₂l; 2¹/₄l. Sir M Prescott. T: £2.30; £1.30, £1.10, £5.10. Ex: £6.40. Tricast: £48.21. Trifecta: £68.60. CF: £4.51.
8.00: 1 ROGUE ALLEGIANCE H Davies (9-2); **2 Final Night** (2-1 fav); **3 Sovereign View** (3-1). 9 ran. nk; 1¹/₂l. James Owen. T: £5.50; £1.50, £1.30, £1.20. Ex: £16.70. Tricast: £31.37. Trifecta: £51.20. CF: £14.13. NR: Gunfighter.
8.30: 1 KOKBASTAU C Fallon (11-10 fav); **2 Bulletin** (3-1); **3 Forever Penywern** (11-2). **3 Must Believe** (50-1). 12 ran. 5l; ¹/₂l, dht. R Varian. T: Kokbastau £2.10; Kokbastau £1.20, Bulletin £1.30, Must Believe £5.90. Ex: Kokbastau, Bulletin £5.80. Tricast: Kokbastau, Bulletin, Forever Penywern £7.86, Kokbastau, Bulletin, Must Believe £61.66. Trifecta: Kokbastau, Bulletin, Forever Penywern £14.70, Must Believe, Kokbastau, Bulletin £82.90. CF: Kokbastau, Bulletin £5.20.
9.00: 1 CROOKED PATH C Fallon (11-4); **2 Maestro Del Mar** (3-1); **3 Star Time** (15-2). 10 ran (Solanna 2-1 fav). hd; 3¹/₂l. James Owen. T: £3.75; £1.50, £1.50, £2.10. Ex: £14.40. Tricast: £56.61. Trifecta: £79.60. CF: £11.49. NR: Semper Femina.
PLACEPOT: £112.30 **QUADPOT:** £5.80

SALISBURY

2.30: 1 FORBIDDEN FIRE O Murphy (5-2); **2 Ongombo** (18-1); **3 Easy Answer** (7-4 fav). 8 ran. 5¹/₂l; ns. A Balding. T: £3.50; £1.30, £3.90, £1.10. Ex: £46.50. Trifecta: £163.60. CF: £44.79. NR: Flick Of An Eye, Saturn Star.
3.00: 1 SUPREME KING O Murphy (4-1); **2 Dandana** (18-1); **3 So Darn Hot** (13-8 fav). 7 ran. 1¹/₄l; nk. P Evans. T: £5; £1.90, £6. Ex: £52.40. Trifecta: £275.50. CF: £66.09.
3.30: 1 QUEST FOR STARS C Planas (11-4); **2 Scommessa Sicura** (8-11 fav); **3 Rocket Boy** (14-1). 6 ran. nk; ¹/₂l. C Appleby. T: £3.75; £1.30, £1.20. Ex: £5.20. Trifecta: £22. CF: £5.17. NR: Dandyman Dan, Rafe's da Man.
4.00: 1 BOLD SHOUT H Crouch (evens fav); **2 Just Dreaming** (100-1); **3 Remi Mae** (5-4). 7 ran. 2²/₄l; 1l. C Cox. T: £2; £1.20, £15.70. Ex: £133.10. Trifecta: £295.70. CF: £109.54.
4.30: 1 ON MESSAGE H Crouch (14-1); **2 Miss Scott** (13-8 jf fav); **3 Felicitas** (13-8 jf fav). 7 ran. 1l; 3l. R Beckett. T: £15; £5.20, £1.40. Ex: £43.50. Trifecta: £99.50. CF: £36.50.
5.00: 1 MYTHICAL BIRD R Hornby (7-1); **2 Almekarem** (3-1); **3 Fox Avatar** (7-2). 6 ran (Londoner 11-4 fav). nk; 2l. H Morrison. T: £8; £2.80, £2. Ex: £34.40. Trifecta: £136.70. CF: £29. NR: Miss Tonnerre.
JACKPOT: £29,552.90
PLACEPOT: £100.30 **QUADPOT:** £25

GOWRAN PARK

2.22: 1 MINAUN VIEW P McGettigan (2-1 fav); **2 Mythical Rock** (5-1); **3 Slight Of Foot** (28-1). 15 ran. 1¹/₂l; nk. A McGuinness. T: €3; €1.20, €2, €11.60. Ex: €16.60. Trifecta: €584.30. CF: €12.47. NR: Hastily, Liberate, Star Of Beauty.
2.52: 1 CITRUS SPRINGS D Browne McMonagle (11-2); **2 Mirren** (3-1); **3 Shenata** (4-1); **4 Not You Too** (5-2 fav). 16 ran. 5l; nk; hd. J P O'Brien. T: €6.50; €2.10, €2, €2.40. Ex: €24. Trifecta: €18. CF: €23.91. NR: Cudawudashuda, Miss Twilight, Williamsburg.
3.22: 1 LOHOOBB W J Lee (7-2); **2 Indigo Dream** (4-1); **3 Little Empire** (2-1 fav). 7 ran. 1¹/₂l; 2¹/₄l. M O Grassick. T: €4.50; €1.80, €2.10. Ex: €22.90. Trifecta: €57.60. CF: €18.66.
3.52: 1 STAR PERFORMER D McDonogh (7-2); **2 Hollys Graces** (40-1); **3 Classiest** (12-1). 7 ran (Skydance 5-4 fav). 4¹/₂l; 1¹/₄l. J P O'Brien. T: €5; €1.90, €8.50. Ex: €115.30. Trifecta: €449.10. CF: €108.50. NR: Moonlit Sun.
4.22: 1 FIXATION B M Coen (9-4 fav); **2 Star Harbour** (15-2); **3 Navy Waters** (3-1). 8 ran. 4l; shd. J P Murtagh. T: €3.25; €1.20, €2.10, €1.30. Ex: €25.10. Tricast: €51.85. Trifecta: €88.60. CF: €20.57. NR: Marazion, Royal Hollow, War Rooms.
4.52: 1 ROCK OF CLAREMONT W J Lee (6-1); **2 Lord Darragh** (33-1); **3 Karrygrant** (7-2). 12 ran (Gliondar 4-11 fav). 1³/₄l; hd. A Oliver. T: €9.30; €1.60, €6.70, €1.50. Ex: €372.90. Trifecta: €410. CF: €181.45. NR: Jumpingthegun, Socratea, Xirivella.
5.22: 1 SHE'S IDEAL S Coen (11-4); **2 Perfect Judgement** (11-1); **3 Thompson Gunner** (14-1); **4 Connova** (9-4 fav). 16 ran. 1¹/₂l; 1¹/₂l; ¹/₂l. A McGuinness. T: €3.75; €1.30, €2.20, €3.30, €1.10. Ex: €31.10. Tricast: €406.46. Trifecta: €774.10. CF: €35.58. NR: Bang Po, Giselles Defence, Pettus Bridge, Tullyesker.
5.52: 1 REPONSE FINALE R Whearty (9-2); **2 Medieval Night** (6-1); **3 Chapel Island** (4-1). 15 ran (Thegooseiscooked 7-2 fav). 1³/₄l; 1³/₄l. G Cromwell. T: €6.50; €1.90, €2.30, €1.90. Ex: €36.90. Tricast: €125.12. Trifecta: €275.80. CF: €33.90. NR: Dancing Steve, Duchess Anne, Miss Crinshawn, Shahada Ace, Winston's Promise.
PLACEPOT: €1,563.80

TEMPLEGATE
RACING'S NO1 TIPSTER STEVE MULLEN

Billy has a Major chance

A MAJOR PAYNE can cause the bookies a headache (7.41 Windsor, nap).

Michael Bell's five-year-old has been in the form of his life this summer and bolted up over course and distance last month. That form looks strong and not many of his rivals come into this in good form.

He has gone up 6lb but that is unlikely to be enough to stop him in his current mood with the red-hot Billy Loughnane in the saddle.

COUNTER INTUITIVE (7.34 Salisbury, nb) is beautifully bred and is starting to get the hang of things.

She followed up her maiden win at Thirsk with a comfortable victory at Newmarket and has much more to offer over a mile and a half off a decent handicap mark.

COLOURBAND (6.41 Windsor, treble) caught the eye when second over ten furlongs at Ayr last time, travelling powerfully but not quite getting home at the death.

She looks nicely treated and the combination of a drop back to a mile and a first-time tongue-tie can see her go one better.

★ TEMPLEGATE NAP	★ TEMPLEGATE NB	★ TEMPLEGATE TREBLE
A MAJOR PAYNE	**COUNTER INTUITIVE**	**COLOURBAND**
7.41 Windsor	7.34 Salisbury	6.41 Windsor
In form of his life and won in style over course and distance latest	Bred to be smart and looks one to follow now in handicaps	Was an eye-catcher at Ayr last time and looks on a handy mark down in trip

Favourite WE'RE ALL YOU NEED, ALL THE TIME

WINDSOR TONIGHT

GOING: GOOD TO FIRM

5.36 PLAY THE MATCHBOOK MATCH 6 HANDICAP (Class 5); 3-y-o; winner £4,397; 6f. (11 runners)

1 (3) 3415422 **SOLAR INVINCIBLE 17** R Teal 9-9 ..... **Billy Loughnane 96**
2 (1) 20-8432 **COURT ALERT 22 (B)** E J-Houghton 9-9 ..... **Callum Hutchinson 95**
3 (4) 6456625 **GUERNSEY ANGEL 17 (BF)** P Evans 9-9 ..... **Ashley Lewis (3) 97**
4 (5) 042-272 **PILGRIM'S PROGRESS 10** R Hannon 9-8 ..... **Pat Dobbs 94**
5 (2) 164-579 **DARK ALLEY 17 (D)** W Greatrex 9-8 ..... **Thomas Greatrex 83**
6 (6) -451116 **MAID IN DEVON 19 (BF,D)** B Millman 9-8 ..... **Jack Doughty 98**
7 (11) 665 **DEADLINE 30** W Greatrex 9-6 ..... **Rob Hornby 91**
8 (7) 8-15040 **TWO AND TWO 43 (D)** S Hodgson 9-6 ..... **Alistair Rawlinson 89**
9 (9) 33-1667 **DOUBLE NAUGHTY 26 (BF,D)** J Tickle 9-5 ..... **Taylor Fisher 90**
10 (8) -327574 **KOFFEE AND KALE 14** M Bell 9-4 ..... **Silvestre De Sousa 92**
11 (10) 2569261 **MADMAN 17 (CD)** R Cook & J Bridger 9-3 ..... **David Egan ●99**

BETTING: 7-2 Madman, 9-2 Solar Invincible, 5 Guernsey Angel, 13-2 Maid In Devon, 15-2 Court Alert, Pilgrim's Progress, 10 Koffee And Kale, 14 Deadline, Double Naughty
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

6.11 BET 20 POUND GET 40 POUND IN FREE BETS AT MATCHBOOK.COM HCAP (6); £3,768; 6f. (12 runners)

1 (11) -332426 **RYE 69 (BF)** A Carroll 4-9-9 ..... **Myla Coppins (5) 96**
2 (10) 2290472 **METHGAL 16 (B;BF)** D Cunha 4-9-9 ..... **Pat Dobbs 95**
3 (7) 6447012 **BEELZEBUB 45 (BF,CD)** A Carroll 6-9-8 ..... **Billy Loughnane 97**
4 (8) 3653273 **LAHINA BAY 10 (BF,CD)** R Cook & J Bridger 6-9-8 **Rhys Clutterbuck 98**
5 (3) 7607326 **THE FEMININE URGE 9 (C,D)** G Harris 4-9-8 ..... **Ashley Lewis (3) 87**
6 (1) 3212131 **LEGENDSOFTHELAND 16 (D)** A Wintle 4-9-7 ..... **David Egan ●99**
7 (5) 68-5564 **MAY ENCOUNTER 19 (H)** H Candy 4-9-6 ..... **Nicola Currie 93**
8 (4) 85486-5 **ONE FOR HARVEY 21** C Hobson 4-9-4 ..... **Jack Gilligan 87**
9 (9) 573 **ELMFIELD 13** G Scott 3-9-4 ..... **Liam Wright (5) 89**
10 (6) 8546442 **BEACH PARTEE 8 (V;D)** S Dixon 3-9-3 ..... **Christian Howarth (3) 92**
11 (12) 84571 **RIANKA 21 (D)** M Dunne 3-9-2 ..... **Silvestre De Sousa 97**
12 (2) 0009 **RAGAIRE 89** O Sangster 3-8-6 ..... **Libby Swallow (7) 85**

BETTING: 4 Legendsofthehand, 9-2 Beelzebub, 7 Rye, Lahina Bay, Methgal, 8 May Encounter, Rianka, 10 Beach Partee
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

6.41 MATCHBOOK LOVES RACING HANDICAP (4) winner £5,566; 1m (8 runners)

1 6517- **MIA SUNSHINE 264 (D)**
(7) M Bowen 4-10-3 ..... **Billy Loughnane 94**
Runs: 4 Wins: 1 (S) £11,218
Couple of wins in France, top jockey booked, sound chance if fit enough

2 -13908 **CLOUDS HILL 34 (D)**
(4) C Johnston 4-10-1 . **Callum Hutchinson 89**
Runs: 9 Wins: 2 (F,A) Places: 3 £18,120
Yarmouth hcap win in April, not so good since, mark needs to drop

3 -85940 **GREAT CHIEFTAIN 12 (B;D)**
(5) O Cole 5-9-13 ..... **Kaiya Fraser 96**
Runs: 21 Wins: 5 (2F,3G) Places: 4 £79,436
On losing run since brace of wins in May '25, drops in class, place claims

4 059335 **KNIGHTS GOLD 33 (D)**
(8) T Ward 4-9-11 ..... **Silvestre De Sousa 95**
Runs: 24 Wins: 5 (A,2F,GS,G) Places: 5 £49,793
Ex-Dr R Newland, now on last winning mark, can't rule out if race drops right

5 2-1642 **COLOURBAND 17 (T★;BF)**
(3) S & E Crisford 3-9-8 ..... **Harry Davies ●99**
Runs: 7 Wins: 1 (G) Places: 3 £12,276
Drop in trip will suit after fading in 1m2f Ayr hcap last month, major player

6 023254 **SIGNCASTLE CITY 35 (D)**
(2) R Hannon 6-9-4 ..... **Pat Dobbs 92**
Runs: 42 Wins: 5 (S,A,2F,G) Places: 12 £75,385
Consistent performer, decent strike-rate at this level, place claims only

7 1-5343 **MAGICAL MERLOT 47 (BF,D)**
(6) E Dunlop 3-9-1 ..... **David Egan 97**
Runs: 8 Wins: 1 (F) Places: 3 £13,772
Beaten fav last two runs, still relatively unexposed, has to be on shortlist

8 233614 **TOO HOT TO TANGO 14 (BF,CD)**
(1) H Morrison 3-8-11 ..... **Rob Hornby 98**
Runs: 12 Wins: 1 (F) Places: 6 £25,361
C&D win in June, excuses when btn fav last at Epsom latest, major claims

BETTING: 9-2 Too Hot To Tango, Colourband, 11-2 Magical Merlot, 6 Mia Sunshine, Knights Gold, Great Chieftain, 8 Signcastle City
WHERE FAVOURITES FINISHED: 7 8 5
2025: Zapphire 5-9-6, Kevin Stott 9-1 (J Camacho), drawn 1 8, 4 ran.

Sunracing FORM

MIA SUNSHINE (8-11) 5-1 took keen hold, never better than midfield, 7th of 14 (btn 6¹/₄l) to Qualixia (9-1) (Fontainebleau 1¹/₁m Lstd £19,669 soft).
CLOUDS HILL (9-9) 7-2 led, pushed along 2f out, weakened final furlong, last of 8 (15l) to Best Rate (9-11) (Ascot 1m app hcp (4) £13,085 good to firm).
GREAT CHIEFTAIN (9-5) 40-1 midfield, ridden 1f out, no chance with leaders final furlong, weakened, 12th of 15 (5¹/₄l) to Crest of Fire (9-6) (Goodwood 1m 1f hcap (3) £25,770 good to firm).
KNIGHTS GOLD (9-11) 11-2 midfield, shaken up 2f out, short of room 1f out, plugged on without threatening, 5th of 9 (5¹/₂l) to Crazee Icon (8-11) (Chester 1m hcap (4) £7,731 good).
COLOURBAND (9-4) 2-1 jt fav raced in 2nd, led 2f out, headed final 110yds, btn 1l by Empirical (8-12) (5 ran) (Ayr 1¹/₁m hcap (4) £5,154 good to firm).
SIGNCASTLE CITY (9-10) 17-2 dwelt, in rear, headway 2f out, went 4th inside final furlong, kept on, 4th of 12 (btn 9l) to Grizedale (10-9) (Newbury 1m hcap (4) £7,328 good to firm).
MAGICAL MERLOT (9-2) 11-8 fav held up behind leaders, ridden 2f out, no extra from 1f out, 3rd of 5 (btn 5¹/₂l) to Savvy Disko (9-6) (Lingfield 1m 1f hcap (4) £5,653 good to firm).
TOO HOT TO TANGO (9-2) 2-1 jt fav in 3rd, shaken up 2f, weakened 1f out, last of 4 (4¹/₄l) to Trio (9-3) (Epsom 1m hcap (4) £8,375 good to firm).

TEMPLEGATE

5.36.....Maid In Devon
6.11.....Beelzebub
6.41.....Colourband
7.11..... Waterford Castle
7.41 A MAJOR PAYNE (nap)
8.11..... Mythological Star

TOM PEPPER

5.36.....Solar Invincible
6.11.....Methgal
6.41.....Mia Sunshine
7.11..... Waterford Castle
7.41..... Auld Toon Loon
8.11.. Impossible Mission

■TIC-TAC: Figure-of-eight course of 1m 4f. ■DRAW: High numbers best in sprints. ■LEADING TRAINERS (2021-2026): A Carroll 31-225, R Hannon 24-217, A Balding 23-151, E J-Houghton 20-160. THIS SEASON: A Carroll 10. ■TOP JOCKEYS (2021-2026): R Hornby 24-247, B Loughnane 18-110, David Egan 14-137, R Clutterbuck 12-92. THIS SEASON: B Loughnane 7. ■LONGEST TRAVELLER: Clouds Hill (6.41) trip of 476 miles. ■FIRST RUN SINCE WIND OP: Mia Sunshine (6.41). ■LIVE ON SKY SPORTS RACING

7.11 MATCHBOOK BETTING EXCHANGE SUPPORTING UK RACING MAIDEN STAKES (3); £6,480; 1m 2f. (6 run)

1 (3) 44 **WINSTON'S OATH 7** J Owen 4-10-1 ..... **Paddy Bradley 76**
2 (4) 9-4 **SERGEI BREEZE 24** K Turner 3-9-7 ..... **Ben Firench-Davis (5) 85**
3 (2) 56- **THATCHAM 326** R Hannon 3-9-7 ..... **Pat Dobbs 92**
4 (1) 2222723 **WATERFORD CASTLE 13 (B)** G Boughey 3-9-7.... **Billy Loughnane ●99**
5 (5) **PARTYING** K De Foy 3-9-2 ..... **David Egan —**
6 (6) 5 **SAX AVOIDANCE 27** C Pike 3-9-2 ..... **Thomas Greatrex 71**

BETTING: 4-7 Waterford Castle, 9-4 Partying, 10 Thatcham, 20 Sergei Breeze
WHERE FAVOURITES FINISHED: 2 2
2025: Gamrai 3-9-7 Oisin Murphy 13-8 (J & T Gosden) drawn 11, 9 ran.

7.41 RIP SUSAN PROCTER MEMORIAL HCAP (3) winner £9,631; 1m 2f (8 runners)

1 1-8378 **AULD TOON LOON 33 (P★;CD)**
(4) T Dascombe 7-10-2 **Donagh Murphy (7) 91**
Runs: 24 Wins: 4 (2S,2F) Places: 5 £95,291
Class 2 C&D win this time last year, drop in class will suit, needs revival

2 000518 **KING'S CODE 16 (B;D)**
(1) P Evans 6-10-2 ..... **John Egan 95**
Runs: 62 Wins: 15 (S,10A,F,3G) Places: 8 £241,793
Good win at Chester last month, failed to follow up at Goodwood, e-w

3 -39410 **CITY OF POETS 40**
(2) J Tate 4-9-13 ..... **Rob Hornby 97**
Runs: 11 Wins: 4 (F,2A,G) Places: 3 £37,204
Redcar win in June, 10th in good race at Sandown latest, drops in class, shortlist

4 51022- **BOX TO BOX 334 (V;BF,D)**
(7) H Palmer 7-9-10 ..... **Luke Catton (3) 94**
Runs: 44 Wins: 6 (F,GS,4G) Places: 15 £170,892
Brace of 2nds at Chester and Chelmsford, on good mark, player if fit

5 936881 **PARLANDO 19 (CD)**
(5) I Williams 7-9-7 ..... **Ryan Kavanagh (3) 98**
Runs: 34 Wins: 6 (F,2A,GS,2G) Places: 10 £218,297
C&D win in Aug '24, back to form Chester win last month, this tougher

6 322131 **A MAJOR PAYNE 31 (CD)**
(3) M Bell 5-9-7 ..... **Billy Loughnane ●99**
Runs: 20 Wins: 2 (F,G) Places: 11 £34,098
Consistent, C&D win last month, up 6lb but that may not stop him, major claims

7 -22129 **LAW COURT 14**
(8) R Hannon 3-9-0 ..... **Faleh Boghanaim 91**
Runs: 7 Wins: 1 (G) Places: 4 £24,799
Lightly raced 3yo, upped in trip will suit, unexposed but needs more

8 047341 **BOLD IMPACT 31 (C)**
(6) B Millman 4-8-13 ..... **Gina Mangan 93**
Runs: 13 Wins: 2 (S,F) Places: 4 £21,267
1m win here last month, trying 1m2f for first time, leading contender if stays

BETTING: 10-3 A Major Payne, 4 Box To Box, 5 City Of Poets, 13-2 King's Code, Bold Impact, 8 Auld Toon Loon, 10 Law Court, Parlando
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

Sunracing FORM

AULD TOON LOON (9-4) 66-1 near rear, pushed along 3f out, plugged on, 8th of 22 (6⁷/₁l) to Raammee (9-2) (York 1¹/₁m hcp (2) £103,080 good to firm).
KING'S CODE (8-12) 50-1 mid-division, pushed along 2f out, never on terms, 8th of 17 (4l) to Al Aali (8-10) (Goodwood 1¹/₁m hcap (2) £61,848 good).
CITY OF POETS (8-8) 25-1 in rear, ridden 2f out, faded final 110yds, 10th of 14 (6⁷/₁l) to Indalo (9-1) (Sandown 1m hcap (2) £61,152 good to firm).
BOX TO BOX (9-9) 11-4 fav led, ridden 1f out, kept on, no extra, btn 1¹/₁l by Spioradalta (8-10) (10 ran) (Chester 1¹/₁m hcap (3) £15,462 good to soft).
PARLANDO (9-11) 13-2 in rear, headway 1f out, ran on strongly final furlong, bt Secret Beach (9-9) 1¹/₁l (7 ran) (Chester 1¹/₁m hcap (4) £7,731 good).
A MAJOR PAYNE (9-9) 5-2 in rear, closed 3f out, ran on final furlong, bt Morcar (9-7) 3¹/₁l (7 ran) (Windsor 1¹/₁m hcap (4) £5,653 good to firm).
LAW COURT (9-6) 11-1 front rank, ridden 2f out, kept on, 9th of 19 (3¹/₁l) to Exclusive Code (9-9) (Goodwood 1m hcap (3) £25,770 good to firm).
BOLD IMPACT (9-9) 3-1 in rear, headway 1f out, ran on well final 110 yards, bt Cristo (10-1) 1l (8 ran) (Windsor 1m hcp (4) £5,653 good to firm).

8.11 CLASSIC GOLDEN MUSIC GROUP 10TH ANNIVERSARY HANDICAP (5); 3-y-o; £4,397; 1m 3f. (4 runners)

1 (3) 4491141 **ARAVALLI 7** J Tickle 9-12(6ex) ..... **Taylor Fisher 97**
2 (1) 83311 **MYTHOLOGICAL STAR 3 (C)** D & C Kubler 9-12(6ex)..**Billy Loughnane 98**
3 (2) -673431 **IMPOSSIBLE MISSION 31 (C)** J Butler 9-7 ..... **Silvestre De Sousa ●99**
4 (4) 74-33 **ROKER ROAR 20** A Balding 9-4 ..... **Callum Hutchinson 91**

BETTING: 6-4 Mythological Star, 15-8 Aravalli, 3 Impossible Mission, 11 Roker Roar
WHERE FAVOURITES FINISHED and 2025: No corresponding race.

TRAMORE

GOING: GOOD

EAMONN HAMES

5.11..... Playtime
5.46..... Juke Hill
6.18..... Johnny Rambo
6.48..... Dairy Force
7.18..... Mr Master Mac
7.48..... The Ducks Walk (nb)
8.18..... RUN FOR MAHLER (nap)

TOM PEPPER

5.11..... Luker's Tipple
5.46..... Le Kap
6.18..... Spanish Rising
6.48..... Churchwarden
7.18..... Lureka Du Noyer
7.48..... Princess Felicia
8.18..... Dream On Baby

■TIC-TAC: Right-handed, undulating, sharp track of 7f. ■LEADING FLAT TRAINERS (2021-2026): G Cromwell 4-13, G Elliott 4-13, W P Mullins 4-15, R Donohoe 4-5. ■TOP FLAT JOCKEYS (2021-2026): S Ewing 2-4, M O'Sullivan 2-3, A B O'Connor 2-4, J J Slevin 1-2. ■LEADING NATIONAL HUNT TRAINERS (2021-2026): W P Mullins 48-145, G Elliott 29-164, H De Bromhead 27-160, G Cromwell 13-100. ■TOP NATIONAL HUNT JOCKEYS (2021-2026): D J O'Keeffe 28-190, D Mullins 18-134, K M Donoghue 12-90, B Hayes 12-95. THIS SEASON: S Ewing 3. ■LONGEST TRAVELLER: Beacon Bypass (7.48) trained at Meath. Round trip of 276 miles. ■JACKPOT: Races 3-6. PLACEPOT: Races 1-6. 2023. ■LIVE ON RACING TV

5.11 NOVICE CHASE; winner €9,000; 1m 7f 120yds. (6 runners)

1 -351 **TELL US THIS 16** A McNamara 7-11-9 .. **C Stone-Walsh**
2 8-75 **CAPPA HILL 27** S Allen 6-11-5 ..... **S Ewing**
3 2/F2 **KILLEEMORE LAD 9** A Slattery 8-11-5 ..... **D O'Keeffe**
4 3411 **LUKER'S TIPPLE 7** G Cromwell 5-11-5 ..... **K Donoghue**
5 7-09 **MISSUS BEETON 15** J Dempsey 8-11-5 ..... **D Meyler**
6 2736 **PLAYTIME 11** G Elliott 5-11-5 ..... **D Gilligan**
Killeemore Lad ●99, Tell Us This 98, Luker's Tipple 97.

9-4 Tell Us This, 5-2 Killeemore Lad, 3 Luker's Tipple, 6 Playtime, 8 Missus Beeton, 12 Cappa Hill

5.46 BEGINNERS CHASE; winner €7,500; 2m 6f. (9 runners)

1 P-10 **BURRU 80** B Crowley 8-11-12 ..... **T Power Roche**
2 -248 **CODED WELDER 15 (BF)** C Collins 7-11-12... **D Gilligan**
3 -220 **FRANKIE'S FREEBIE 15** A Sexton 6-11-12 **H Sexton (7)**
4 -6P5 **HAPPY ME 28** W Burke 6-11-12 ..... **A O'Sullivan (5)**
5 7-84 **JUKE HILL 44 (B)** G Elliott 6-11-12 ..... **S Ewing**
6 8-60 **LE KAP 40 (T★)** H Bromhead 6-11-12 ..... **D O'Keeffe**
7 4700 **MEPHISTO 9 (V)** G Keane 9-11-12 ..... **E Finegan (5)**
8 0960 **RATTLEDELATCH 28** J Queally 5-11-12 ..... **I Power**
9 -531 **KASPER HAUSER 20 (H)** K Coleman 4-11-0 **C Hogan (5)**
Juke Hill ●99, Kasper Hauser 98, Burru 96.

5-2 Kasper Hauser, 5 Juke Hill, Frankie's Freebie, Burru, 6 Le Kap, 7 Coded Welder, 10 Mephisto, 14 Happy Me, 25 Rattledelatch

6.18 MAIDEN HURDLE; 4-y-o; winner €7,200; 2m. (12 runners)

1 21F **JOHNNY RAMBO 10 (D)** D Duggan 11-7 **A O'Sullivan (5)**
2 P **DEVINE GENIUS 10 (T★)** J Morrison 10-13 **S Fitzgerald**
3 77-8 **FOLK WARRIOR 5** D Nash 10-13 ..... **D King**
4 0 **GREEN GRASS 20** P Flynn 10-13 ..... **C Stone-Walsh**
5 U0-9 **I'M ALL IN 34** G Elliott 10-13 ..... **S Ewing**
6 **JOHN GUN** K Purcell 10-13 ..... **D Meyler**
7 PP9P **PINKARIZON 10** P Butler 10-13 ..... **L McKenna (3)**
8 4 **SPANISH RISING 23** H Bromhead 10-13 ..... **D O'Keeffe**
9 **FAERIE TALES F33** P Fahey 10-6 ..... **B Kennedy (7)**
10 79 **NOBLE ROCCO 32** G Elliott 10-6 ..... **D Gilligan**
11 **REALLY TRULY (H★)** J O'Brien 10-6 ..... **J Slevin**
12 7-2 **ROSARIAN 20** J Halley 10-6 ..... **D Mullins**
Johnny Rambo ●99, Rosarian 98, Spanish Rising 97.

15-8 Rosarian, 7-2 Spanish Rising, 9-2 Really Truly, 5 I'm All In, 8 Johnny Rambo, Folk Warrior, 16 Noble Rocco, 20 John Gun

6.48 HANDICAP HURDLE; winner €9,000; 2m. (6 runners)

1 PP/0 **CHURCHWARDEN F37 (B★)** H Bromhead 6-11-12 **D O'Keeffe**
2 /0-0 **PALACE BOY 10 (B;D)** J Gleeson 9-11-11.. **K Donoghue**
3 0225 **DAIRY FORCE 17 (H;D)** G Elliott 7-11-9 ..... **D Gilligan**
4 P030 **CLAUDE 17 (B)** M Connell 5-11-8 ..... **A Kelly**
5 0/21 **RIGHTFOLKSPLEASE 5** D Queally 8-11-4 ... **K Healy (7)**
6 U8-0 **KOME DANS UN REVE 78** P Fenton 6-10-12 **N Moore (5)**
Dairy Force ●99, Rightfolksplease 98, Claude 96.

6-4 Rightfolksplease, 5-2 Dairy Force, 3 Churchwarden, 10 Claude, 14 Kome Dans Un Reve, 25 Palace Boy

Sun FORM

CHURCHWARDEN (11-5) 20-1 tracked leader, took closer order 3 out, weakened straight, 11th of 16 (23l) to Global Skies (10-11) (Clonmel 2m 3f hcap hdle €7,200 good).
PALACE BOY (11-12) 50-1 in rear, never in contention, tailed off before 4 out, 11th of 18 (well btn) to O'grady Cracker (11-3) (Cork 2¹/₄m hcap hdle €7,200 good).
DAIRY FORCE (11-7) 10-1 towards rear, pushed along 2 out, kept on one pace, 5th of 20 (13l) to Timurshah (11-4)
CLAUDE (11-8) 33-1 disputed lead, ridden 2 out, weakened run-in, 11th (19l) (Galway 2m 1f hcap hdle €10,500 good).
RIGHTFOLKSPLEASE (10-1) 2-1 fav towards rear, took closer order 2 out, travelled well to lead narrowly before last, kept on best under pressure, bt Lady Doyanne (11-4) 1/₂l (6 ran) (Wexford 1m 7f hcap ch €9,000 good).
KOME DANS UN REVE (11-4) 18-1 always towards rear, never a factor, 10th of 14 (btn 24l) to Kilt (10-12) (Wexford 2m 1f hcap hdle €6,000 good to yielding).

7.18 NOVICE HURDLE; winner €9,000; 2m 4f 100yds. (7 runners)

1 /4-1 **EARLY DAWNING 28 (D)** W P Mullins 5-12-0 **D Mullins**
2 -172 **MR MASTER MAC 11** M Fahey 5-12-0 . **T O'Connor (7)**
3 -51P **SIEGE OF CARTHAGE 14 (D)** J Halley 6-12-0.. **J Slevin**
4 -4P1 **MASTER HAKU 26** G Elliott 5-11-13 ..... **S Ewing**
5 8-12 **LUREKA DU NOYER 23 (BF)** H Bromhead 5-11-12. **D O'Keeffe**
6 -U1 **HOLY JOE 32 (D)** G Elliott 6-11-9 ..... **D Gilligan**
7 -175 **BUTCH COOLIDGE 30 (H;C)** D Kelly 6-10-13... **B Hayes**
Early Dawning ●99, Holy Joe 98, Master Haku 97.

15-8 Early Dawning, 4 Master Haku, Mr Master Mac, 9-2 Holy Joe, 5 Lureka Du Noyer, 12 Siege Of Carthage, 20 Butch Coolidge

7.48 HANDICAP HURDLE; winner €6,000; 2m 4f 100yds. (16 runners)

1 -979 **DOUBLE POWER 21 (V)** I Donoghue 6-11-12 **K Donoghue**
2 536P **PURE LOGIC 18** J Hanlon 6-11-12 ..... **D Mullins**
3 75P **DIAMOND SECRET 28 (B★)** P Fenton 5-11-11 **M Moore (5)**
4 8P-F **ARCTIC PIPER 22** R Donohoe 7-11-10 ..... **J Shinnick**
5 -83P **INCHIDALY COPPER 11 (B)** A Ott 10-11-10 **L Burke-Ott (7)**
6 9P37 **MAXICOURT 10 (BF)** P Duffy 5-11-7 ..... **D King**
7 -806 **NASHVILLE NOTIONS 21** P Kiely 6-11-5 ..... **L Quinlan**
8 8-65 **TAKETWOTOONE 10** T O'Connor 7-11-5 .. **Mr T O'Connor (7)**
9 9P-P **JACK INTHE JUKEBOX 78** J Flavin 6-11-2 .. **D O'Keeffe**
10 000- **MISS GUIRY 266 (T★)** D Kelly 5-11-2 ..... **D Gilligan**
11 0-74 **THE DUCKS WALK 59** N Dooly 8-11-1 ..... **R Condon (5)**
12 P-P0 **KEEP THE HEAD 21** J Hanlon 8-10-13 ..... **H Sexton (7)**
13 7540 **TALAS KERA 21** J Carr 5-10-9 ..... **E Finegan (5)**
14 U/3- **PRINCESS FELICIA 315** D Kelly 7-10-6. **P Smithers (5)**
15 64-P **THE COBBLERS WIFE 92** A Mullins 8-10-5 **A O'Sullivan (5)**
16 8-77 **YOUKNOWME 28** P Rothwell 5-10-4 ..... **D Robinson**
17 09-0 **LANZHOU 90** J Flavin 5-11-7 ..... **RESERVE**
18 96-7 **COLESBERG 90** J Flavin 5-11-11 ..... **RESERVE**
19 0908 **BEACON BYPASS 74 (P★,T★)** P Mulligan 4-11-0 **RESERVE**
Maxicourt ●99, The Ducks Walk 96, Nashville Notions 97.

9-2 The Ducks Walk, 5 Maxicourt, 6 Princess Felicia, 13-2 Nashville Notions, 8 Diamond Secret, 10 Taketwotoone, Inchidaly Copper

8.18 LADIES MAIDEN STAKES; winner €6,600; 2m. (11 runners)

1 00-0 **SILAS MARNER 15** S Harty 9-11-0 ..... **Ms M Kelly (7)**
2 4 **BLUE NASTURTIUM 37** K Condon 4-10-9 **Miss N Anderson (7)**
3 22-3 **DREAM ON BABY J12 (BF)** E Mullins 6-10-9 **Miss M O'Sullivan (5)**
4 8 **FRAHER FIELD J10** J & T Kiely 6-10-9 . **Miss A O'Connor**
5 8 **GOODIE GIRL J61** D McLoughlin 8-10-9 **Miss C O O'Brien (7)**
6 0729 **KIMY 15** T Mullins 6-10-9 ..... **Ms K Ryan (7)**
7 57 **MA BELLE ETOILE J6** H Bromhead 7-10-9. **Ms P Briselden (7)**
8 **PAUL'S DREAM J12** A Mullins 7-10-9 **Miss J Townend**
9 76 **RUN FOR MAHLER 13** C Byrnes 7-10-9 **Miss A Fitzgibbon (7)**
10 **SPLASHING OUT J6 (B)** E Griffin 8-10-9 **Ms N Bradley (7)**
11 5-0 **THISISTHEWAY J14** Y Latta 7-10-9 **Miss G Benson (7)**
Kimy ●99, Dream On Baby 98, Blue Nasturtium 97.

9-4 Dream On Baby, 5 Blue Nasturtium, 6 Kimy, Splashing Out, 7 Paul's Dream, 8 Thisistheway, 10 Ma Belle Etoile, 12 Run For Mahler

DOG TIPS AND RETURNS

SELECTIONS

■**SHEFFIELD: 10.30 Drumdoit Onana (6-2-1) 10.47 Ellanne Best (6-4-1) 11.03 Thats Mikeys (nap) (2-4-1) 11.19 Mr Boombastic (5-1-2) 11.36 Tricky Wiggles (3-2-1) 11.52 Catunda Colonel (6-4-5) 12.09 Easy Mix (5-4-3) 12.26 Ten Ton Simba (nb) (5-2-3) 12.42 Letter Magic (3-1-5) 12.59 Coonough Sheila (2-4-6) 1.16 Chiltern Dreams (1-5-2) 1.31 Fire Lucy (1-3-6)**
■**KINSLEY: 10.41 Shrewd Amiee (5-4-1) 10.58 Hazelgrove Pearl (5-3-1) 11.14 Beaming Moscato (nap) (3-1-2) 11.30 Highview Arrow (1-5-2) 11.46 Ferndale Gin (5-6-2) 12.03 Alno Rose (4-2-1) 12.20 Limited Blue (2-1-5) 12.37 Listen Nelly (nb) (1-3-5) 12.53 Beckys Cashout (3-1-5) 1.11 Alno Duke (5-3-1) 1.26 Private Bucks (1-5-6) 1.41 Caddells Pride (2-1-3)**
■**NEWCASTLE: 6.37 Wipe The Slate (nap) (4-6-1) 6.53 Solway Ernie (6-4-2) 7.11 Crooks Mackemboy (3-4-1) 7.27 Unanimous Leo (2-5-3) 7.44 Fabulous Adriana (3-1-2) 8.01 Slingshot Gazza (nb) (5-6-1) 8.19 Love The Dogs (4-1-3) 8.36 Drombeg Nova (6-3-1) 8.54 Churro (2-1-3) 9.11 Anglesey Flight (4-5-6) 9.28 Inclement Cindy (6-2-3) 9.46 Howtimeflys (1-2-5)**
■**HOVE: 6.08 Droopys Favourit (1-4-6) 6.26 Zenith Eze (nap) (1-2-6) 6.42 Sheer Haze (1-2-3) 6.59 Croydon Rory (6-4-1) 7.16 Gingers Layla (nb) (2-1-6) 7.33 Untold Ariary (6-1-4) 7.49 Noelles Glenlo (5-1-2) 8.07 Tedushi Master (3-1-6) 8.24 Brunch Pal (1-5-2) 8.41 Bushpark Cathal (5-3-2) 8.59 Ower Cracker (3-6-5) 9.16 Bluey Bullet (6-1-4)**

RETURNS

■**MONMORE: 11.03 Without Delay 4-1 (4-2-6 BAGS F £18.12 TC £33.13). 11.19 Good Luna 3-1jt (1-5-6 £18.20 TC £55.01). 11.36 Battery Jack 10-3 (2-4-6 £23.17). 11.52 Swift Jolly 2-1 (5-4-1 £15.69). 12.09 Drive On Signet 11-10f (4-6-5 £12.32 TC £33.10). 12.26 Sheerans Boy 2-1f (4-3-6 £10.77 TC £25.50). 12.42 Killimor Canya 9-1 (5-2-6 £32.80 TC £118.33). 12.59 Longacres Brett 5-2 (4-3-1 £13.95 TC £49.62). 1.16 Aero Bassett 5-2jt (6-3-4 £11.00 TC £34.15). 1.31 Highway Blue 3-1 (5-1-2 £6.47 TC £15.23). 1.46 Bloos Ladysandra 10-3 (4-1-5 £15.13). 2.04 Catchem Flawless 3-1 (4-1-5 £11.40).**
■**NEWCASTLE: 2.29 Abbeyside Enda 9-4 (2-1-5 BAGS F £18.32 TC £39.47). 2.48 Carrabbas 11-4 (2-1-4 £9.72). 3.07 Moyvane Taylor 5-2 (5-1-6 £8.59). 3.26 Slingshot Major 7-4f (4-2-3 £6.79). 3.44 Solway Leo 9-2 (3-4-2 £25.40). 4.03 Cooga Layla 5-1 (6-5-1 £86.70 TC £218.25). 4.22 Blackhouseharriet 5-1 (1-5-4 £23.63 TC £93.23). 4.41 Zenith Magic 3-1 (5-2-4 £47.77 TC £143.39). 4.59 Drombeg Olive 13-8f (6-1-5 £6.84). 5.18 Highview Eve 4-1 (4-1-3 £29.59 TC £71.74).**
■**SUNDERLAND: 2.36 Marinas Calgary 6-1 (1-2-4 BAGS F £18.92). 2.54 Neon Rebel 2-1 (4-2-5 £22.75). 3.13 Curruns Dodge 7-4 (5-6-1 £10.27). 3.32 Bangersandsmash 6-1 (6-3-4 £24.24). 3.51 Diddly Squat 2-1 (2-1-6 £6.69). 4.09 Drimeen Blue 7-1 (2-3-6 £19.09). 4.28 Freeway Sultan 8-1 (6-4-5 £71.77 TC £194.87). 4.47 Autumn Meadow 11-1 (5-2-3 £66.04). 5.06 Raha Shadow 4-1 (2-4-1 £16.05). 5.24 Balrobuck Ash 3-1 (4-3- £11.40.**